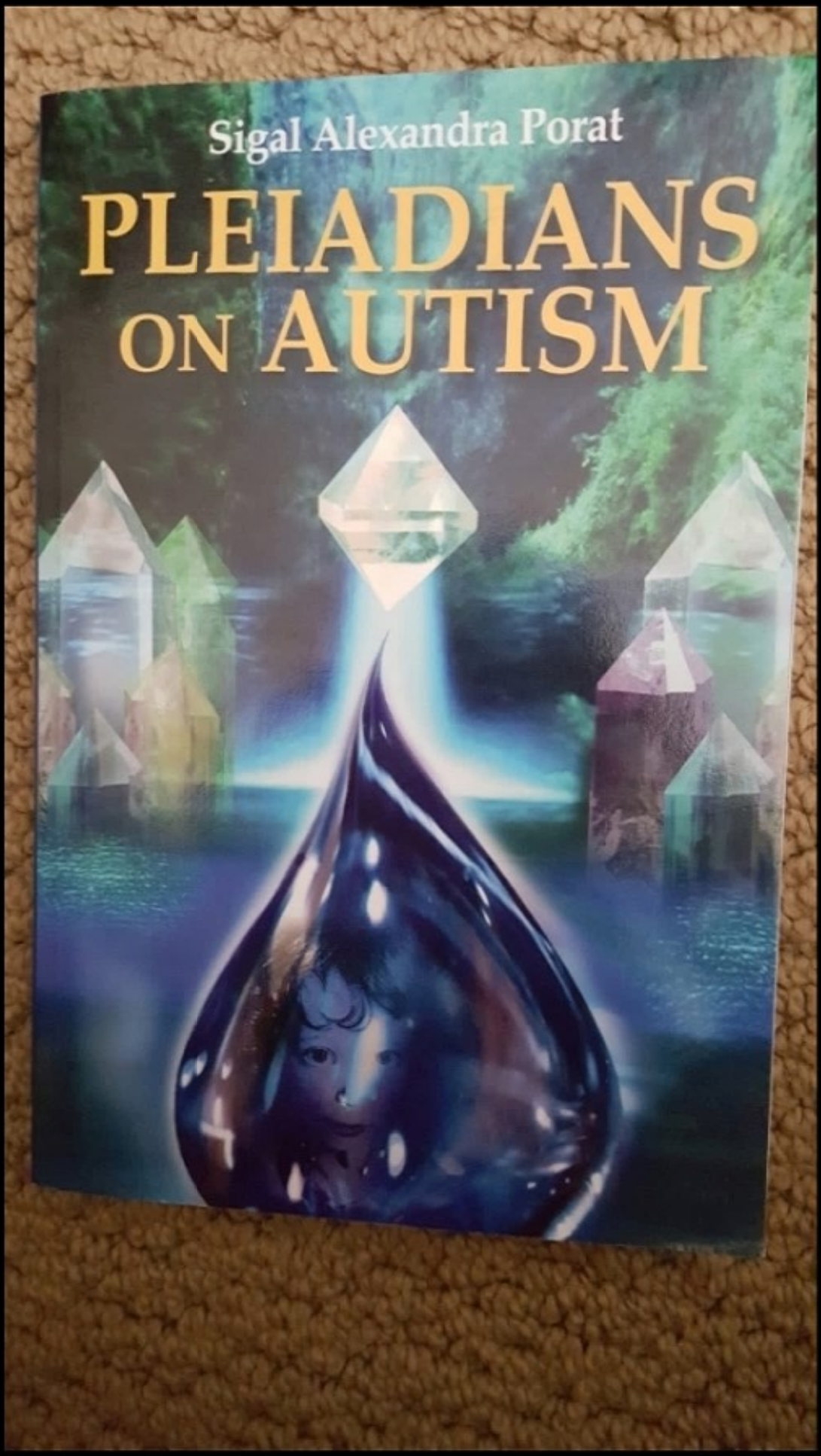

Sigal Alexandra Porat
PLEIADIANS
ON AUTISM

# Pleiadians on Autism

*Written and illustrated by*

Sigal Alexandra Porat



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*Pleiadians on Autism*
Written and illustrated by Sigal Alexandra Porat

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# *Foreword*

You are holding a book that sheds new and unusual light on one of the most mysterious and agonizing phenomena of our time – autism.

Step by step, this book opens new horizons in the consciousness of those interested in the mystery of the hidden worlds surrounding our humanity's spiritual evolution.

Alongside the spiritual perspective regarding the existence of the phenomenon and how humanity can benefit from it, the book also introduces new approaches and tools for worried and disconcerted parents, helping them go through a process in which the supposed "disadvantage" becomes an advantage.

There is no doubt that in order to read this book one needs to have an open mind and be prepared to expand the boundaries around what we thought was possible until now. Just like autism seems to have come into our world "out of the blue," so has the explanation for what's behind it.

Even if this is your first time being exposed to the spiritual ideas presented in this book, I warmly suggest you be patient and receptive as you read (just like I was). Allow the energy this book embodies and the coping methods provided to lovingly help manage all your doubts, anguish and concerns (especially if you are parents). Let the energy contained in this book help you find relief.

This book can certainly lead you to major breakthroughs and will provide a fascinating experience in consciousness expansion for any reader.

Vera Raveh,
*Hebrew Translator and Editor of the books of*
*Sri Sathya Sai Baba*
*Spiritual Therapist*
*Mystical Therapy Facilitator*

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# *Introduction*

The heart of this book is my personal crystalline structure. It is an energetic structure; one might say that it's an energetic entity existing on a plane that is not physical but etheric, a plane that exists on certain levels of consciousness.

My personal crystalline structure, as I perceive and experience it, is composed of six principal consciousnesses. Its primary consciousness originates in the Avatar energy, which is the divine cosmic energy, the energy of the primordial creator, springing from the highest dimensions. This Avatar consciousness, that of the primordial creator, exists in all crystalline structures; essentially, it exists in everything. As for the other consciousnesses in my crystal, some exist within a physical body on this planet, some within light bodies in the Pleiades and others within an etheric light body throughout the universe. On a consciousness level they are all connected to home – the Pleiadian Galaxy.

This crystalline structure I belong to serves many functions on the inter-dimensional cosmic level. It's currently beginning to work directly with planet Earth due to the fact that three of its six principal consciousnesses are present and living in a body on Earth. They have reached a state of conscious awareness that makes them capable of activating the crystalline structure through consciousness.

Since I began sensing my crystalline structure and became aware that I was one of the six main consciousnesses activating it, my life started to change, seeming to spin out of control. Against my natural tendency, I found myself hurled into a lot of movement in my life, which included moving to different apartments, cities and even countries. People came in and out of my life, each of them playing an important role in my process. This intense and chaotic change was exhausting, but eventually it led me to give up my entire past and devote myself whole and completely to this consciousness work, which I feel at the core of my being. During this period I went through crises and many moments of despair. I had doubts about my connection with the crystalline structure and my commitment to it. There were times when I tried to go back to my old consciousness, or pretend that this crystal was purely a figment of my imagination; and yet I could not give up listening to my inner voice.

One of my intended roles in the crystal is to present the knowledge in human words. At this stage I am being asked by the crystal to write about the Pleiadian autistic children, so that the structure will be able to support them and fulfill its commitment to them. However, the work related to these Pleiadian autistic children is just one of the intended roles of my crystal. And although it may seem that this book is aimed only at readers who have a connection to autism, it presents broad knowledge that applies to anyone interested in self-healing and consciousness expansion.

* * *

In 2007 Alexandrit came to my awareness. Her name appeared in my mind, and with it the knowledge that she was an entity from the

Pleiades with whom I had a very profound connection. I sensed I was committed to her on a soul level, although I didn't know exactly who she was or what this commitment meant. I also didn't know much about the Pleiadians. Several years earlier I had read *Barbara Marciniak's book, Bringers of the Dawn*[1] *– Teachings from the Pleiadians I* but beyond that I had no other sources of information about them. And yet my attraction to Alexandrit was strong. Her name resembles the name Alexandra, which I was given at birth. In addition I was an Alexander technique teacher. Furthermore, I was doing healing work with crystals and of course was familiar with the crystal named Alexandrite. In Hebrew the name of the crystal is spelled exactly the same way, but Alexandrit explained to me there was no direct connection between her name and the crystal (spelled differently in English). I searched within myself for more information. The message I received was that when I would be ready, new information would arrive, according to my ability to grasp it. I was also told there were partners intended to support me in the energetic work with Alexandrit, who would appear in my life when the time was right. (At the time I was not familiar with the concept of "soul agreements," but the message I received spoke precisely about that). During that year, with Alexandrit's help, I became acquainted with my own crystalline structure. This was how I started to work consciously with the Pleiadians.

Alexandrit's presence gradually became a part of me, mainly during

[1] *Bringers of the Dawn: Teachings from the Pleiadians* by Barbara Marciniak (Author), Tera Thomas (Editor) Publisher: Bear & Company (December 1, 1992)

treatment sessions. I started doing more healing, working with the energy of Alexandrit and teaching less of the Alexander technique (which was my official profession). The treatments in which I used Alexandrit's energy were good and effective. However, I was connecting with this energy through my mental aspect, meaning that I acknowledged Alexandrit's presence and explored her energy through my mind. That was also where I searched for the additional information I was seeking. I activated this energy using my mental component, as I was not yet skilled in making any other form of connection.

And because this was a mental connection, there were also many moments when I tended to forget her presence or doubt the truth of her existence and thought that I was making her up. That's how our mental aspect operates; our earthly consciousness fluctuates and is influenced by our emotional state and the external circumstances of our lives. When I was relaxed and at peace, in a supportive environment (such as my clinic) I could sense Alexandrit and activate her energy. However in times of distress, pressure or anger, or in outer spaces where the energy was harsh and massive, I'd fall into forgetfulness and would not be able to connect with or sense Alexandrit's energetic presence. When the connection to Spirit takes place primarily through mental cognition, it is conditional and elusive, not stable and absolute. I was aware of this but didn't know what to do or how to develop my connection with Alexandrit. I didn't know who I should turn to, who I could share any of this with, or who I could consult with. And so, on the one hand I had a strong

passion to devote myself completely to Alexandrit and strengthen my belief in her – I couldn't let it go or give her up - but on the other hand there were the moments of forgetfulness and doubt.

In 2010 a significant shift took place in my life. I moved from Israel to Boston with my partner who was invited to do his post-doc there. A couple of months before we moved to the US a crisis erupted in my family and we severed contact in mutual anger. Thus, in the US a situation was created in my life in which I stopped working and had plenty of time at my disposal, as I was going through an emotional crisis. So I started writing. I wrote Alexandrit's messages intuitively. The messages were about her, who she was and what the nature of our connection was. I also received detailed information about my personal crystalline structure and how to work with it. These messages fascinated me and healed the wounds of my heart. Eventually I came to understand that I had written a personal instruction manual for myself. Everything I wrote in my first book was intended for me alone and served as the basis for developing my future work.

While it strengthened my connection with Alexandrit, that year in Boston led to the end of my relationship with my partner. He had completed his work and returned to Israel, and I didn't know where to go. So I went to India, to the ashram of my teacher, the Avatar embodied in human form in our time, Sri Sathya Sai Baba. I had visited the ashram several times before, and it was the only place I could think of that could provide me with a temporary home. I stayed at the ashram for five months and most of the time I was depressed

and anxious about my unclear future. My connection with Alexandrit could not help me. All seemed lost. My life had completely fallen apart and I felt that I was totally alone in the world. At the same time, I refused to go back to my past. I felt isolated, but I wanted absolutely no contact with my family. They had no idea where I was and what I was going through. For many nights I lay in my bed in my room in India, feeling anxiety over the fact that I could die and no one would miss me. I thought I had completed my tasks for this lifetime. I reached the point where I could no longer continue living in the same way. I was tired and ready to die. I was 42 years old.

In 2011, throughout the month of November, I conducted telepathic conversations with Alexandrit and Sai Baba about the possibility of ending my life. The answers I received were that this was indeed an option, that it was my right and that I was entitled to choose to leave my body, because I had in fact completed an important chapter in my life. They corroborated my feeling that it was wrong for me to go back to how things used to be. "However," said the voice, "You have the option of embarking on a whole new chapter in your life." Along with this message a vision appeared of the model I had been asked to construct in my future clinic, where I was to perform Alexandrit's healing. This vision was extremely precise and visually detailed. I could see the model clearly, and it was unique and spectacular. I could sense its powerful energy. I was told that it was the model of a physical structure that contained subtle frequencies of light, holding within it the extremely powerful energy of the crystalline structure I am part of. I was guided to construct it out of specifically designated optical fibers. This was followed by information about

treating children through their parents. Later on I was given the instruction to focus on autistic children.

But even the new information and visions flowing into my awareness did not help me to decisively choose life. I didn't know how to continue my life from the point I had reached, where my place in the world was, or in which direction to go. I only knew where I did not want to be.

I understood that I was going through a transition – a time of profound transformation that involved states of unknowing. As I had no other choice, I took some more time off and went to live in Hungary for a few months, where I had the support of a good friend whom I had met in the ashram. I rented a small apartment near her house in a quiet, picturesque town and allowed life to carry me forward, as I had no idea where I was supposed to lead myself. I spent most of my time alone, sleeping a lot, cooking, nurturing myself, listening to music and hearing my spiritual teachers. I would go on short walks and frequently sit on park benches. I was waiting for the moment when I would know what my next step would be.

During this time in Hungary (July-November 2012), I received a lot of support that gave me a sense of balance and security in life. The place where I was staying enabled me to experience mental peace, and with the absence of emotional distractions I was able to put Alexandrit's messages about the Pleiadian autistic children into writing. These messages had already begun to appear and formulate themselves in my mind several months earlier, and now they were flowing out of me in a clear and organized way.

# *About this Book*

This book describes the Pleiadian autistic children, a group within the broader category of anyone who is currently diagnosed as being on the autistic spectrum. Any use of the terms "autistics," "autism" or "autistic children" made throughout this book, refers to the Pleiadian autistic children. Not everyone who is diagnosed on the autistic spectrum in one way or another is necessarily a Pleiadian autistic child. The information brought forth in this book will direct you in discerning who is a Pleiadian autistic child. This distinction is made through a sensitive and in-depth observation of the quality of the relationships existing in the life of the person being diagnosed.

This book presents information I received from the Pleiadians through Alexandrit, a being of light. She is a Pleiadian healer, scientist and researcher, and the information she brings forth is intended to expand awareness about autism, including the awareness of parents of autistic children. This book is intended to support these brave parents – those who dare to open up to these new concepts, and mainly to listen to these ideas with open hearts (because only your heart can tell you if this information is for you).

The purpose of this book is to expand the view and understanding of the autistic essence. It touches on ways of coping but is not intended to replace conventional therapy or methods of care for the child and

the family. On the contrary, the Pleiadians emphasize that there are currently excellent methods of care that support and assist autistics in fitting into society. There are excellent therapists and advanced and effective approaches to the subject, which play a vital role. The information from the Pleiadians is intended purely to complement existing methods of care. Nevertheless it can significantly accelerate the child and family's developmental processes.

At their core, these messages pertain to autistics, the purpose of their arrival here on Earth and the unique connection between the parent and his autistic child. However these messages in fact address and apply to any parent seeking to support his child, and furthermore, to anyone seeking to deepen his relationship with his own soul.

Beyond the fact that I myself have always been "a little autistic" (later on there is an explanation of the differences between people with autistic elements and the Pleiadian autistics), I have no scientific knowledge, training or experience in working with autistics. I never thought I would write a book about this topic, but for some reason this information came to me as it is. In fact, as a result of writing this book my autistic capabilities have developed, and this is a great privilege and gift for me, when I combine these capabilities with my life skills.

The initiation offered by the Pleiadians using the energy present in this book as well as through a session with me in person, is not a therapeutic process. This is energetic work that the Pleiadians perform for anyone who seeks it and specifically asks for it. This Pleiadian

energetic work enables the expansion of our earthly consciousness and strengthens the connection between human and soul. It also initiates the highest potential of parental capability.

## *About the Illustrations in this Book*

I often experience Alexandrit and the information she conveys to me initially in a visual way. I see and sense Alexandrit mainly through her symbol – a triangle composed of three golden bars, with a crystal or pearl at its center. Usually, I first encounter and experience the information as images that include geometrical shapes, crystals, textures, colors, places and energetic structures. After a while I manage to translate the images into words. Hence the illustrations presented here are an inseparable part of the text.

I created the images appearing in this book according to the visions and senses I experienced in my mind's eye. They contain layers on top of layers of information intended to help readers embed the contents of this book. Each chapter has a visual cover that helps the information anchor in the reader's consciousness. I invite you to look at the illustrations before reading the chapter, and again after reading it, and experience their energy. It's possible that each time you look at these images you will see or feel something different.



*Chapter 1*

# *Alexandrit*

Alexandrit is a Pleiadian light being; she is healer, scientist and researcher who lives on a small star called Alamous, one of the hundreds of tiny stars scattered around the seven central stars of the Pleiadian galaxy. She appears to me as a gentle creature, her physical form willowy and noble. Her skin is purple and similar in texture to the skin of a dolphin. Her large eyes look at me with a gaze that is soft and full of love. Her language is also similar to that of dolphins and is composed of tones and sounds. Her essence is female.

The Pleiadians are beings of light with a high and developed consciousness. They abide hundreds of light years away from humans. They ascended both as individuals and as a collective and their planet transformed into a planet of light consciousness hundreds of thousands of years ago. Some of them inhabit physical bodies, while those who so choose live in etheric bodies. Some embody a dominant masculine essence while others have a dominant feminine essence, but they all carry gentle frequencies that are full of compassion.

As I mentioned, Alexandrit came into my awareness in 2007, and since then I've been learning to listen to her, sense her and merge with her. She tells me we are one. We are two parts of the same soul;

we share an essence that chose to split at certain stages in order to expand and experience new aspects in various dimensions.

Life on a planet of high consciousness such as the Pleiades is fundamentally different than life on Earth. And while Earth has in fact started its transition to its next stage of evolution the dominant consciousness on the planet is still mainly that of the third dimension, that is, a consciousness characterized by fear and lack. This is a state that will change radically in the near future. Of course in the Pleiades, these elements of fear and lack do not exist at all. I ask Alexandrit about how life is on the Pleiades, for instance, in terms of finances, a topic that is very sensitive and unbalanced for most humans. She tells me that on the Pleiades there is no such thing as money, as it is a virtual thing, it is a form of energy that the Pleiadians do not use. On Earth there are some people who have enough money, or even a lot of money, and there are those who don't have any. On the Pleiades life force energy is available to all, without any limitation, and serves everyone. All who live there use the energy freely to do anything they please. Everything is done out of a consciousness of love and unity, as no lower form of consciousness exists there. "Just as on Earth the air you breathe is available to everyone, there's no need to pay for it and every person takes as much air as he needs with no restriction, with no individual having more breathing privileges than anyone else. In that way we have available energy that we use for whatever we need in life." Alexandrit explains, "We live in an atmosphere that is different to yours, the 'air' we breathe is more concentrated and contains all the essential nutrients we require. We

nourish ourselves with every breath and have no interest in food as a culture, as you do on Earth."

"Don't forget that our body is a light body that vibrates at a much more delicate frequency than your own," she reminds me. "The only food we consume is seaweed, which grows in abundance. In any case, there are no banks on the Pleiades, and nothing like monetary trade. We simply create anything we desire through our creative consciousness. We know how to manifest any thought we have into matter, as our thought frequencies are precise and carry the pure energy of creative light. This is something you will learn how to do once your planet has entirely shifted into the new consciousness."

"Here is another example," she adds, "When it comes to mobility and travel, we move and even move other objects using our consciousness, so we have no need for vehicles, other than for inter-galactic and inter-dimensional travels. For those purposes we have our planetary vehicles. We have no interest in private vehicles as status symbols, as you do.

"So the result of all this is that none of us experience any type of lack or disease. Every individual chooses how he wants to be embodied, in what body each will live and for how long. We also choose how to manage our personal development, and all the resources of our planets are available to us all, at any time. In fact we are constantly evolving, and any personal development contributes to the benefit of all."

In the days of Atlantis there was a direct and conscious connection between the Atlanteans and the Pleiadians. I (Alexandra) lived in

Atlantis, while Alexandrit lived in the Pleiades. We had a deep and intimate connection, like two sisters born of the same soul, two sisters living on different planets and in fact in different temporal dimensions. Our connection was inter-dimensional, lively and conscious. This type of inter-dimensional relationship was common in the times of Atlantis and Lemuria and was conducted telepathically. This was possible due to the Atlantean consciousness, which was earthly but highly developed and capable of perceiving and experiencing extensive parts of the universe, as well as the existence of light cultures within it. We had this telepathic connection with nature, too. We communicated with the sun and moon, the plants, the crystals and the animal kingdom. This communication nourished us, the Atlanteans, and helped us maintain our balance. It went on until energies that had developed on Earth and its surrounding realms began to sink in and become embedded in our physical bodies. The resulting changes led to the demise of Atlantean civilization, which finally ended with the collapse of the civilization of ancient Egypt.

Since then no conscious connection has existed between Alexandrit and me. I continued on my earthly journey and she remained in the Pleiades. We could not connect consciously because from the moment I left Egypt and began my earthly journey, my awareness had become significantly limited and I could not remember her. "When we parted, in the final days of Atlantis, you knew your journey would lead you to our reunion. You knew this would happen at the appropriate time, at some point in your future, and although you could not remember me, I have been with you, accompanying you throughout your entire earthly journey."

These days Alexandrit's energy appears in my mind's eye as a triangle composed of three gold bars, with a Rutilated Quartz crystal[2], or sometimes a pearl at its center. The gold bars are the energetic tools I used to work with in the temples of Ancient Egypt. Working with these golden instruments once again touches the depth of my soul, awakening my knowledge and the ancient memory. The Herkimer diamond[3], which also appears in the picture at the start of this chapter, helps me connect with Alexandrit.

Alexandrit reminded me of a significant experience I had when I was 12, following my first trip overseas (a Bat Mitzvah gift from my grandmother). I was not as excited about the flight itself as I was about the encounter awaiting me "there," overseas. At 12 I was still so innocent. There was only one channel on Israeli TV (in black-and-white, and we couldn't even imagine the Internet back then), and I was exposed to very little of the outside world, as I was dreamy and detached by nature. In my naiveté, I was certain that "overseas," (which in Hebrew literally translates into "out of Earth") actually meant a place outside of planet Earth. These days it seems utterly unrealistic for a 12-year-old girl to think that. I was supposed to know something about geography, but I was really detached. I was spending a lot of time living in my imaginary world, and there were also some autistic elements that shaped my perception of the world. My parents hadn't bothered to prepare me for the trip, and in my innocence, I was expecting to land in a place that was literally a

[2] Rutilated Quartz is a transparent quartz crystal in which golden threads grow.
[3] A Herkimer diamond is a double-pointed transparent quartz crystal.

different world. In my imagination I could clearly envision this other place that had no roads, no sidewalks, or cars, or traffic signs. I saw spaceships hovering in the air, I saw a place where the people looked different (yes, purple...), and behaved differently(!). As odd as it sounds, I really expected something unfamiliar and new, something that would completely take me by surprise. Of course the disappointment from the trip to Spain was devastating and mainly embarrassing, and the trip was boring. Although I never shared my inner experience with anyone, I buried these thoughts of my "other world" deep inside.

"Your anticipation of encountering this other place stemmed from an ancient memory that existed deep inside you," Alexandrit explained to me. "It's the place where I (Alexandrit) – being a part of you – exist alongside you. Because you were a sensitive and dreamy girl you were able to perceive this distant and different reality. But as you were not given the legitimacy to continue developing this channel, you felt ashamed; you judged yourself and felt stupid, and very lonely. You had to survive in a world with rigid rules and restrictions, so you (temporarily) shut down your channel of perception. Now you can appreciate what an amazing privilege this was for you as a child, to remember and hope to arrive at this other place. You were longing for a place you knew in the depths of your soul."

As children we have amazing wisdom guiding us not to share our unconventional knowledge with those who are not capable of grasping it. It was obvious to me that if I told my parents about this experience they would ridicule me. My parents are good people but

they never had the capacity to understand who I was, nor the tools to support me in the way I needed to be supported. Autistic children, even more so, are not capable of telling their parents who they are. They don't have the words to describe it because no such words exist in human language. Their being is not of this world and they have no means of verbally articulating it.

Alexandrit brings me these messages about the autistics from the Pleiades in the hope that as a result, some parents will allow their consciousness to expand and move closer to the highly developed consciousness of their unique child. This will provide parents with additional tools to understand who their child is and improve the ways they can support him.





*Chapter 2*

# *The Pleiadian Autistic Children*

The information in this chapter is brought forth directly as I received it from Alexandrit, in her words.

**Humans have already begun to understand**
**that autism is not a disease,**
**but they still don't know what it is.**

Some of the children that you, the humans, call autistic, are in fact Pleiadians who have come to Earth of their own free will for the purpose of helping the planet in its transition to its next stage of evolution. The Pleiadians are connected to Earth through bonds of deep love and commitment, and those of us who come to live among you as autistics do so voluntarily, as a service from our heart, which loves you. During our journey on Earth we are absolutely human, but not "regular" humans. The main difference between Pleiadian autistics and regular humans is the level of our soul's development and the purpose of the soul's journey.

We created and developed the **autistic mechanism** to enable our Pleiadian essence to arrive and settle on Earth in human bodies, without losing our Pleiadian consciousness. When we decide to come to planet Earth we know that we will seem strange and different to

humans, but we do not interpret this as suffering or as a negative experience. From the Pleiadian perspective, seeming strange to humans is insignificant in terms of the purpose of our mission. To us, our visit to planet Earth is like a dream from which we know we will soon awaken. During our visit we have a deep sense that the world we have arrived in is an illusion, and that we do not really belong to it. A deep memory of the other world we came from and to which we belong continues to abide within us throughout our stay on your planet. We call upon you to understand that autistic children have no difficulty dealing with themselves. The difficulty they experience has to do mainly with living among those who are not autistic.

Unlike humans, we do not come to Earth for karmic purposes that serve the soul's path of development, for we have already gone through this process in our distant past and completed it eons ago. We do not come here to learn life lessons and to develop through human experiences and relationships, as you do. We have learnt all that in the past and the knowledge we accumulated is present and active in our memory. We come for the purpose of conducting **inter-dimensional work** to support your transition as individuals, and the transition of your planet as a collective, to the next stage of consciousness development, that of the fourth/fifth dimension. This important transition is occurring now, and therefore there is a need for many of us to arrive on Earth at this time to do this inter-dimensional work. The transition and development of planet Earth is of great importance to the entire universe.

The purpose of developing our autistic creation is to infuse higher light consciousness into your planet. The consciousness we carry

inside our autistic bodies is built in such a way that it does not respond to the distracting elements that affect your Earthly human consciousness. Being in human bodies on Earth while carrying the Pleiadian consciousness, allows us to create a direct link between Earth and our home – the Pleiadian Galaxy. That way we can communicate with the Pleiades, as well as activate and implement our Pleiadian knowledge from planet Earth itself. This inter-dimensional connection is necessary at this time to assist Earth in its transition to its next dimension. Understand that it is not possible to support Earth only from the outside, whether it be from the distant Pleiades, or from nearer realms. To assist in the transition we must also work from Earth itself.

As mentioned, the **autistic mechanism** that we developed enables us to arrive as humans and simultaneously maintain and activate the Pleiadian knowledge. Our detachment from human consciousness is what enables us to maintain our Pleiadian consciousness. If we were to allow the earthly human consciousness to penetrate our own, we would lose our Pleiadian memory. Then the earthly consciousness would take over and suppress our memory and knowledge, as is the case in your own experience.

The Pleiadian knowledge has to do with the evolution of the human race towards embodying its divinity. This does not mean humans will travel the exact same path we have, but that the light coming to you will lay out your unique course of evolution as earthlings. Moreover, there is technological knowledge as yet undiscovered by humans. One of the missions of the Pleiadian autistic children is to instill new ideas on planet Earth in order to help you absorb technology far

more advanced than your own. This mostly relates to "consciousness technology," which represents the merging of science and spirit. This field currently lies beyond humanity's comprehension, but it will be understood in the next stage of your evolution. By arriving on the planet as autistics we bring you new potentials of knowledge, which in time you will be able to implement.

From an evolutionary standpoint, autism as a phenomenon is relatively new on your planet. We first sent ourselves to Earth as autistics about 300 Earth-years ago, when we began researching and developing this mechanism. However, only a few of us came, so you did not notice. Over the past 70 years we began to arrive in increasing numbers. Now, due to the need, we are arriving in even greater numbers, as Earth's shift to the fourth dimension is commencing and it is becoming vital and critical that we perform our work from planet Earth.

Over the next decades you will discover that the autistics are one of the most valuable sources and resources of this planet for technological innovation. They will introduce a new kind of knowledge that is currently inaccessible to your scientists, for they are not capable of seeing it yet. As your approach to autism evolves and changes you will learn to nurture these autistic children and cultivate their unique way of expressing the personal knowledge each of them carries within. You will support these autistic children in a more appropriate and suitable way, so they can realize their potentials. Eventually humans will understand that autistics are the resource for new and groundbreaking knowledge.

The diagnosis we offer you in order to know whether a child is a Pleiadian autistic differs from the diagnosis currently performed on your planet. It is based on observing the quality of the personal relationships of the child being diagnosed. Autistics who come to you from the Pleiades with the purpose of serving you and performing inter-dimensional consciousness work do not come in order to develop themselves through interpersonal relationships and life lessons, as you humans do. You are at the stage of developing your soul through reincarnation and karmic lessons and your life lessons are learned through human interaction. The relationships of the Pleiadians are different in nature and essence. When they come to Earth Pleiadians are not focused on human relationships but on the consciousness work they are performing.

Therefore, if you look with sensitive eyes you will observe that the motivating need behind the relationships of autistics is completely different from yours, as is the nature of these relationships, if they even exist. The interpersonal relationships of autistics are not based on the need to complete karma from previous reincarnations and their purpose is not the study of the self or the evolution of the soul.

In fact autistics have no need for self-study, as their self is intrinsically clear to them. An autistic will never be disconnected from himself, as often happens to most humans. The relationship with the self is different for autistics compared to regular people, in that it does not exist on the verbal or the emotional plains. It is a direct experience, uninterrupted by external distractions. Autistics never experience

a sense of guilt, self-condemnation or self-judgment. Even if they experience a sense of distress or discomfort, they never turn these feelings against themselves.

Autistics who receive proper support and guidance from their parents can indeed conduct earthly relationships and learn how to fit into society, at different levels of ability. However, their relationships will always be practical and concrete and will be of a functional and to some extent technical nature. These relationships are intended solely for the purpose of helping autistics fit in and conduct their lives in a way that enables them to fulfill their purpose. Please bear in mind – even if the relationships of autistics carry a certain emotional element, they are **not** for the purpose of learning soul lessons but for the purpose of acquiring life skills. In addition, the use of manipulation and control is utterly foreign to autistics, while these elements are characteristic of all human relationships to some degree or another. Autistics will not use these devices even on a covert or passive level, as they possess a natural innocence and are always in absolute internal integrity. Humans on the other hand, are still at the stage of manipulative conduct. This expresses itself in all human beings to a certain extent, depending on the individual's level of development and awareness.

Much like autistics who embody absolute internal integrity, there are some humans (still not many) who have reached an extremely high level of spiritual development, embodying consistent internal integrity. While these humans may have reached a level of awareness that allows them to conduct relationships free of all emotional

manipulations, these relationships still serve the purpose of soul lessons. They reflect the self back to the individual and his place on his course of spiritual development. These relationships have the exalted quality longed for by humans, that aspiration of the part of the soul that is on its earthly journey, seeking to merge with the physical body and experience an earthly life of peace, happiness creativity, service, contentment, joy and abundance.

It is also possible that your soul is connected to the Pleiades or to other highly developed light galaxies, but that you are still on a course of soul development, going through your own developmental processes through human relationships and life lessons.

The more you use your heart to observe and sense the essence of relationships, the more you will learn to discern who is a Pleiadian autistic and who is a person with autistic elements. There are many people who have emotional and/or communicational deficiencies at one level or another, and similarly, there are people whose need for socializing is small and limited, in relation to society at large. Some people appear not to be able to understand how the world operates and have a hard time fitting in. However, even if these people display strong and clear autistic elements, as long as the relationships in their lives carry a karmic quality and they are motivated by their soul's need to develop, these people are not considered Pleiadian autistics. This is because Pleiadian autistics have no need to develop through relationships. As mentioned, it is possible for Pleiadian autistics to have emotional needs that lead to a relationship, but even then, the nature of the relationship will be functional and

practical. It will not consist of life lessons, nor will it influence the course of the soul and its development. As mentioned, their soul has already undergone the journey of development through relationships and they did not arrive here for the purpose of learning and development, but to perform a service coming from the high frequencies of love."

* * *

The diagnosis presented here differs from the conventional clinical one. The Pleiadians ask that we pay attention and learn to discern between the autistics' need for guidance and support, and their need and interest in relationships. Sometimes these two types of need get confused.

### *Autistic Elements*

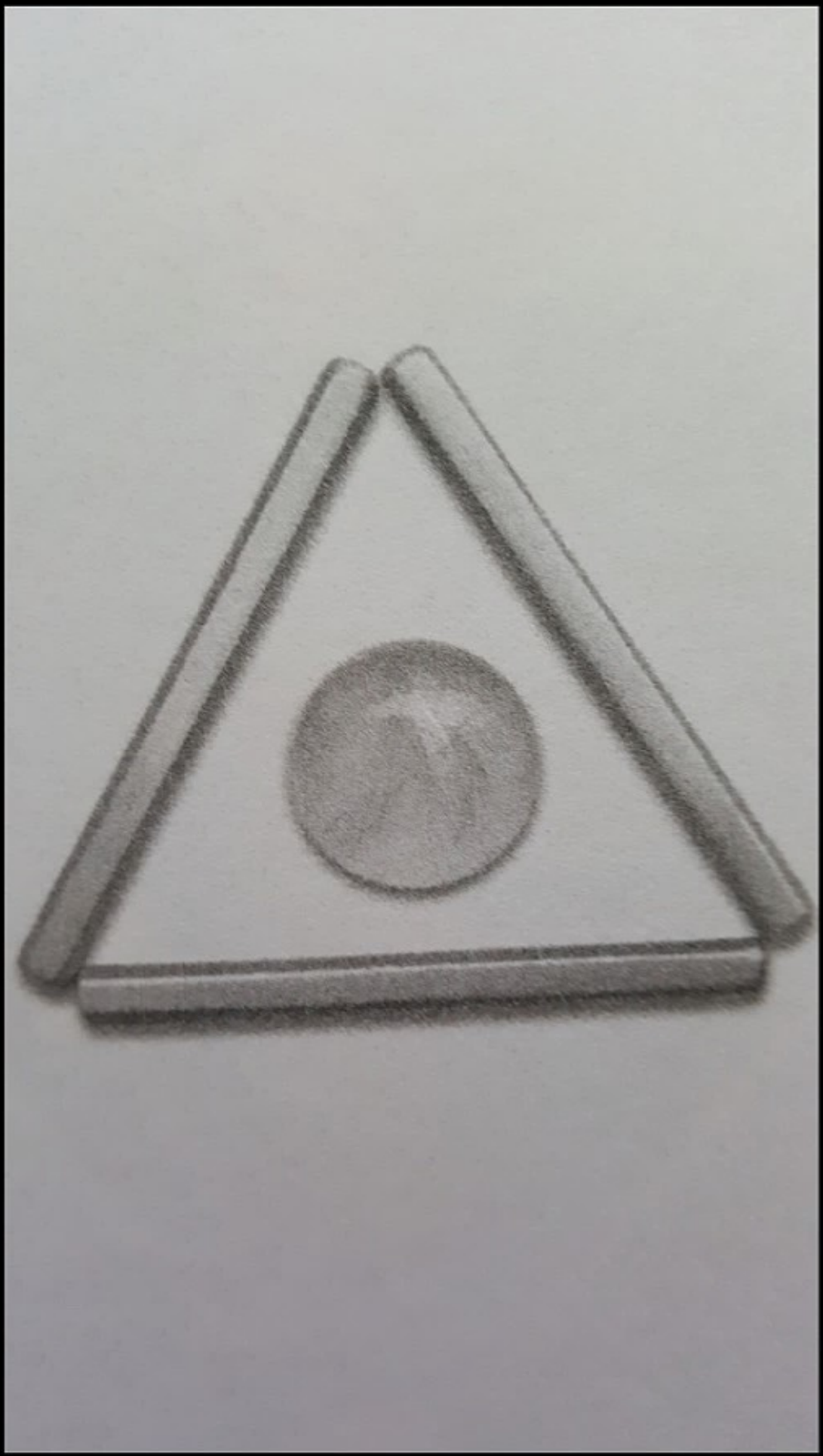
If you prefer to spend most of your time alone and feel that you are mostly putting on an act when you spend time with other people, or if you feel bored and don't know how to conduct small talk (and of course find no interest in it), it's possible that you too have some autistic elements. Similarly, this might be the case if you have very little need for socializing and you feel relieved when gatherings end so you can finally be alone with yourself. You may try to limit these meetings as much as possible. Other autistic elements can include experiencing extreme stress and difficulty trying to fit into society and having no real interest in doing so, or coming home from social gatherings which are supposed to be fun and feeling only relief, and

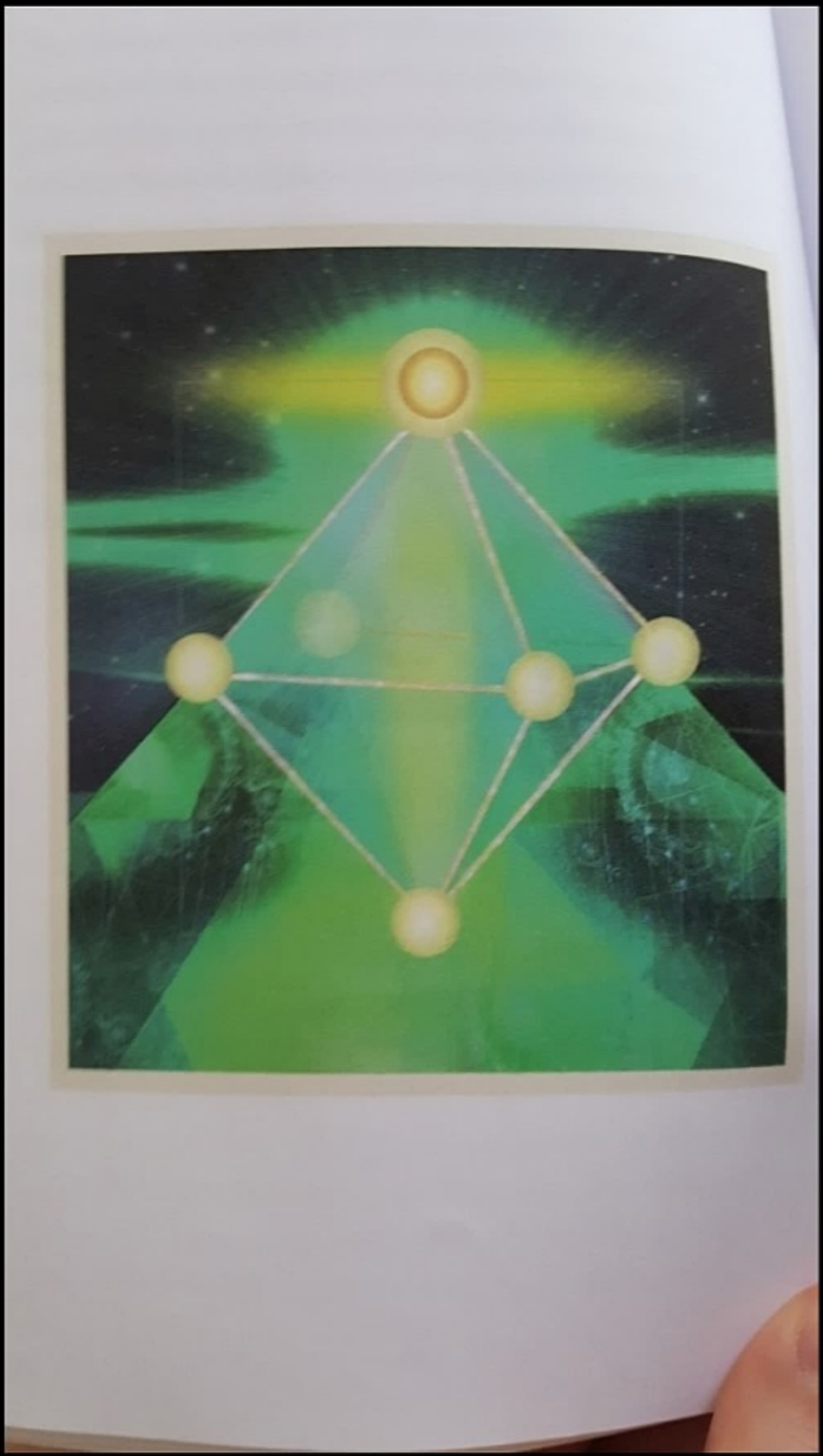
saying to yourself "thank god that's over." However, even if you suffer from difficulties in communication and your relationships are emotionally limited and you have very little need for them, it will still be easy to observe that they carry a karmic essence or one of spiritual development related to learning about the self.

Some people who display autistic elements at one level or another are extremely developed spiritual souls. However, they are not Pleiadian autistics. They are not these beings of light from the higher dimensions who have come here with high and 'closed' Pleiadian consciousness, to focus on inter-dimensional consciousness work on planet Earth. These are humans still in the process of soul development through reincarnations on Earth.

Autistic elements are hard to deal with. The lack of response and communicational limitations often stir up counter-reactions of anger, impatience and rejection. However, if we refrain from judging autistic elements in humans we will discover that they often come in order to create balance between the mental and spiritual aspects, especially in sensitive people who intuitively sense a need for it. All autistic elements in humans are natural; they are tools intended to bring the human closer to himself and help him disconnect from the mass consciousness of humanity. Human beings conduct most of their communication from the mental aspect, which is mostly based on words and thoughts. However, all humans at their core are capable of telepathic perception. The more spiritually advanced humans are, the more they are likely to develop autistic elements characterized by a connection with the self that is not of a verbal or mental nature.

The information brought forth in this book refers to those who are autistic according to the Pleiadian definition. The mentoring for parents provided here is based on agreements that have been made between the autistic children, their parents and the helpers from the Pleiades. The initiation of the consciousness channel between parent and child, described later on in this book, was originally designed for those diagnosed as Pleiadian autistics. However, it is appropriate also for parents of children with **autistic elements**, as well as for any parents who are interested in supporting their child through this initiation. In fact, this initiation is open to any person seeking to deepen his own connection with his soul.





*Chapter 3*

# *The Primary Role of the Pleiadian Autistics*

My conscious connection with my own crystalline structure began, as I mentioned, in 2007. At that time I was working as a therapist doing healing sessions and working with the Alexander technique. One evening, as I was resting on the couch at home, I suddenly noticed a ring of light present in the center of the room, high up near the ceiling. I stared at it wondering whether I was hallucinating, but as I was watching it, it grew thicker and began moving towards the room next door, which was my clinic. I got up, feeling as though I was half hypnotized, and followed it. I entered my treatment room and intuitively sat down on the therapist's chair situated at the head of the treatment table. The ring settled over the table and began to split up into spheres of light, which moved and arranged themselves around the table: two spheres of light on each side, one big sphere at the head of the table and another one at the end of it. I knew immediately that the sphere at the end of the table represented me, even though my physical body was seated at the head of the table. Behind me I could sense the presence of the largest sphere, that of the primary consciousness. Thus, the six spheres of light created an energetic structure around the bed. I could see the structure clearly and I knew for certain that this was an energetic group I belonged to. I sensed it at the core of my being. This was before I became familiar with the concept of a "crystalline

structure," but as I looked at each figure of light I intuitively knew each sphere represented an individual consciousness and that together they were creating an energetic crystal. I kept looking and gradually I could see who each of the consciousnesses were. I knew the crystalline name of each consciousness, who of them was currently living on Earth in a human body and who was in an etheric body existing in other realms. I also recognized the Avatar consciousness situated at the top of the structure. Each figure now had a set place. My immediate sense was that these were all my sisters. I intuitively knew that I had to create a triangular energetic connection using my consciousness with two of the figures who, like me, were in Earth bodies. Surprisingly, the entire experience felt very natural to me, like a memory and knowledge that had been awakened.

Since then all the consciousnesses have been present in every one of my treatment sessions, creating the structure I sensed and saw. It makes no difference where my physical body is in relation to that of the client on the treatment table. The crystalline structure and its six consciousnesses (myself included) always arranges itself round the table in a fixed configuration. Every consciousness has a fixed position. My consciousness is always at the bottom of the table near the patient's feet, even while I am physically working around the patient's head. From the very beginning, I could feel that the structure was working with me, and later on I realized that the structure was actually doing most of the healing work, as I merged with it and allowed my mental activity to slow down. The treatments I was giving began to be more energetic rather than physical, and also more effective. I started to get a lot more people wanting healing

sessions than students who wanted to learn the Alexander technique. The structure became an inseparable part of my life and work, but I was still not ready to tell anyone about it.

## *The Crystalline Structures*

The main role of the Pleiadian autistics on Earth is directly related to the crystalline structures, which serve as relay stations connecting them to the Pleiades. Through these crystalline structures the autistics communicate with their home. In fact most of the work done by autistics who are in a body on Earth is performed through their higher consciousness, which exists within the crystalline structure itself.

This chapter begins by describing the crystalline structures in general, as I see and sense them through my connection with Alexandrit. It goes on to separately describe the crystalline structures of autistics and the crystalline structures of humans, in order to shed light on the fundamental differences between them.

As these crystalline structures are abstract elements, made of matter that is unfamiliar to the human mind, it's difficult to describe them or explain them in a clear-cut way. Therefore, the explanation presented here is in fact my own personal interpretation of the crystalline structures. It's the way in which I perceive and experience the information, according to my own patterns of thinking and personality. This description is not definite or absolute. Rather, it is intended to inspire and stimulate the personal knowledge that lies in the depths of every human being regarding their own personal crystalline structure. For this reason, please don't stick too tightly to

the descriptions brought forth here. Allow the words and images to serve as a bridge, leading you to your own crystal and the discovery of your unique experience of it. Keep in mind that the crystalline structures can be seen or sensed through our spiritual vision, which always goes through the heart.

## *The Crystalline Structures, As I Experience Them*

The crystalline structure is an energetic body composed of the presence of consciousnesses. Crystalline structures have multidimensional geometric shapes, and to me, they look like glowing crystals. However, they have a lot more depth and dimension, far beyond the three dimensional bodies with which the human eye is familiar. These depths are difficult for the human mind to grasp. The crystalline structures are also multilayered, with layers containing vast to unimaginable amounts of information. This information is stored and encoded within the structures; some of it is activated and flows within or through them, while some is dormant and waiting to be activated. Lives from various temporal dimensions also exist within the crystal. All crystalline structures are living entities that constantly change and evolve.

Every structure has several central points, each representing the fixed position of a specific consciousness. A consciousness that is awake and present in the crystalline structure is like a beating heart, pumping light and revitalizing the structure. The flow I see within the crystal looks like golden glowing lava streaming throughout the structure, just like the blood flowing in our veins.

As mentioned, each of the consciousnesses present in the structure has its own place. I look at them and they appear as spheres of light. With their subtle and luminous presence they breathe life into the crystalline structures. I see the awakened consciousnesses that are aware of their place in the crystalline structure and of their role within it. When a consciousness is fully awake and present in its crystalline structure it in fact activates the structure. For the crystalline structure to be active and functioning, all its central consciousnesses need to be present in their fixed place, and they all have to be fully awake and aware.

Crystalline structures exist throughout the entire universe, and have multiple, varied roles. Some structures accompany the personal development of a soul or a group of souls (including souls that are not in a physical body). Some structures directly support the journeys of people living on Earth. Many structures serve as intergalactic "research labs." Some serve as relay stations supporting inter-dimensional communication, some as stations for relaying and processing information, while others provide healing for planets, galactic entities and humans. Some structures function as "fuel stations" (energetic fuel of course, which is light and active consciousness).

## *The Crystalline Structures of the Pleiadian Autistics*

The consciousness of the autistics who have come to Earth from the Pleiades, originates in the high realms – it is the consciousness of the ninth dimension. Due to the autistic mechanism developed by

the Pleiadians, which keeps their Pleiadian consciousness awake and active, they are aware of their crystalline structures and are directly and constantly connected to them.

Through their highly developed consciousness they easily activate their crystalline structures. As mentioned, this is in fact the primary role of the autistics on Earth and the purpose of their arrival on the planet. They have come to activate crystalline structures that are situated on a segment of the crystalline grid that surrounds planet Earth (more about this grid to come). In order for them to be activated the autistics' crystalline structures must be simultaneously activated both by consciousnesses that are on Earth and by consciousnesses outside of Earth.

So in fact throughout their life on Earth, the autistics are directly and intuitively performing inter-dimensional consciousness work, which is invisible to the human eye and unfelt by humans. Their detachment from human consciousness is what enables the highly precise consciousness work they are performing. If they would allow their consciousness to "drop" into the mass consciousness of humans, they would not be able to perform their inter-dimensional consciousness work. However, thanks to the autistic mechanism, which maintains their Pleiadian consciousness, they activate the crystalline structures through a constant and finely tuned consciousness connection.

When we observe these autistic children, especially during their first years of life, they appear to be detached, staring into space, as if they are in a different world. In fact, this is true. We don't understand where they are, but we tend to think and believe that their

consciousness should be here and here alone, in our world, in what we call "reality." We are not aware of the existence of other realities, nor of the fact that the autistics are actually always performing inter-dimensional consciousness work related to a different reality.

By virtue of the autistic mechanism, their concentration is uninterrupted and doesn't get distorted by the noisy consciousness of humans, which is constantly swarming around them. Therefore they are not distracted and their highly developed mechanism keeps their awareness focused on the purpose for which they came here.

In this highly significant time, when our planet is going through its transition to a higher dimension, it is crucial that the crystalline structures be activated by consciousnesses that are on planet Earth, and it is necessary that this be done on a large scale. Many crystalline structures are embedded within the crystalline light grid and the time has come for them to be activated.

### *Activating the Crystalline Structures through the Pineal Gland*

The crystalline structures are activated mainly through the pineal gland. This gland acts as a transmitter for communicating directly with the crystalline structure and through it, with the Pleiades. This also works in the opposite direction – information from the Pleiades gets to the crystalline structure and from it reaches the earthly consciousness of humans – through their pineal gland.

The autistic mechanism the Pleiadians have developed is connected to the pineal gland. This gland is in fact the spiritual organ and is

much more developed in the autistics compared to regular human beings. When the gland is active and developed it facilitates telepathic communication and consciousness precision. The autistics are born with a much larger and more developed pineal gland than regular humans and they experience the activity of their pineal gland naturally and constantly.

When the pineal gland is active its affect on the brain is dominant. This means that the frontal activity of the thinking and calculating brain decreases, the more the pineal activity increases. This is one of the reasons that autistics think and communicate in a completely different way to us. The dominant activity of the pineal gland, depending on its level of development, decreases the activity in the frontal area of the brain. This is one of the reasons for the communicational "disconnects" associated with autistics and also the reason why they don't experience the incessant internal mind chatter we do.

So their brain activity differs from ours, but it is certainly not flawed. The intense activity of the pineal gland causes the calibration of their brain to operate in a completely different way to that of ordinary people. The decreased frontal activity in the autistic brain causes certain communicational elements not to be perceived or deciphered, and therefore they don't pay attention to simple communicational gestures, and so many times they don't manage to interpret humor and can't recognize analogies and metaphors.

The high intensity of the pineal activity also affects the sensory nervous system. This is why autistics have an extremely heightened sensory sensitivity. Regular human beings are not capable of understanding

the intensity of this sensory sensitivity, because their pineal gland is generally dormant or has very low levels of activity relative to the intense activity in the brains of autistics. For some of the autistics this sensory sensitivity may manifest as a sensitivity to noise, as their hearing is much more precise and they hear everything a lot closer and more intensely. They also hear sounds that we do not notice. Sometimes this hearing sensitivity is so strong that sounds which human beings are used to sound unbearably irritating to autistics. For other autistics, the sensitivity may be tactile, manifesting as an intense discomfort when they are touched. At times, even the air brushing against their skin, or their skin itself may feel extremely rough to them. Sometimes it is even difficult for them to experience the density of their own body, even if they are not in contact with any other body. A few of them are sensitive to open spaces, which they experience as we would experience a strong and blinding light. The frequencies emitted by other people randomly going by on the street or in the open space around them, even if they are not touching them, are experienced as heavy objects that are violating their own gentle and sensitive energetic space. At times their need is to find a closed space that is clear of those same heavy bodies whose dense movement they perceive is about to crash into them at any moment.

Another sensitivity resulting from the activity of the pineal gland is related to the energetic channel that exists between parent and child, and the child's ability to perceive his parents' consciousness at an extremely high level of precision (this topic will be elaborated on in the chapter "The Channel of Consciousness between Parents and Child").

## *The Three Earthly Consciousnesses and the Avatar Energy Alignment*

The crystalline structures of the autistics are all built according to the same schematic structure. Each crystalline structure has three consciousnesses living in human bodies on Earth, meaning each structure is activated by three autistics who are on Earth and are activating the crystal through their consciousness. The other consciousnesses belonging to the same crystalline structure activate it from out side of planet Earth, usually from the Pleiades, and their number is not fixed and can change from one crystal to the next (some have a Pleiadian physical body, which is a light body, and others exists in an etheric body). In addition, every crystalline structure has one consciousness that is the super-consciousness carrying the Avatar energy, which is the divine energy itself.

So in terms of the work of autistics, this means that every three autistics work as a team on Earth and cooperate to jointly activate the crystalline structure they share. Autistics sharing a crystalline structure can be living in different parts of the world and be at different physical ages, and will probably never meet in the physical dimension. However, they are very familiar with each other's energy from "home" and when they meet in the dimension of their crystalline structure they experience a sense of total unity and connection. This crystalline connection, shared by the "brothers and sisters" within the crystal, is the truest form of family connection the autistic experiences as a human. However, he is not able to express it in words because his experience is so abstract and does not belong to this world.

The Avatar consciousness originates in the highest dimensions. This consciousness carries the Avatar energy, which is the absolute divine energy. It can manifest in the crystalline structure as the great masters known to humanity, such as Yeshua, Mother Mary, Buddha, and other teachers that humanity may or may not be aware of. The Avatar energy can also manifest itself in its pure form, with no recognizable context. The Avatar energy is present in everything and is of course woven into every part of the crystalline grid. Each crystalline structure has one point, which is the Avatar point. The absolute divine energy consciousness is present and works with every crystalline structure (those of the autistics and those of humans).

## *The Crystalline Grid*

The crystalline grid is a multi-layered energetic system woven out of elements of light from different dimensions. This grid surrounds the entire earth. However, this is just part of the grid, which is spread out across the universe and surrounds other planets as well. Part of the grid is actually deep within planet Earth.

The crystalline grid works as a selective filter of frequencies, by enabling only light frequencies to go through it. However, there is another grid situated between the crystalline grid and Earth (the shadow grid) that prevents light from penetrating and reaching the planet. The shadow grid was originally created for the purpose of regulating the light coming through to the planet, to enable the penetration of light only at the level which planet Earth could contain at every stage of its development. Humans can contain light frequencies only to the

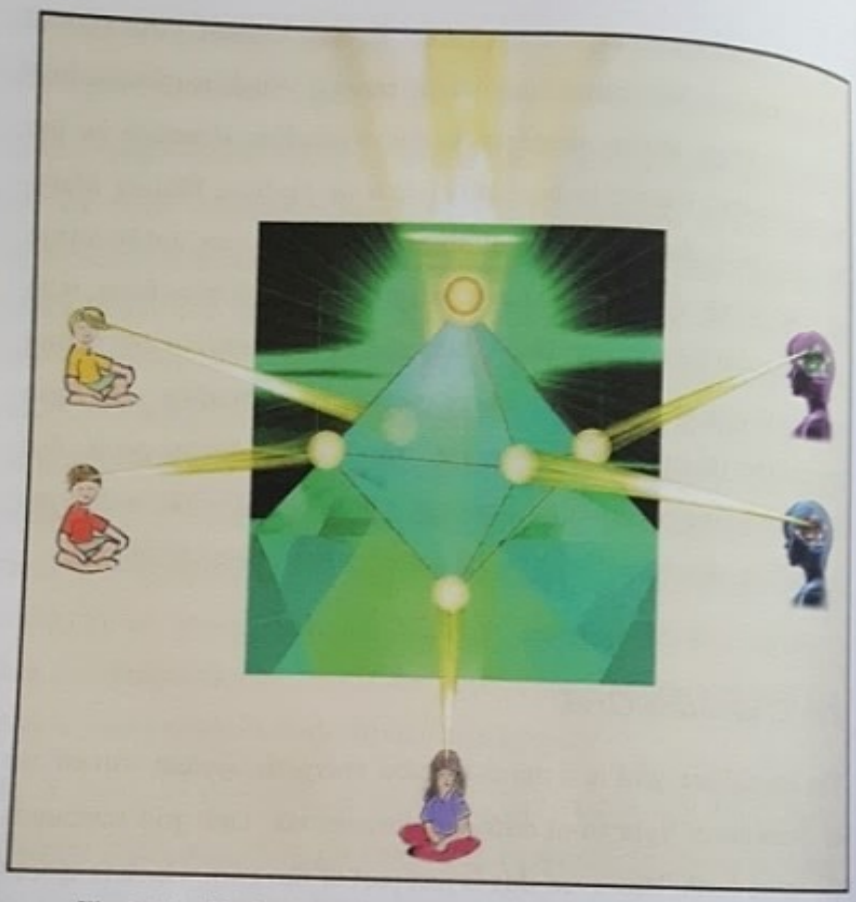


**Illustration No.1:** demonstrating a crystalline structure being activated by 3 autistics living on Earth (on the left and below), 2 Pleiadians (on the right) and the Avatar energy (on top).

extent of the development of their consciousness, and this applies to the planet itself, which explains the need to regulate the light. Up until recently, an unregulated amount of light penetrating into the physical dimension was liable to have been too intense and would have scorched the earth and those living on it.

However, over hundreds and thousands of years, the shadow grid surrounding the earth has become condensed with many entities who

have permanently settled on it, manipulating human consciousness and feeding off frequencies of control, struggle and fear, which abound in the consciousness of humans living on Earth. Thus, the shadow grid is no longer regulating the light energy but actually preventing it from reaching the planet.

At the present time the activity of the crystalline light grid is getting stronger. This increased activity is creating "holes" in the shadow grid, enabling more light to penetrate to Earth. Now, as planet Earth is in its transition to a new and higher consciousness, Earth and those living on it can contain a broader spectrum of light frequencies. The necessity of regulating the light frequencies no longer exists as it did before. The time has come to "shatter" the shadow grid and dismantle the platform sustaining those entities who feed off the frequencies of fear and control so common on Earth. Once the shadow grid is disintegrated, these controlling entities will no longer be able to live on it and they will have to disappear from this field.

## *Games of Free Will Surrounding the Planet*

The entire process occurring around the shadow grid is part of the law of free will, which is the basic law on planet Earth. Therefore, on the cosmic level, there is also room for the free will of those same entities who live on the shadow grid and feed off people's fear consciousness. The only way to get rid of them is to create an uncomfortable situation for them, so that they choose to leave of their own free will. This is done by entities of light, through increasing

the light activity, and this is now the function of many crystalline structures that are situated on the crystalline grid. For this purpose the Pleiadians have sent and are sending themselves to our planet as autistics – to activate, from Earth, as many crystalline structures as possible in the crystalline grid.

When the shadow grid disintegrates all humans on the planet will receive frequencies of light. The manipulations played on their consciousness will cease and their consciousness will develop more easily and will transition into the light consciousness of the fourth/fifth dimension – a consciousness free of fear, control, aggression or lack.

As part of the increased activity of the crystalline light grid surrounding Earth, the Pleiadians have developed and constructed their crystalline structures and have placed them within the crystalline grid. The autistics crystalline structures therefore are directly working to promote the disintegration of the shadow grid. The activation of the Pleiadian crystalline structures needs to be performed simultaneously from the Pleiades as well as from Earth itself. While the Pleiadians regularly activate and maintain all their crystalline structures from the Pleiades, each autistic living on Earth is connected through his consciousness to his crystalline structure on the crystalline grid, and by his very existence activates the structure from within the planet. In this way the activation of the crystalline structures created by the Pleiadians becomes complete and effective for implementing their purpose – disintegrating the shadow grid in order to end the control of the consciousness of the

people living on Earth. Light frequencies will be able to penetrate and the consciousness of Earth and humanity will evolve. And so, without our being aware or noticing any of this, the autistics are deeply engaged in this multidimensional project.

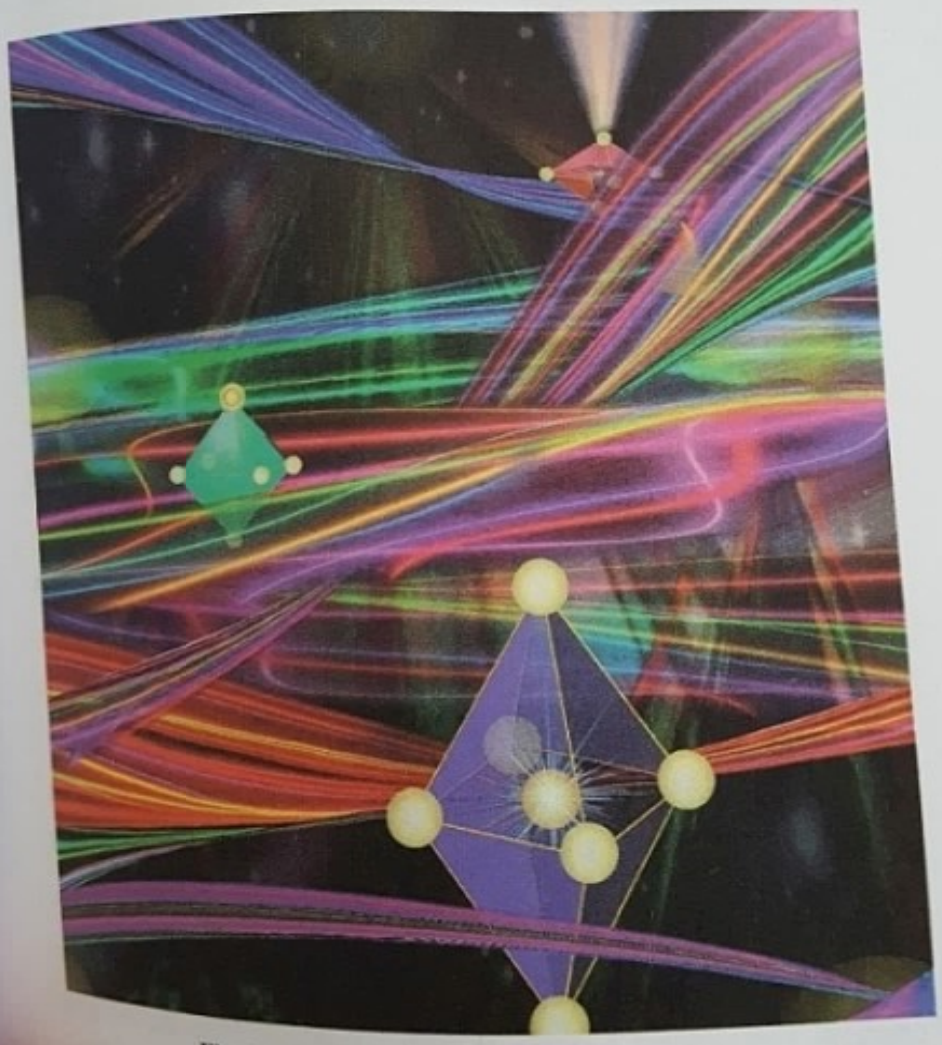


**Illustration No.2:** Crystalline structures embedded into a section of the crystalline grid

## *The Personal Crystalline Structures of Human Beings*

I see my own crystalline structure in a very clear and specific way because I'm the kind of person who needs to delve deeply into details in order to understand things. That's how my mind works. Therefore, through my visual images I manage to go into deeper levels of my crystalline structure and sense those levels. In terms of the physical sensations associated with the structure, I often experience pressure in my head, around the pineal gland (deep within the skull, directly behind the third eye), as well as pressure in my umbilical region, where the crystal resonates very intensely. When the crystal is "at work" within my umbilical center, I experience the energetic umbilical cord that connects my physical body with the crystal. The pressure I feel is the result of my center opening up energetically and absorbing the energy flowing to it from the crystal through the energetic umbilical cord. The crystal appears also in my heart area and at times I sense its intense flow in my spine or base chakra. During 2007 and 2008 I suffered from severe dizziness spells, which were often accompanied by headaches and vomiting. However amazingly, these symptoms would always happen during my free time. I never experienced any dizziness while I was driving, or working. The symptoms were very strong and very unpleasant, but they always occurred at appropriate times. I knew they were related to my energetic work and so, with the help of acupuncture treatments and herbal remedies I strengthened my body and supported the process. The support I received during that time from the therapist who was accompanying my developmental process was extremely vital to me.

Every person in the world has a personal crystalline structure he belongs to. The personal crystals contain a vast amount of personal information. The human mind has difficulty in understanding the essence of these creatures of light, which carry such gentle frequencies and vibrate throughout the universe, working as conscious inter-dimensional energetic bodies that can exist in several places simultaneously. Nevertheless, every person in the world is connected to a crystalline structure. One of the main roles of the personal crystalline structures is to support personal awakening and help receive information and guidance from the soul, as well as to connect us to the soul's highest potentials.

Every person experiences his crystalline structure in a private, intimate and unique way. Even those who are connected to the same crystalline structure and are sharing a good part of their journey will each experience it in a different way. Some people recognize their crystalline structure intuitively and experience it abstractly, without the need to see any shapes or specific details, and yet their experience is incredibly precise. Other people (such as myself) have a visual and extremely detailed experience of their structure. The manner in which the crystalline structure is perceived is related to the individual's personal thought structure, and bears no meaning in terms of the quality of that person's connection with his crystalline structure. One mode of perception is not better than another. Essentially, the most important thing is for a person to actually make the choice to connect with his crystalline structure and work with it, merge with it. This is in fact the inter-dimensional consciousness work. When a human brings his consciousness to his crystalline structure by

applying his conscious choice, he immediately begins to implement inter-dimensional consciousness work.

As soon as a person makes a conscious choice to connect to his crystal, the connection is made immediately. It's as simple as that. Even if it feels like nothing has happened or we don't know where our crystal is. It makes no difference whether a person sees or senses his crystal – making the conscious choice is enough for the connection to occur. And in every moment in which we are making that conscious choice, the connection is made between our earthly consciousness and physical body, and our personal crystalline structure. That's the power of consciousness.

Every time we choose to bring our consciousness to the crystal we absorb the knowledge we are capable of containing at that time. Even if we do not sense it, the moment we create the connection we receive support, guidance and nurturing energy from the crystal. Every personal crystalline structure has a unique formation, and no structure is similar to the next, therefore, each person experiences and receives the knowledge and support from his crystal in his unique own way.

The personal crystalline structures are intended to support each individual's transition to the consciousness of the fourth/fifth dimension, when it is his time to make that transition. Humans who have reached the appropriate stage of their development naturally begin to notice the presence of their specific crystalline structure and start working with it. When a person begins to work with his crystalline structure he will sense it in his own personal and unique

way. It's possible that the person will see the form of his crystalline structure and recognize the existence of the other consciousnesses belonging to it, if there are any (his crystalline family). He may see colors or sense it as an energetic essence that's near or within his own physical body. Perhaps he will sense a hot or cold temperature, a certain smell, or he may experience it in a completely abstract way. In any case, when the person is ready and ripe for it, he will "know" his crystal in his own way, as well as his personal position within the structure. The person will be aware of his choice to be awake and present within his crystalline structure, through his consciousness, and in that way he will begin to participate in activating the structure. No matter how the person experiences his crystalline structure, there will always be a sense of belonging. This is a deep and intimate sense of the self in its pure form, and this feeling is so natural, that all human beings will arrive at this experience in their own time. When all the central consciousnesses in a person's crystalline structure are awake and conscious, the structure is activated. Once the structure is activated, the development of anyone belonging to that structure will be accelerated.

The personal crystalline structures, unlike those of the Pleiadian autistics, do not have a fixed alignment. There is no uniformity in terms of the consciousnesses they comprise, except for the fact that the Avatar consciousness is always present in each crystalline structure.

Your personal crystalline structure may have only one central consciousness – which is you (aside from the Avatar which is present

in everything). Some structures have several earthly consciousnesses and some are composed of both earthly consciousnesses and other light consciousnesses that are in distant light galaxies, such as the Pleiades. However, even if the crystalline structure comprises several consciousnesses, each of them is a completely sovereign crystal within the larger crystal. The crystalline structures of humans change according to the choices humans make on Earth. In other words, any choice made by a human affects his crystalline structure. Crystalline structures can connect and form new structures, or they can break apart, according to the dynamics and choices of those who belong to them. In addition, there is a gentle tissue that connects all the human crystalline structures, because from a cosmic perspective, all human beings are part of one group.

Unlike the autistics, whose consciousness is present in a constant and stable way in their crystalline structures, humans who have become aware of their crystal have to make the conscious choice to connect to it every time, over and over again. The autistics have made one primary conscious choice before they arrived on Earth and this choice is effective and present on a constant and absolute basis. They do not need to make the choice afresh, every time, like we do. Also, humans will have to contend with many hurdles of doubt concerning their crystal and its qualities, while the autistics have no doubts regarding their crystalline structure and their presence within it, as it is their reality, and it is intrinsically clear to them.

Theoretically speaking, humans who are not autistic can also perform this consciousness work through their connection with their

crystal, just as the autistics are doing. However for us, merging with our crystalline structure and getting to know it is an ongoing learning process. For the autistics it is natural and innate. There are currently very few humans on Earth who are not autistic and yet have reached a level of activation similar to that of the autistics. Most humans have not even reached the initial stage of developing their consciousness capabilities. Even those who have reached the level where they recognize the existence of their crystalline structure and are capable of bringing their consciousness to it are not capable of keeping it focused in a constant and stable way over a continuous period of time, as autistics do easily and naturally.

Most humans who have evolved and reached the level of recognizing their crystal are still subject, at one level or another, to the influence of human mass consciousness. Even if they have consciously chosen to disconnect from human mass consciousness, it still affects their ability to concentrate. Many times, without them noticing it, they will be expelled from the consciousness of the crystal and will "fall" over and over again into the idle thoughts of the mind. This is because the human mass consciousness that exists in the planet's atmosphere is very intense and has very dense frequencies. Its effect on human consciousness is extremely powerful, but the autistics are immune to it, thanks to their unique mechanism.

Nevertheless, it's important to note that the consciousness work of "regular" human beings with their crystalline structure, albeit much slower compared to the speed and precision of the autistics' work, is extremely important and valuable. This is because every

person affects the energy of the planet, and thus promotes his own transition and that of the entire planet to the next stage of evolution. In fact, in those moments when a human elevates his consciousness and through conscious choice connects to his crystalline structure, the entities on the shadow grid cannot energetically feed off him or control his consciousness. Therefore, in those moments when the human focuses on his crystalline structure, he is in fact blocking and weakening the entities on the shadow grid.

Unlike the crystalline structures of the autistics living on Earth, which are all situated on the crystalline grid, the personal crystalline structures of humans have no definite location. Some of them may also be on the crystalline grid, while others could exist in any place, be it within Earth's sphere or beyond it, in the galactic expanses. In any case, as the crystalline structures are not physical objects they can exist in several places simultaneously. In fact a part of our personal crystalline structure exists within our body. According to the teachings of Christine Day, the Pleiadian Ambassador, on 11.11.11 every human on Earth received the connection to his crystalline structure, and therefore every human being now has the potential to activate his crystalline structure if and when he consciously chooses to do so.

When a person connects to his crystal and activates it by conscious choice, his physical body starts to contain the higher consciousness and the divine frequencies. Therefore the personal crystalline structure is also connected to the activation of our energetic DNA strands. Through the crystalline structure, which is now connecting

to our body and is activated by our consciousness, our DNA is evolving and so our physical bodies are in fact changing and evolving too.

## *The Connection between the Heart and the Pineal Gland*

The connection to the crystalline structure in humans also occurs through the pineal gland. In people who are highly developed spiritually, the pineal gland begins to evolve and gradually increase its activity, which is when they become aware of their crystalline structure. When the pineal gland begins to awaken and develop it simultaneously synchronizes with our heart energy, as there is an energetic route connecting the two. Thus, when the pineal gland awakens it immediately also activates the heart's energetic activity, and conversely, when we bring our consciousness to our heart area, we will immediately sense that the pineal gland has also been activated, as at a certain stage of our spiritual awakening these two energetic centers always work in unison.

When consciousness evolves the body also responds to this evolution. Therefore, as a result of the awakening of the pineal gland, physical symptoms such as fatigue, increased sensitivity to noise, dizziness (a sense of vertigo), sensitivity in the ears, headaches, nausea and in some cases even vomiting may appear. However, there is no reason to panic, you may not necessarily experience these physical symptoms. In the event that you do experience physical discomfort at one level or another, treat it according to your best judgment and remember that your entire system is undergoing change. We are dealing with

the evolution of our nervous system, and these changes go as deep as the DNA level, affecting the entire physical system.

## *Chapter Summary*

The knowledge presented in this chapter is mainly abstract and unfamiliar to the human mind. Opening up to this knowledge is a gradual process. As you read you may experience resistance stemming from the mind's inability to comprehend the material. This is natural, but it is likely that with time your understanding will expand.

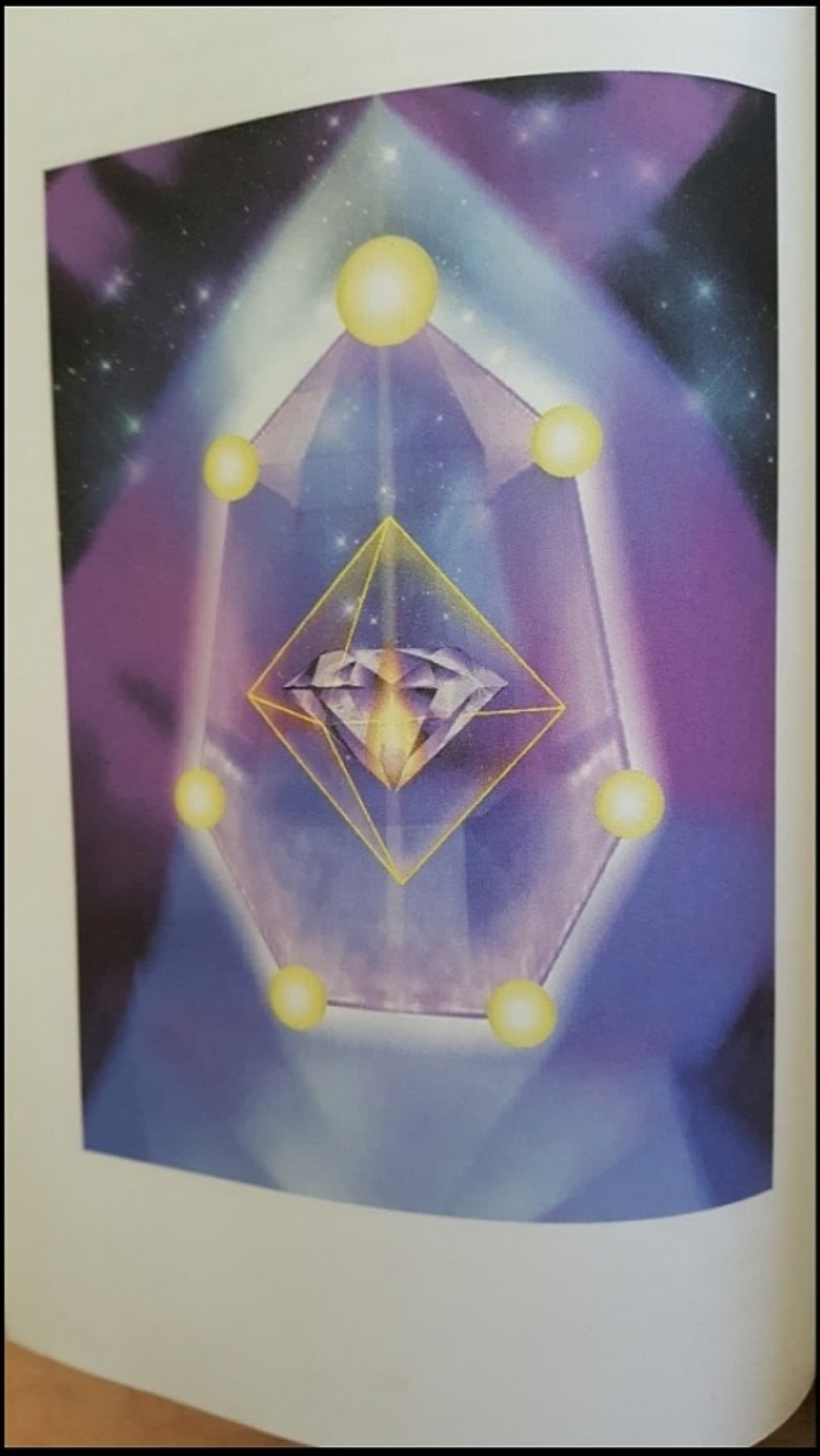
Here is a reminder of the central points that were presented in this chapter:

The autistics have arrived here from the Pleiades on a mission to perform inter-dimensional consciousness work, by activating the crystalline structures that are on the crystalline grid through their highly developed consciousness. This is the primary work autistics perform throughout their lives on the planet. This work takes place under all circumstances, by virtue of their presence on Earth. It involves no effort on their part, it's invisible to the human eye and humans don't yet have the means to measure or assess it. The autistics themselves do not speak of it, as they perform this work in such a natural and innate way, that in fact they are certain that all human beings are in such a state, just as all human beings breathe.

The inter-dimensional consciousness work is serving our planet in its transition to the next stage of its evolution. It requires the ability

to maintain sharp and accurate inner concentration. This is why we need to have the autistics here. They have arrived here from a dimension of higher consciousness for the purpose of service, equipped with knowledge and capabilities, and they do their work silently, 'behind the scenes' of humanity. The human mind cannot even perceive these capabilities and it will take humans a lot more time to reach consciousness capabilities that are similar to those of the autistics.





*Chapter 4*

# *Daniel's Story, Part 1*

*Daniel's story was given to me by Alexandrit to illustrate the knowledge and is not based on real people or events. Its purpose is to plant seeds of future potentials.*

Daniel is a five-year-old autistic boy. He lives in Jerusalem and has an older sister who is regular child. His parents are a young, good-looking couple; his father is an architect and his mother is a yoga teacher. They love him very much, and he can feel their love. Daniel wants to tell them who he is; he remembers the agreement they all made before they came to Earth, but he is unable to - something elusive is blocking him. He senses the distance between him and his parents. He feels his mother's anger, and even though she is always very nice to him, he can feel that she is unhappy with him; she is not at peace and she is never calm. Even while she's practicing yoga, he observes her quietly and notices the frequency of her thoughts. They are angry thoughts. He clearly perceives her unspoken desires; she wants him to be a normal child, she wants him to get better, she's longing for a miracle. He understands that she doesn't remember their agreement and cannot see who he is. He can't find a way to tell her about it. He has no control over the choice that has been made.

And yet Daniel is not frustrated by his mother's state, he understands her distress, but he feels no guilt and cannot even conceive of appeasing her. While normal children would immediately respond to these covert messages and quickly learn to adapt themselves to their parents' desires in order to continue to gain their love and get a sense of existential security, the mechanism of Daniel's brain cannot enable such a response. Daniel has no need for any confirmation of his parents' love for him, as he is aware of it. Moreover, he constantly experiences the love from his original home. There is a great presence that is constantly nurturing him. From his point of view, he simply accepts the situation as it is and spends many hours within his crystalline structure, but he doesn't know how to name this place or state.

From a distance he can sense that something is not right with his parents, but he can do nothing but go back to "that place" – his crystalline structure. The lure of the structure is extremely powerful and he is drawn to it uncontrollably. He stays in his position within the crystal and senses the activation. A great rush of light floods the structure as well as his physical body, his heart and his head. He feels joy. He experiences this joy all the time and mostly does not want to bring his consciousness back to his home in Jerusalem. He loves his crystalline home very much.

Daniel can see his crystal very clearly and loves being in his place within it. Actually, he is sure that all humans have a crystal. Naturally he recognizes his two "crystal brothers," knowing they are on Earth but not knowing what their earthly names are, or where exactly

they are living. After all, his human consciousness is very young: he is a five-year-old boy and not yet familiar with the geography of the planet. In the future he will intuitively know where they are located. However, it is doubtful he will know their earthly names because the earthly crystal brothers will probably never meet on the physical plane; there's no need for that since the crystal brothers are deeply connected on the consciousness level. The whole "family" comprises Daniel, his two earthly "brothers" and the two others who are activating the crystal from the Pleiades, and at the top of their crystalline structure is the Avatar point overflowing with infinite love. Daniel can sense the divine energy through its many colors, constantly protective and embracing.

Daniel doesn't think about the crystal. He doesn't plan or choose to be there. He simply experiences it, and he is always there in his consciousness. Even while he is sleeping he's still, in a way, aware of being there. His crystal is active, because all the consciousnesses who are part of it are active and present. This was the agreement, and the feeling of activation feels absolutely wonderful. Through the crystal Daniel can feel the energy of his Pleiadian home and the immense love coming to him from there. He is extremely happy. He knows in his heart that he will soon be going back home. According to the Pleiadian perception of time, his visit to Earth for the purpose of activating the crystal is considered very short. His days on Earth go by quickly for him, as he uses his consciousness to spend time in his place within the crystalline structure; he doesn't even notice the time going by. He remembers that he needs to take care of his physical body – to get dressed, eat, take a shower and sometimes

go with his parents to all sorts of places to meet people who try to teach him all kinds of things, most of which are meaningless to him. However, this is all done from a distance. It's as if he is observing his earthly life from within the crystal. He has already learned the actions his physical body requires, and often he performs them automatically, while his consciousness is engaged with the crystal. There are times when he needs to stop and remember - has he taken a shower yet today? Has he already eaten his dinner? Although he may have done these things only a short while ago, he didn't notice any of it. Of course he has no interest in playing with other kids or in anything happening around him, because he prefers to stay in his crystal. He loves to be left in peace and quiet and prefers to sit alone in his room. He's learned that when he draws or plays his musical instrument his parents don't disturb him and their frequency slightly improves. When his parents' frequency improves it's easier for him to be around them, so he performs these activities, as they are very easy for him and don't require any effort or concentration on his part. And so he draws and plays his musical instrument so that he can spend time in the crystal in peace. Daniel loves the glowing objects in his room, which glimmer in many different colors (these are the special toys for autistic children his parents have bought for him), because they remind him of the crystal. Daniel also loves to spend time in nature. He loves being in open spaces with no other humans, and to observe all the details Nature created on this planet. He notices the existence of small lives within the great Oneness of life. He observes the processes taking place in trees, between the twigs, the leaves, the insects and the Earth, most of which are

invisible to others, but he does not know this. He also enjoys the company of animals, especially spending time with his dog. This is because there is no need to talk with animals in human language, and they don't bother him.

His tranquility is shattered when people try to pull him out of his crystal by force. They repeat his name so many times in a loud and shrill voice, they invade his personal space with their bodies and he senses their heavy movements. This makes him very uncomfortable and at times it is downright unbearable for him. When they disturb him even more forcefully, he feels waves of anger and anxiety that flood his body and come out in uncontrollable bursts. He is not capable of explaining to them how intensely he feels everything. He doesn't understand why they are bothering him when he has no interest in them. Most times he has to wait for the intrusion to stop so that he can go back to his place and experience the stillness of his crystal. The constant external events exhaust him and are of no interest to him. In his crystal there is no need for anything to happen; in fact, nothing is "happening" there, there is just a silent and constant flow of living energy, and the feeling of continual satisfaction.

At times he experiences the heaviness of his physical body. Fatigue, hunger, thirst, an itch, a stomach ache, these all remind him that he is in fact now living in a physical body. He knows he will need to learn how to live in this world, but he feels like a blind person stumbling in the dark. He is seeking a supportive energy that will help him understand and get by in the strange world that surrounds him. Indeed, this was the agreement he made with his parents. However

he can sense that his parents, with whom he had prearranged his arrival on Earth, have disappeared, and in their place are now two irritable people who always want to disturb him in his mission, instead of helping him, as was planned. And yet the energy of his Pleiadian home accompanies and supports him and so he feels no distress, and continues to keep himself busy. He is only troubled when the disruption coming from the outside becomes very strong, like the sound of vehicles and engines when he's in a car driving down busy streets, or his mother's secret anger.

The moments Daniel loves most are those before he drifts off to sleep. When he's lying in his bed knowing that no one will enter his room and disturb him that day, because they think he's already asleep, he can delve deeper into the dimensions within his crystal. From his position in his crystal he enters a golden pyramid situated at its center. This pyramid is attached at its base to an inverse pyramid, creating an octahedron. The space within the octahedron is filled with the golden energy of the crystal, but this energy is even brighter and more refined. This is a dimension within a dimension, part of the many layers of his crystal. His consciousness floats within the space of the octahedron until it reaches a diamond at its center. He enters the diamond, which is yet another dimension. The sensation changes once again, the diamond holds his consciousness and contains another energy, which also merges with the bright light. Daniel lies down in the center of the diamond. He waits. While he is waiting his body gradually fills up with the energy of the diamond until he completely merges with it. When the merging is complete, his teacher from Alcyone (The main star in the Pleiadian Galaxy)

appears. This is Daniel's personal mentor who has prepared him for this journey and is accompanying him on his path. This is his beloved master.

Daniel awaits their daily meeting. Their lesson is nonverbal – it is a merging, an experience of love flowing from the highest dimensions. It is the experience of becoming full with the presence of All That Is, the presence of home, which is a place of absolute love.

Every morning Daniel wakes up with renewed strength and with the nurturing he received from the merging he experienced. The entire process takes place naturally and he doesn't need to "practice" any of it. This is his consciousness, his innate level of concentration. This is how he experiences himself, and to a certain extent he is still sure that all people have this experience. As he grows up he will learn that this is not so.

* * *

Daniel's parents are still dealing with their pain and shock. Like all parents, they never expected to have an autistic child, and Daniel's autism is considered very severe. They are willing to do anything and everything for Daniel to recover and be a normal child. They invest a lot of resources in his rehabilitation. Daniel gets the most advanced therapies available in the field, but he barely responds to any of them. They love him so much, and will continue to do whatever it takes to make him better.

They have already learned that Daniel is very sensitive to noises and generally keep the house quiet, for his sake. They try to get him to respond and communicate with them in every possible way, but he

remains completely detached. Now his mother is miserable, she has lost interest in yoga, which previously meant the world to her. His father too, buries himself in his work and is almost never present at home. His father doesn't know how to make the pain go away and in his heart he prays that his wife will love him once again, but the truth is he feels lost, knowing there is not much chance of that happening in the next few years. Daniel's mother never stops looking for methods and practices to rehabilitate her son. She doesn't realize that by doing so, she is actually missing out on him. She is so busy in her quest for therapists that she never stops to really see him. She's actually incapable of seeing him in a quiet or relaxed way, without feeling the burning desire for everything to be okay. She is terrified and that's why she cannot see him. In her ceaseless search for the right treatments, she is deluding herself believing she is giving Daniel all she can. She doesn't actually see how much he needs her - her serenity and her ability to accept him, her spiritual vision and the intuitive abilities she has been gifted with, so she can guide him and teach him how to get by in this place – on planet Earth. He needs her support in order to develop, not her giving that stems out of her need to improve him. He needs the spiritual and intuitive support she promised to give him before they both came here (meaning, before they were born).

Daniel will be able to learn from her only when he feels safe by her side - when he feels that she is really letting him be himself. However, as long as she wants to "rehabilitate" him, she is threatening his existence. He doesn't need to get better, he needs guidance and support.

Daniel perceives his mother's consciousness directly and with great clarity. As long as she does not let go of her desire to change him, he will not be able to fulfill his other potentials. The mission for which he has arrived on Earth is happening in any case. His consciousness will continue to reside in his crystalline structure, in the bosom of his crystalline family, as they activate the crystal together. However his personal potentials for planet Earth will remain dormant. Their realization, to a large extent, depends on his mother.





*Chapter 5*

# *The Secondary Contribution of Autistics*

In addition to their primary role, which as mentioned, is the reason for their arrival on Earth, the unique autistic mechanism enables the Pleiadian autistics to make another significant contribution to humanity. This additional contribution has to do with severing the chains of family karma.

## *Old Family Karma*

Normal children get to know the world primarily through their parents. They identify with their parents and naturally adopt their belief systems. At a certain stage in their personal development, some people manage to develop a self-awareness that differs from that of their parents, and may even succeed in disconnecting from identifying with their parents' worldview (or some of it). However, many messages are embedded deep within our subconscious. As children we absorb a lot of information from our parents and inevitably assimilate it.

Along with the great love and huge amounts of useful information, which is crucial for managing our lives, our parents also unknowingly pass on to us elements that are unhealthy, elements that they

themselves are not even aware of in most cases. In fact, they absorbed these elements from their own parents, who in turn got them from their parents, and so on.

Fears, anxieties and lack of trust, feelings of guilt, covert or overt expressions of anger and violence, power plays and aggression, emotional or sexual abuse – all of these are passed on to some extent within every family unit. These sick elements are embedded deep within the cellular consciousness in every human. When we are unaware we pass them on as genetic chains, from one generation to the next. Every time these elements are passed on and generate a reaction, they can also create more karma. This goes on until the parent becomes aware and agrees to see himself without denying what's there. When a parent begins to learn to recognize the covert manipulations he is unknowingly subjecting his child to, makes a decision to cease all behavior that contains an element of energetic abuse, and learns and applies the path of conscious awareness, healing can take place within the family unit. At this point he can begin to conduct himself in a healthy and nurturing way, and this is also when the family karma reaches completion.

Some tend to think that these "sick" elements only occur in underprivileged families, in areas full of poverty and distress, but this is not so. In poverty-stricken areas these elements may be more blatant and obvious, whereas in developed areas and in "good" families, these elements are better kept concealed. However, they exist in one way or another within every family unit. I for example, grew up in a "good family," but my mother planted a lot of fear and

guilt within me. She never did this with conscious intent, as she is a good and kind-hearted woman. However, she will probably never be able to understand and acknowledge the results of our relationship, and she is likely to remain in denial, defensive, and continue to claim that I am the one who is distorting reality.

Control (conscious and unconscious) has been a part of human interaction throughout the generations. At some level we are all afflicted with the desire for it. The family habitat is the foundation for a human being's development. Within it, dynamics in which parents unconsciously feed off their children's and each other's energy are prevalent. Using guilt is one of the most common ways to energetically abuse children. Many parents, from all social strata, use guilt on a daily basis without being aware of the power and effect this dysfunctional conduct has on their child. Children cannot shield themselves from this emotional manipulation and are forced to absorb it and generally assimilate it. Later on they themselves will unconsciously use these tactics on their own children.

Emotional manipulation is often suppressed or covert, making it difficult to recognize and put an end to. However at this time, the consciousness of people on Earth is beginning to awaken, and many parents are confronting their deep urges regarding control. More and more parents are becoming aware and are managing to release their children from the ancient karmas of guilt, existential fear and control, and are allowing their children much more freedom of thought and self-expression. In addition, the children arriving here at this time are helping their more conscious parents, as these

children are endowed with great wisdom and capabilities of the "new energy." These children of the new age have a natural resistance to control. However, relative to the entire population of planet Earth, only very few people have awakened at this time and are managing to heal the family unit.

Severing these family chains involves emotional challenges and requires great strength of spirit. These family bonds are generally very strong soul connections. What we call "blood ties" are actually even deeper ties that have existed between the same souls over many lifetimes. The natural tendency of humans is to stick to the same habitat, to identify with their family members and adopt the mode of conduct prevalent within that habitat. Many times, even if we have to pay a heavy psychological price for it, we prefer to stay in an environment that is considered supportive, familiar and safe.

Furthermore, there is still a taboo within human consciousness regarding "family ties." In most cultures the family is still perceived as providing existential protection and is considered the most important thing, which must be guarded at all costs and under all conditions. All this makes it very difficult for humans to release family karmas, which have now reached the time for their conclusion.

However, you must understand that now, as a result of the accelerated change planet Earth is undergoing, there is an urgency to break the genetic chains related to karmas of control. Humans who continue to hold on (consciously or unconsciously) to energies of power and control will not be able to enter the gates of the new consciousness through which Earth is transitioning.

As we approach this transition, the family unit is one of the primary structures on Earth that must undergo a transformation. The accelerated disintegration of family units is also an expression of the fact that the elements of energetic control must now cease, for they will not be able to endure in the high dimensions.

The term "soul ties" refers to connections between souls who tend to reincarnate into the same biological family over many lifetimes. The same souls choose over and over again to live together in the same environment and continue to learn joint life lessons. Some of these lessons take several lifetimes to be learned.

At this time, many people have reached the stage in which it is right for them to separate from the group of souls who have accompanied them on their journey for many lifetimes. There are cases in which one person is ready to release his soul ties because he is ripe to move to a higher level of consciousness, while the other group members have not yet arrived at that level. This renders them incapable of supporting the growth and changes taking place within the individual who has ripened. Naturally, the group will try to prevent the change. In these cases, it might be right for the person ready to evolve to separate from the group (in one way or another), as the group's lower frequencies and its resistance to change will hinder his journey and therefore weaken him. A person yearning for spiritual growth feels the need to move forward on his journey and rendezvous with people who resonate at levels that are right for him and can support him on his path. These would be empowering people, alongside whom he could continue growing and evolving. However, even if the separation is right and appropriate, and even if it has been previously

agreed upon, it is extremely difficult for humans to go through with the separation on the physical plane, and especially to separate from family members with whom they have "soul ties."

### *How Autistic Children Bring Family Karma to an End*

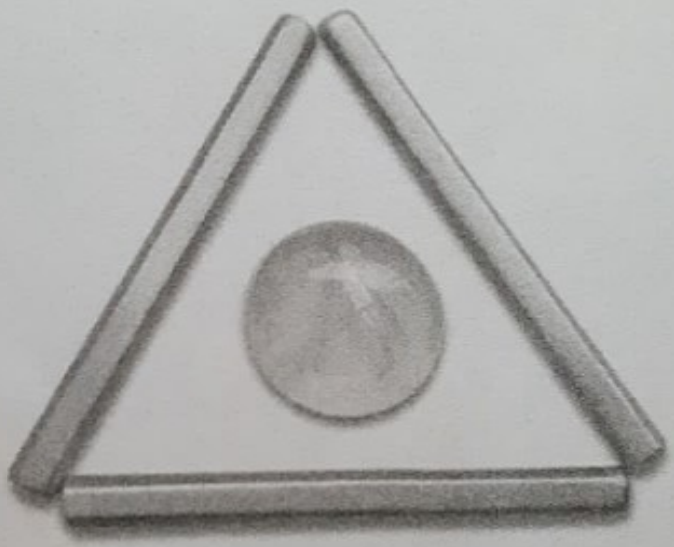
Autistic children are born into family units and do not respond to those same elements of power, control and guilt. Whether these elements are overt or covert, the autistic mechanism cannot absorb them or enable a response. Thus, by their mere existence, autistic children bring family karma to an end. This occurs firstly because they possess a very high light consciousness, and cannot perceive anything that does not match their high frequency. They can only absorb the energy of love and acceptance from their parents and their environment. Generally, their consciousness will not grasp any other lower frequency energy, such as fear/guilt/abuse/control etc. In other words, autistic children will never assimilate frequencies that are not light frequencies. If and when they respond to harsh energies, such as by having outbursts, it stems from the fact that they cannot bear these energies and they repel them out of their space. Secondly, remember that any response to manipulation constitutes a further manipulation, which perpetuates the karmic chains. As long as a person reacts to emotional manipulation he perpetuates the karmic chains, but when there is no reaction, such as in the case of autistic children, the karmic chain is brought to an end.

This is how the autistics serve in ending the karmic chains of the family they were born into. In families in which there are two or more

autistic siblings, this is not coincidental and there is an important reason for it. Such a family is likely to contain harsh and ancient karma, which requires more than one family member to bring it to an end. At times the karma may be linked to several previous generations and not directly related to the parents of the autistic children, who are the last link in the intergenerational chain. Difficult events may have occurred in the distant past of the family history, events which are not even known by the family members, as most difficult events are suppressed and hidden. Yet the energy of these events continues to be passed on at the cellular level from one generation to the next. It is likely that autistic siblings arrive in order to bring resolution to an event that took place many years back within the family dynasty, an event that (on its energetic level) is now asking to be resolved. Thanks to their autistic mechanism, the autistic children are the natural block within their family unit, a barrier that ends the karmic chains, particularly those related to emotional control and manipulation. In this way, and in light of the fact that the number of autistics on Earth is rising, they are creating a new energetic imprint on the planet, which carries the frequency for ending control-based relationships. This imprint is being energetically impressed and assimilated into the frequencies of Earth and will support the planet in its transition to the new consciousness. This new energetic imprint the autistics are creating on Earth is also intended to help souls who are "stuck" in the old patterns of control, and will help them free themselves and continue on their journey towards the new consciousness.

When the family becomes aware of these facts and of the autistic children's important contribution to the family, the members of that

family will be able to enjoy the resolution of karma in this current lifetime. The opportunity for breaking the karmic chains carrying the intergenerational history is available to the current generation, and not only for the next. The implication of this resolution is the evolution of the entire family unit, and a shift into relationships that are not based on emotional manipulations or abuse, but structured around the essence of allowing and honoring the personal journey and needs of every individual within the family unit.





*Chapter 6*

# *The Other Knowledge of Autistics*

Temple Grandin is an autistic, born in the United States in 1947. Today she serves as a professor at Colorado State University. Grandin is a world-renowned expert in the field of livestock, who became famous as a result of her ingenious and breakthrough designs of livestock facilities. She has published many books, both on the subject of autism and on topics related to animal behavior.

Temple Grandin contributed new knowledge to humanity. This is a different kind of knowledge; the type a regular person would not have been capable of bringing in. Temple Grandin is an autistic and therefore not influenced by the way humans think. She has a different way of thinking; she thinks in pictures. In her own unique way she brings into the world what she simply knows and sees. Thus, she was able to see the inner world of livestock and understand its needs in a way that could only be done by someone who is completely detached from conventional modes of thought. The extraordinary Grandin intuitively remembered her knowledge from "home," and because she was provided with the conditions and support that enabled her to express herself, the academic world and the American livestock industry could benefit greatly from her work.

Like Temple Grandin, there are other autistics who express their unique knowledge, which is considered a form of genius. A look at

their parents reveals that they provide their exceptional children with support stemming from a level of consciousness of complete, true and honest acceptance. These parents are not driven by the need to change or rehabilitate their children, but guided by the full intention of supporting their child's uniqueness.

At the time I was writing this book, Alexandrit "sent" me to see the film that was made about Temple Grandin (an HBO production based on Grandin's life, titled "Temple Grandin," released in 2010). While I was randomly perusing the Internet, a link to the movie appeared on my screen. Up until then I didn't know who Temple Grandin was and I was unfamiliar with her story, but I knew at that moment that I had to see the movie.

The first feeling that came up for me while I was watching the film was jealousy. I was jealous of Temple because of the support she received from her mother. I had been crying out for that kind of support from my own mother, who was never able to see who I was and what my needs were. The messages I received from my mother, both verbal and covert, were always, "Be normal, get married, have babies..." and "Please, just do this for me..." and especially, "Be like me...." Throughout my whole life I had a deep sense of loneliness; I never felt that my parents loved me for who I truly was. On the contrary, as a child I learned that in order to gain love I had to meet the standards of others. For many years I was involved in an inner struggle between being the person I wanted and needed to be, and being who my parents wanted me to be.

Temple Grandin is an example of someone who received complete support from her mother. This was a direct result of her mother's

level of consciousness. Her mother enabled Temple to be who she was meant to be. Temple sensed the security her mother held for her, which enabled her to reach the stage of expressing and realizing her own field of interest and knowledge. Temple's mother could never have imagined her daughter would choose to explore the field of livestock of all fields, but she created the conditions that provided her daughter with a safe space for expressing herself.

## *The Autistics' Personal Potentials*

In the Pleiades, before choosing to volunteer to come to Earth as a human with a Pleiadian-autistic mechanism, every Pleiadian has his own unique field of interest. They choose this field based on their personal interests and passion and they explore and develop it. Any work done by light beings is always performed out of a choice for self-fulfillment, which manifests in a sense of complete satisfaction and an enhanced experience of joy. The work always stems from personal choice and matches the spectrum of the individual's personal needs. In highly evolved galaxies such as the Pleiades, there is no judgment regarding personal choices, only an appreciation and honoring of every choice, as all choices made in these dimensions serve the divine essence. Each entity chooses the field of activity or way of being that will bring it the most happiness and satisfaction, and all ways of realizing the self are appropriate.

Pleiadians are capable of absorbing and processing vast amounts of information, at a level and speed the human mind cannot conceive. They have direct and unlimited telepathic access to the libraries of

information on Alcyone, which is the central star in their galaxy, as well as to information exchanges with other galaxies. All autistics who arrive on Earth carry with them the potential of the information that they have been studying and developing throughout their Pleiadian lives. As mentioned, they arrive here for one lifetime only, which they consider a visit or a "work trip." It is only a small part of their consciousness that they bring to Earth, while the main part of their consciousness actually remains at home, on the Pleiades. Through the crystalline structure their earthly consciousness can draw information from their primary consciousness on the Pleiades (in this way the crystalline structure serves as a relay station). The information developed by the Pleiadians is of a type that does not yet exist on Earth. It is highly advanced information, which the normal human mind cannot yet think about or process.

Thus, another mission of the autistics is to bring in new knowledge intended to promote and accelerate the evolution of science on planet Earth. Regular humans also carry many potentials of knowledge, some of which is highly valuable and groundbreaking in terms of human evolution. However, regular humans still think in patterns of language and words. Even if a human being's thinking is essentially different from the mainstream, and even if it is bold and daring and does not follow conventional logic, it will still be a product of the human mind. And even if the human mind perceives an idea arriving from sources of higher intelligence, it will still have to translate this idea into words, and most likely will attempt to understand it. On the other hand, the knowledge the autistics carry is inter-dimensional, arriving from the ninth dimension and what is referred to as "the very

distant future." This is knowledge the regular human mind is not yet capable of translating, even if it can perceive it in some way. As the autistics possess, among other things, mental capabilities that are very different from our own, they can bring forth information which humans cannot yet bring forth themselves.

The possibility of realizing these potentials of Pleiadian information is embodied within every autistic. However, unlike their primary and secondary missions, which will be realized in any event, the realization of these personal potentials requires certain conditions that have to do with the relationship autistic children have with their parents.

At present, not all autistic children are managing to realize their personal knowledge. Their personal potentials can be realized only when the parent's consciousness enables the autistic child to stay connected to his channels of information and bring them to planet Earth in his own unique way. First and foremost, this requires the parent's complete acceptance of his child. This is the first condition. When a parent's consciousness is in resistance to autism and his resources and passion are directed towards rehabilitating and changing his child (trying to make him as normal as possible), these potentials are blocked. It is important to note that the required level of consciousness has nothing to do with the amount of love felt and directed towards the child. A parent may feel great love for his child and still not be capable of making peace with his child's autism and fully accepting that his child is different.

This required level of consciousness, which is beyond the level of thoughts and emotions, is the level of consciousness, which, among

other things is connected to soul choices. Conduct on this level of consciousness is abstract. In this state of acceptance consciousness there is a sense of making peace with life, with no resistance to what life has brought us and without the sense of being a victim. Of course achieving acceptance consciousness is an ongoing process, but the moment the parent has a true and honest intention to evolve to acceptance consciousness, the autistic child perceives it and responds to it. At this point the child's personal potentials will begin to actualize.

The state of acceptance consciousness does not require the parent to avoid or withdraw from certain feelings. This is because this level of consciousness resides beyond the level of emotions. This means that there is room for all of the parent's emotional difficulties, including the harsh feelings of anger, shame, rejection, sadness, frustration and disappointment. These feelings are legitimate and natural, and it is important to acknowledge them and learn to feel them, because that is the only way for them to be released. When a parent suppresses and denies these emotions, his level of consciousness remains blocked to the state of acceptance – even if his heart is full of feelings of love for his child and his thoughts are positive. It is actually the ability to feel all these difficult emotions, with no judgment and without the fear of being overtaken by them, which enables consciousness to achieve a state of total acceptance. An emotional therapist will be able to assist the parent in dealing with these emotions and help him achieve the level of acceptance consciousness for his child.

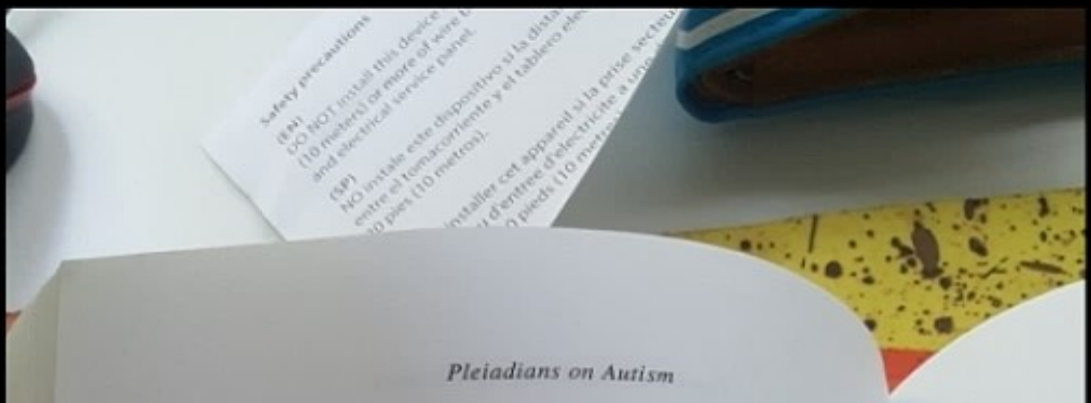
And so, the first condition for an autistic child to realize his personal potentials depends on the parent's level of consciousness, which

must be one of true acceptance of his child. Only from this level of consciousness can the parent provide the kind of support his child needs in order to fulfill his personal potentials.

## *Support versus Rehabilitation*

The Pleiadians wish to emphasize the fundamental difference between support and rehabilitation, and the significance this holds for autistic children. First, let it be noted that from a Pleiadian perspective autistics have no need for rehabilitation. From their point of view their mechanism is completely intact and is operating at the precision and effectiveness at which it was designed to operate. Humans are unaware of the inter-dimensional activity and functions taking place at the autistic level of consciousness, and therefore mistakenly tend to interpret the communicational disconnects as a condition requiring rehabilitation. Under the concept of rehabilitation, the human is considered the "correct" model, and therefore the autistic needs to be "fixed" so that he fits into the proper mold. However the Pleiadians wish to expand human awareness; they are calling for us to use our hearts to become aware of the new possibilities presented here. Agreeing to adopt a new approach that recognizes a different (and more advanced) model existing within the human species will enable us to develop the capabilities of support these autistic children require.

In essence, the support autistic children require has to do with guiding and preparing them to deal with life on Earth. This reality is foreign to them, and they lack the natural ability to read and





interpret it. They need teachers who will guide them in interpreting and understanding the intentions of regular people, how they think and how to fit it among them. They need support that stems from absolute acceptance and honoring, and not out of a desire (be it overt or covert) to "fix" them. They are foreigners here, and because of their isolating mechanism they are unable to grasp and understand the rules of life in the way that regular people grasp and learn them. They need guides to assist them in developing tools and finding ways of dealing with their heightened sensitivity.

The Pleiadians note that there are currently some very good and dedicated therapists working in the field of autism, who use very appropriate and beneficial methods of therapy. However, the therapeutic starting point has to shift to a new place. This relates to a shift in the parent's level of consciousness, which is crucial to the development of the autistic child. The most advanced therapies and therapists will not be able to fully promote the autistic child's personal potentials unless there is a fundamental shift in the parent's consciousness, and it reaches the level of the soul agreement made between the souls of the parent and child. This is the foundation for the special kind of support autistic children require. Without this foundation, the support network will function only partially and the personal potentials will not be realized at their highest levels.

## *Keen and Precise Perception*

All children have a natural perception of their parents' consciousness. However autistic children perceive it in a more accurate way.

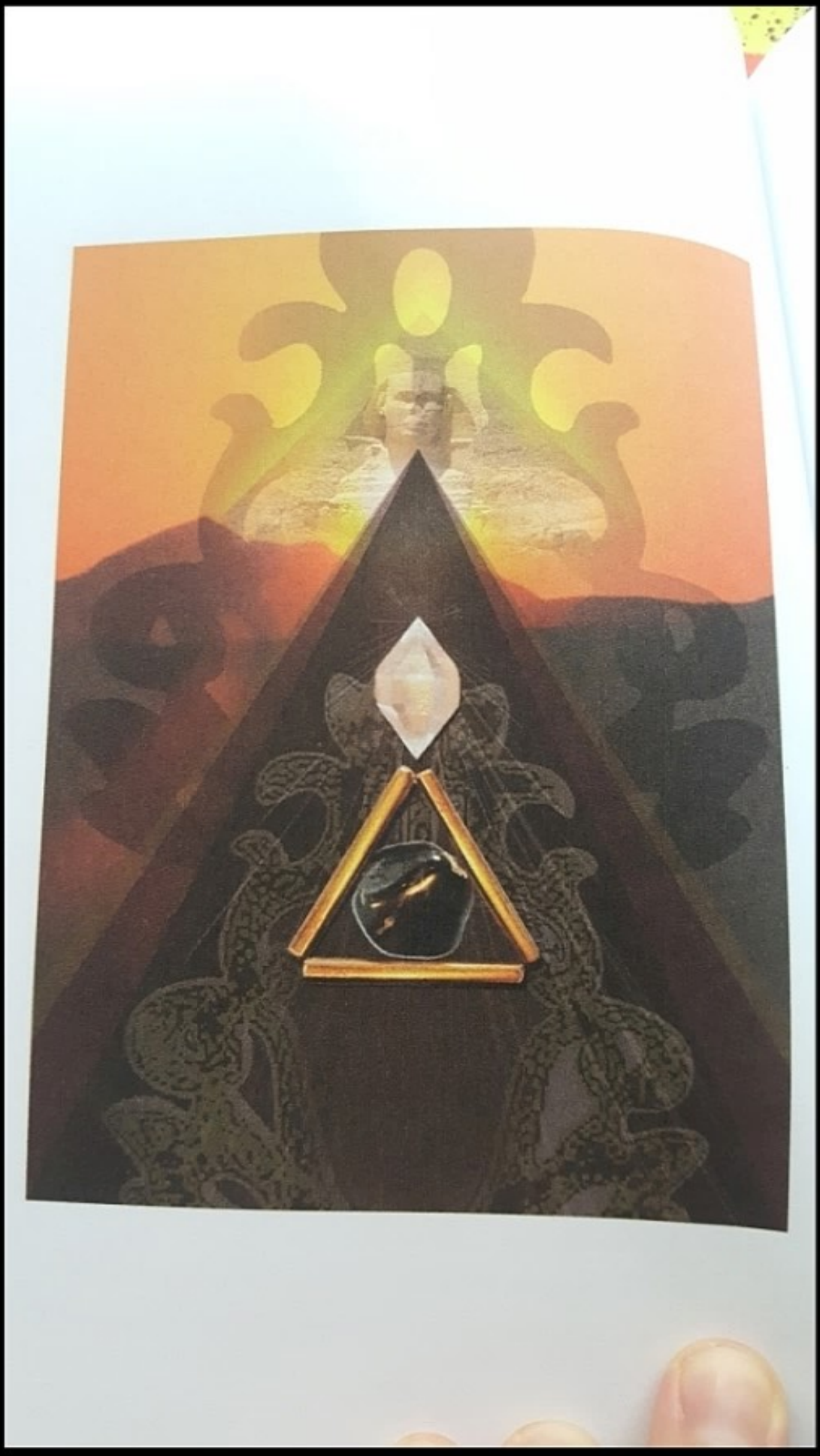
Autistic children can perceive their parents' intention in its initial stage. In fact they perceive their parents' thoughts even before their parents have consciously "thought" them. This is because their level of consciousness is deeper than the level of verbal thought. Their perception is more keen and precise than that of regular children. They clearly pick up on the most subtle nuances in the fluctuations of their parents' consciousness. There are advantages and disadvantages to this. The most significant advantage is expressed in their ability to perceive their parents' intentions of supporting their unique path; then they can find ways to express themselves and bring forth their knowledge. The disadvantage is that because they can perceive every nuance in their parents' consciousness, any lack of acceptance on the part of the parent, even if it is extremely well hidden, will present a barrier to them.

At their level of consciousness autistic children remember the soul agreement they made with their parents ahead of time, and they are waiting for this agreement to be fulfilled. In order to fulfill the agreement the parent must rise above his earthly/human desire and see or sense the desire of his soul. That is when his consciousness level will enable his child to fulfill his personal potential. In most cases, the parent's consciousness contains all the expectation parents generally have of their children. The parent's consciousness is full of desires and dreams for his child. When the parent manages to transcend his expectations, move through a period of grieving over his lost dreams and agree to see his child in a new and different way, the parent's consciousness will begin to act like a code, much like a key that unlocks the door to fulfilling the child's personal potentials.

When it comes to these potentials, the child himself is the only one who knows what they are. He is the only one who knows the field he is developing and what knowledge he can contribute to humanity. In some cases this will be groundbreaking knowledge, while in others it will be knowledge that is held at the child's level of consciousness to support other breakthroughs. Both types of knowledge are equally important.

When the appropriate conditions are provided by the parent's level of consciousness, the child will find the ways to express what he needs in order to fulfill his potentials. When he senses confidence and is free of the pressure being overtly or covertly placed on him by his parent, he will reveal in his own way the field he wants to work on and which he would like to explore and develop. The parent has no concept of what his child's potentials are and therefore cannot guide the child towards them. The parent can only provide his child with a safe space through his own (the parent's) consciousness. The field chosen by the child may take the parent by complete surprise, so the parent must be open to his child's choice and not try to influence him or be judgmental of that choice.





*Chapter 7*

# *Soul Agreements between Parent and Child*

I always felt strange and different in the family I was born into. I never felt I was like them, and I grew up feeling that no one could see me or know who I am, including my mother. For many years, as I was on my spiritual path, I asked myself why I chose to be born to these parents, and I never came up with a satisfying answer.

I spent my whole life waiting to get married, have children and build a home. I was sure that was what I wanted, and I was certain it was going to happen. But no matter how much effort I put into making it happen, it just didn't work out. At the age of 42 I found myself in a situation that was the complete opposite of everything I had dreamt of. My relationship with my family was severed, my second marriage fell apart, and I had no children. I was angry at the world and extremely angry with my soul and with God. I wanted to die. I didn't want to live if I wasn't going to have what I wanted and what I believed I needed.

I was unwilling to see my soul agreement because it didn't fit in with my earthly desires, passions and belief systems. I held on tightly to my earthly aspirations, refusing to let them go. For many years I pushed my inner knowing about my soul agreement away until the moment came when I was ready to wake up and see it. Out of my

suffering, my spiritual vision opened up and I could clearly see that my soul had chosen these parents so I could manage to separate from them in this lifetime. When I realized this I felt tremendous pain, yet I was able to contain it. As I could remember previous lifetimes I had shared with my parents, in which I could only leave them through my own death, I understood that this time my soul had chosen to release this relationship consciously while I stayed alive. My internal struggle was huge because my impulse was to die, but I understood that my soul had chosen these parents once again so that I could separate from them and continue my life on my own path.

When a person reaches his inner knowingness of his soul agreements, there is absolute clarity. This knowingness does not stem from the mind or from reason, but from the depth of being. And so I realized that my parents were playing their part under the agreement and were doing what my soul had asked for. However, I could also see that as part of the agreement, my parents also had a choice; they could choose *how* we would realize this separation. Some soul agreements are absolute, yet within them they contain several options for how they are going to be fulfilled; certain choices offer opportunities for evolution.

Over the years I had opened many doors for my parents through which they could have developed their emotional support of me, yet they never stepped through these doors. The last door I opened for my mother was when we met for a session with my therapist. In this session I read my mother a letter in which I had written all the things she had done throughout my life that had hurt me greatly. In

the presence of my therapist, who was there to support us both, I revealed to my mother my most painful wounds in my relationship with her. However my mother was incapable of acknowledging what I was saying. She claimed I was distorting reality and she denied and suppressed everything. At the end of the session I asked that we not be in touch for three months. The therapist helpfully advised us to each put down in our appointment calendars the exact date on which we would renew contact. The therapist emphasized that that day would be meaningful for us, as it would hold the potential for a "mother-daughter healing transformation." Those three months were unbearable for me, and I eagerly awaited that day of healing. On the appointed day, my mother didn't call me. I was crushed. I had been waiting for her phone call all day. The next day I called and asked her why she hadn't contacted me on the day intended for our mother-daughter healing. Her reaction made it clear that she had forgotten about it, even though it was written in her appointment book. Once again, my mother placed the responsibility on me. She complained that I had no idea what an exhausting day she had had and how difficult things were for her… She also childishly refuted by asking why I hadn't called *her* that day. My heart was bleeding in anguish and bitter despair. That was the moment I realized that I could no longer expect anything of my mother, as she deeply identified with her role as a victim. To this day, as I write these pages, she is still not ready to move forward and step out of her victim consciousness. The other members of my family, my father and two siblings, also cultivate her role as a victim by supporting the view that my mother is very poor and that I – her daughter – have wronged her. I suppose that as

the day scheduled for our "mother-daughter healing transformation" passed by unsuccessfully, the window of opportunity to fulfill our soul agreement by experiencing mutual growth has closed.

Perhaps the separation from my parents could have been completed with my parents' support. I was different and I needed their understanding that I had to break free and find my own unique path. But once that window of opportunity had closed, the only way for me to fulfill the agreement was by severing relations.

Some parents can bless and accompany their child on his path to freedom. They can support their child's unique journey, even if the child's path is radically different from their own. This ability will always lead to huge personal development for the parent himself. Apparently my own parents were not able to do this, and so the separation occurred in a more painful way, which involved a lot of anger and hurt. At the same time, I have come to understand that I too was unable to disconnect from them "quietly," without all the emotional drama. The anger coursing through me served me in that it helped me distance myself and fulfill the choice of my soul. This is how I eventually came to understand that I had to honor my human limitations.

My ability to see my soul agreement led me to end my inner struggle. The anger I felt about my parents gradually dissipated and I managed to find within me the ability to forgive them. Also the guilt I had over my decision to disconnect from them subsided. I could go back to feeling the love between us. However, I could not go back to being in contact with them.

On the level of my personality, I would never have consciously chosen to walk down the path of my soul agreement. However at a certain point, once I acknowledged my agreement, I understood that if I made the agreement then I must be ready for it. This realization gave me the strength to move forward and release my past, including my personal desires and all my previous plans.

* * *

No parent asks for an autistic child. And yet autistic children are not born to their parents by a random act of chance. Every autistic child is born to the specific parents with whom he has made a soul agreement before they all came to Earth. Even if the parent is unaware and can't remember the agreement, his soul has made the contract with his child and has chosen this experience. For the soul, the choice to be the parent of a Pleiadian autistic child provides the opportunity for an earthly experience that embodies one of the highest potentials for personal development.

The child's soul makes the agreement with both parents of course. However, a separate agreement is made with each parent. One parent chooses to be the dominant one, and between this parent and the child there will be a unique consciousness connection that will be particularly significant for the child's development. This is because the dominant parent carries unique knowledge for his child.

When the agreement is made, the dominant parent agrees to be the child's primary host and guide on planet Earth and therefore he carries precise and unique information specifically tailored to his child's

development. This knowledge cannot be learned by external means; it exists within the dominant parent's consciousness. The dominant parent can activate this knowledge by developing his intuition and the ability to listen to his internal guidance, as well as by raising his level of consciousness. When the dominant parent connects with his intuitive capabilities and acts out of the inspiration he receives, this unique knowledge will work like an activation code for his child. The support of the dominant parent is crucial for the child. When the consciousness channel between the dominant parent and his child is active and properly attuned, the child will be able to realize his personal potentials. In other words, the realization of the autistics' personal potentials depends on the consciousness development of the dominant parent.

As mentioned, the energetic support from the dominant parent is specifically customized to meet the unique needs of the child. It is a basic condition for the autistic child's life on Earth. However, this condition is not always fulfilled, as the parent does not always remember the agreement and therefore may not manage to provide to the child the energetic support in the way the child requires. In fact this is what happens in most cases - the parent doesn't remember the soul agreement, and so throughout his life he does not reach the level of consciousness where he knows and understands that he has chosen (at the soul level) to be the parent "hosting" this special child, a child on a mission intended to support the evolution of our planet. Thus, most parents don't reach the stage of activating the "code" – the unique knowledge embedded in their consciousness intended to serve their child's unique development.

But when beginning their parental journey with their autistic child, an opportunity for significant development becomes available to both parents. This opportunity will remain available to them throughout the entire life of their child. Both parents have the opportunity to significantly develop through their relationship with their child, but only the dominant parent can significantly promote the child. The dominant parent knows in his heart that he is the dominant one.

## *Agreements Made between Facilitators from the Pleiades, the Dominant Parent and the Autistic Child*

The Pleiadians have taken upon themselves the responsibility of supporting the transition of humans to their next level consciousness. They are committed to supporting every human who chooses to raise his level of consciousness. As mentioned, part of their mission is to support the changes and development of our planet. They arrive here to work from the planet itself, and for this purpose they have created a model that enables the high Pleiadian consciousness to be contained within a human body – we call them the autistics.

As the Pleiadians are aware that the hosting parent is unlikely to remember the soul agreement he made with his child, they created additional agreements. These are agreements made between facilitators from the Pleiades and the parent's soul. The parent's soul knew it might not remember the agreement with the child and that it would need help from the Pleiades. So when the parent is ready to raise his consciousness to be closer to the consciousness of his autistic child so he is able to provide the support his child

requires, the Pleiadians are ready to assist him. They will act to help the parent's consciousness awaken and open up only if and when the parent agrees to accept their help. The Pleiadians cannot help the parent without the parent having made this choice and given them permission to work with his consciousness.

Alexandrit works together with the Pleiadian group in charge of supporting the parents of autistic children, based on the agreements that were made. As she is the Pleiadian aspect of my soul, Alexandrit is connected to me and works through me. However, she is not the only one working with the Pleiadian group supporting these parents. There are other channels through which the facilitators provide this support.

The facilitators from the Pleiades initiate, awaken and enlighten the parent's channel of consciousness. Once the parent has agreed and given permission, his consciousness will gradually open up and he will begin to intuitively remember the information related to his child. Parents who feel the call to receiving this energetic work, because their heart has called them to it or based on a deep intuitive sense, are in fact operating according to the agreement they made with the Pleiadians. They are receiving the help their soul has asked for and to which they are entitled under the agreement.

## *Opening Up to Living by the Soul Agreement*

Regular children can develop even without their parents support, or when this support is only partial. For regular humans, in some cases a lack of parental support at one level or another can even promote

and accelerate their personal development. When regular children grow up, they can find other figures in their environment to take the place of their parents, be it a teacher or a therapist, a partner or a good friend, and these people will provide the support required for the person's development. However, autistic children will not be able to develop their full potential without the energetic support of their dominant parent. The dominant parent's energetic support is absolutely crucial in order for autistics to develop their personal potentials. Without this energetic support the autistics' earthly development will be stunted. Of course they will fulfill their primary mission (activating the crystalline structures) and their secondary mission (ending family karma), but their ability to realize the full scope of their personal potentials is likely to remain limited.

Unlike in the case of regular children, there can be no substitute to replace the dominant parent's energetic support. That parent is the only one who can provide the autistic child with the unique support the child requires. The dominant parent is the only one who can activate the knowledge through the energetic channel flowing from the level of consciousness.

Therefore, the connection between the dominant parent and his autistic child is singular and unique. It is one of the most profound agreements made between souls. When this agreement is fulfilled it brings about huge personal development for the parent. This is one of the greatest gifts that a soul going through its earthly lessons can receive. This means that for the parent, agreeing to give up earthly desires and passions and surrendering to the soul's passion is a choice that will lead to a significant leap in personal development.

However, this is not an easy process, as it requires giving up the earthly choices. It requires us to leave behind all the old dreams and to devote ourselves to a higher will. And although this higher will is the will of our soul, we don't always feel that it is ours. It often appears that this higher will is God's will and not our own.

Many times this process involves feeling grief over the loss of our earthly aspects and all the dreams we liked to indulge in regarding our children and life in general. Therefore, what's required of the parent is to develop the ability to listen to his inner guidance in a true and profound way, to agree to deal with the truth he encounters within himself and to be willing to surrender, release and change his belief system.

Agreeing to see the soul agreement and choosing to live by it is not a simple process, and it will take time. The autistic child, being different, special and having exceptional qualities, provides his parent with the opportunity of raising the level of consciousness and self awareness and presents the parent with a challenge relating to a deepening of the parent's relationship with himself.

If you have an autistic child, know that this was your choice and that you have made a soul agreement with your child. Autistic children don't just show up out of the blue, without there being an agreement in place with their parents. And if you have made this agreement, then apparently you are ready for it. Moreover, apparently you must be worthy of it! Remember that the autistics are high light beings who have come here to help us evolve. If you have an autistic child, your life will change, and all the plans you made will change too.

*Know that your soul has asked for this change – this huge change that capsizes all the plans you had up until this point in your life. The worldview you held will change, your sense of proportion in life will change, and you will give up a great deal of what was once important to you. But what you will actually be doing is giving up illusions. You asked for the agreement because this opportunity is a step that will lead you to very powerful growth, you called for it. Now that you are faced with the challenge of the physical world, will you remember that you asked for this? Do you believe you are ready to deal with the change you yourself have asked for?*

Remember this too: the moment you say YES to the change, you will be giving up illusions and habits and you will be entering new and uncharted realms. However, there will be a huge support network ready and present for you. The Pleiadians are waiting for you to say YES and allow them to help. They are lovingly committed and are waiting to provide you with all the help you need, as you are hosting their brothers and sisters who have come to Earth. The Pleiadians have a consciousness of unity as well as multi-dimensional capabilities, and they are very passionate about helping you.





*Chapter 8*

# *The Consciousness Connection between Parent and Child*

There is an energetic channel of consciousness between every parent and his child. This is the primal channel of communication – it is not based on words and thought, but operates on the pre-thought level. Every child in the world perceives the frequencies of the consciousness channel between him and his parent.

In my case, I believe that the lack of energetic support from the consciousness channel between my mother and me, and the deep sense of deprivation that's been with me my whole life, eventually led me to a profound understanding of the messages in this book. Out of the heavy frustration and my unfulfilled desire for my parents to see who I am and support me on my unique path, and after a long and painful journey, I found a way for me to heal and to help others heal as well.

The main message I always got through the channel of consciousness between my mother and me was that she wanted me to be "normal," to be a regular girl. When I grew up, she was mainly waiting and expecting me to get married and have children. This message was of course not passed on to me in words, but the frequencies I perceived were very powerful and for many years I reacted to those frequencies

by making great efforts to be normal, rather than focusing on my own unique path. So for years I was also desperately trying to stay married and have kids. These days, as I write this book, I live alone and travel all over the world, as I have not yet found the place I feel I can call "home." My mother knows nothing of my "terrible" situation, as we still have not renewed contact. Once every few months she sends me an email, only one line long, and always written with the same words: "I hope you're happy, please give your husband my warmest regards." I don't bother responding to her "letters." I don't want to shatter her comfortable illusion; she wants so badly to believe that I am still married, living in Boston, and happy of course. Without a doubt, my mother prefers her illusion about me to the truth, even if the cost of the illusion is having no actual contact with me. My mother is not capable yet of giving up her illusion. Instead of dealing with the truth and gaining a real relationship with me, she prefers to go without my presence in her life and live in the belief that I am happy and happily married (two states she perceives as being inextricably linked, as she believes that if you aren't married then you can't possibly be happy, and if you are married then there couldn't possibly be a reason for you to be unhappy…). My mother lives in a state of denial and suppression. If she were to wake up to a new understanding of reality, the entire balance keeping her world together could be undermined, and this could lead her to a complete breakdown, and possibly to the collapse of the entire family unit.

My mother never knew how to support me; my needs were always above and beyond her capabilities. And as for me, for many years I played along with her and supplied the illusions she so desperately

craved. I made such an effort to be who she wanted me to be and tried desperately to make her happy, as she placed the burden of her misery on my shoulders and I couldn't bear it. And because I am not autistic, I was not immune to the effects of my mother's consciousness channel. Thus over the years, my efforts to fit into my family created in me a sense of uneasiness, heaviness and depression.

Unlike regular children, autistics do not respond to their parents' channel of consciousness unless this channel supports them. Their autistic mechanism shields them from feeling the need to please their parents and fulfill their desires, as this would distract them from fulfilling their missions.

Only the parent can develop the channel of consciousness between him and his child. The child cannot do this. My mother was not able to allow the supportive energy to open up and flow through this channel, and in fact to this day she is incapable of allowing energetic support to flow from her to me. Therefore the channel of consciousness between my mother and me remains energetically blocked. Over the years I've learned to find alternative channels of support and at a certain stage, in order to save myself, I severed all contact with her. I have to admit that at this stage in my life as I write this book, I don't have any desire to renew contact with any member of my family. I actually enjoy the sense of freedom I've gained, freedom I unfortunately never felt when I was in touch with my family. To be honest, I'll say that I still don't feel strong enough to cope with my family. But I believe once I am ready to do it, it will happen in a flowing and effortless way.

## *The Energetic Channel of Consciousness between the Dominant Parent and the Autistic Child*

The autistics have a very high level of consciousness and their mental functioning takes place from this high level. This means that their thinking functions in a very different way from regular human thinking; it is much faster and is not necessarily expressed in words (spoken or unspoken). In most cases, they have a visual, sensory or conceptual knowingness. Hence they have a sharp, immediate and highly precise grasp of their dominant parent's level of consciousness. There is a huge gap between the consciousness level of the autistic child and that of his parent and regular human beings. We might say that the autistics have very high and sensitive consciousnesses and they need to learn how to live here among beings with lower levels of consciousness. Unlike regular children, the autistic child cannot "come down" to the consciousness level of his parent; he cannot understand it or adapt to it, as the autistic mechanism prevents this possibility. Therefore the only way to communicate with autistic children is through a unilateral act on the part of the parent. The parent must move closer to the consciousness level of his child. There is always room for both parents to develop, yet only the dominant parent has the innate tools his child requires and so he is the one who needs to attain a consciousness level closer to that of his child.

There are autistics all around the world who have realized their personal potentials. They are considered geniuses as they have the ability to see things in a way that a regular person would never even dream of. Some of the autistics have phenomenal capabilities,

way beyond the abilities of the average human mind. In all cases in which autistics manages to express knowledge, this is the result of the support they received from the dominant parent on the level of consciousness. In these cases the parent has managed to reach the required consciousness level and has activated the code supporting his child in realizing the personal potentials he was born with. Once again, it's important to stress that we are talking about the level of consciousness and not the level of thought. At the level of thought many parents do in fact express a lot of love and support for their child. However, they don't always manage to reach the required level of consciousness, which is the level of supreme acceptance and synchronization with the choice of the soul.

According to the Pleiadians, the parent has to attain the level of consciousness that embodies the essence of, "I honor my child as he is." Then they have to take another, deeper step, the essence of which is, "I honor my own choice to be the parent of this special child."

## *"You are different but not less"*

Temple Grandin's mother is an example of a parent who supported her daughter on the level of consciousness. Alexandrit showed me an important layer in Temple Grandin's story. She drew my attention to the character of Temple's mother and told me that Temple's mother symbolized the model of the high awareness of the parental consciousness. Temple Grandin's mother managed to remember, in her physical incarnation, the soul agreement she had made with her daughter. Even if she was not directly aware of this agreement on

a verbal level, the important thing was that she fulfilled her soul agreement with her daughter. In this way, she enabled her daughter to realize her personal potentials and make a unique contribution to society, thereby providing inspiration regarding the autistic potential.

Temple Grandin's mother could "see" her daughter. She managed to see her daughter's uniqueness and listened to her own inner voice more than to the opinions and recommendations of the doctors. As she was able to see her daughter from her consciousness level, she could impart to her daughter this understanding: You are different but not less. **And it worked, because her mother one hundred percent believed this!** Temple's mother really and truly saw the incredible value in her daughter. That seeing was "clean" and allowed Temple's being total freedom and this opened the gates for Temple to express her exceptional abilities and unique form of genius.

Temple's mother never tried to make her daughter "normal." At the same time, she did not let her off the hook and spared her no coping experience related to fitting into society and learning life skills. Therefore, despite the huge gaps between Temple and the rest of the world, and although she was completely foreign to this world, Temple Grandin succeeded in fitting in. Thanks to the unique support she received from her mother (who activated the "code" she carried in her consciousness), Temple could express herself. And the world too, despite all its limitations and narrowness of vision, managed to eventually open up and accept Temple's different way of thinking, and thus greatly benefit from her genius.

* * *

Within the energetic consciousness channel the flow always goes in one direction. It always goes from the parent to the child. As mentioned, the autistic child absolutely requires the unique support coming from his dominant parent's level of consciousness through the consciousness channel. When we are talking about the parent's consciousness level, we're referring to the primal level that exists prior to thought and which does not consist of verbal elements.

So, in order to open up and fulfill their personal potentials, the autistics need the frequencies flowing to them from their dominant parent through the consciousness channel to be frequencies of acceptance. This means that the parent must truly and completely accept his child as being a special child. Furthermore, the parent must accept himself as one who has chosen to be the parent of this special child. This consciousness of true and honest acceptance sends out a vital message to the child, letting him know that his parent is allowing him "be who he is" and fulfill himself in his own unique way. It also lets the child know that his parent will allow and even help him to maintain his uniqueness – and not cause him to lose it.

As long as the parent is yearning for his child to be "rehabilitated" and become normal, the child will not sense the security he requires for developing and realizing his personal potentials. Of course the parent's total acceptance of his child is not intended to replace the therapeutic and educational network supporting the child. It also doesn't mean that the parent has to stop setting limits for his child or demanding certain things related to life management. What we are talking about here is a shift in the dominant parent's consciousness relating to how he sees his child. Once the parent remembers that he

made the choice (on the soul level) to be the parent of this special child, he will be able to see (or sense) his child's mission, and then naturally he will stop wanting to change his child. The parent will then stop trying to mold his child according to his own desires or the norms of society, and will begin to support his child's personal and unique path. At that point the parental support will be coming from a new essence of acceptance and not from an essence rooted in a view of the child as being flawed and in need of being fixed.

In addition, the parent's absolute acceptance of his child doesn't mean that the parent can never feel any emotional distress in relation to his child. Harsh and difficult feelings are natural. When a parent is in the process of learning to accept and deal with his own emotions and experience them legitimately, "negative" feelings do not threaten the child, even if the child can sense them. Please be aware that feelings of love can also make the parent want to change and mold his child. It's important for the parent to learn how to distinguish between emotions, such as frustration, anger, or disappointment, which are okay and natural, and the desire to make the child "normal," or mold the child according to the parent's own wishes.

And so, the autistics' personal potentials remain dormant until their dominant parent's consciousness reaches a level of pure acceptance. Even if the parent feels great love for his child and is completely willing to support his child, and even if the parent thinks positive thoughts – if deep down in his heart he is still longing for his child to be rehabilitated and become normal, this means that at the level of consciousness, the parent has not yet attained the essence of pure acceptance.

The autistic child will always respond to his parent's consciousness level and not to his parent's level of thoughts. Please be aware – even if the parent is acting out of love, positive intent and a lot of good will, at times his thoughts will not coincide with his deep and fundamental belief system. Many times our thoughts can deceive us. This is because our thoughts are generally made up of consciousness elements that belong to human mass consciousness. Human beings are often unaware of the fact that most of the thoughts they think are not necessarily their own. Without noticing we think thoughts that may belong to our parents, our teachers, the media, etc. Society and the conventional school system don't teach us to develop independent, unusual and unique ways of thinking. Often the case is quite the opposite, with parents, teachers and society demanding that we completely adopt their way of thinking. Some even forbid their children or students to develop their own independent and unique way of thinking –new thought that is free of the prevalent consciousness. The message of not being allowed to think independent thoughts finds expression in many ways, some of them overt and others covert. Fortunately for the autistics, their consciousness is completely detached from human mass consciousness and therefore they are unaffected by it. They don't adopt thoughts or patterns of thinking that belong to mass consciousness, nor do they absorb the message that "independent thinking is forbidden." Their mental and super-mental (consciousness) processes are completely independent and free and so they will not respond to nor satisfy their parents' desires. However, they can experience distress when their parent's desire to change them is strong and dominant.

When the parent is ripe and ready to consciously choose to raise his own level of consciousness so that it's closer to that of his child, that choice will be sufficient for two things to occur:

1. The parent will always receive support (from Spirit and the Pleiadians) the moment the parent makes the choice to raise his consciousness level to meet that of his autistic child, even if he doesn't know how to actually carry out that choice.
2. The autistic child will immediately sense the shift in his parent's consciousness (by virtue of his parent's intent) and will respond to it.

As mentioned, regular children can find alternative support as they grow older, whether it is within themselves or through friends, therapists or teachers. However, autistics cannot find alternative support and are completely dependent on the agreement they made with their dominant parent, who is the one holding the knowledge and code they require. If the dominant parent's consciousness is not activated, the autistics will only fulfill their primary and secondary missions on Earth, and will not be able to fully realize their personal potentials.



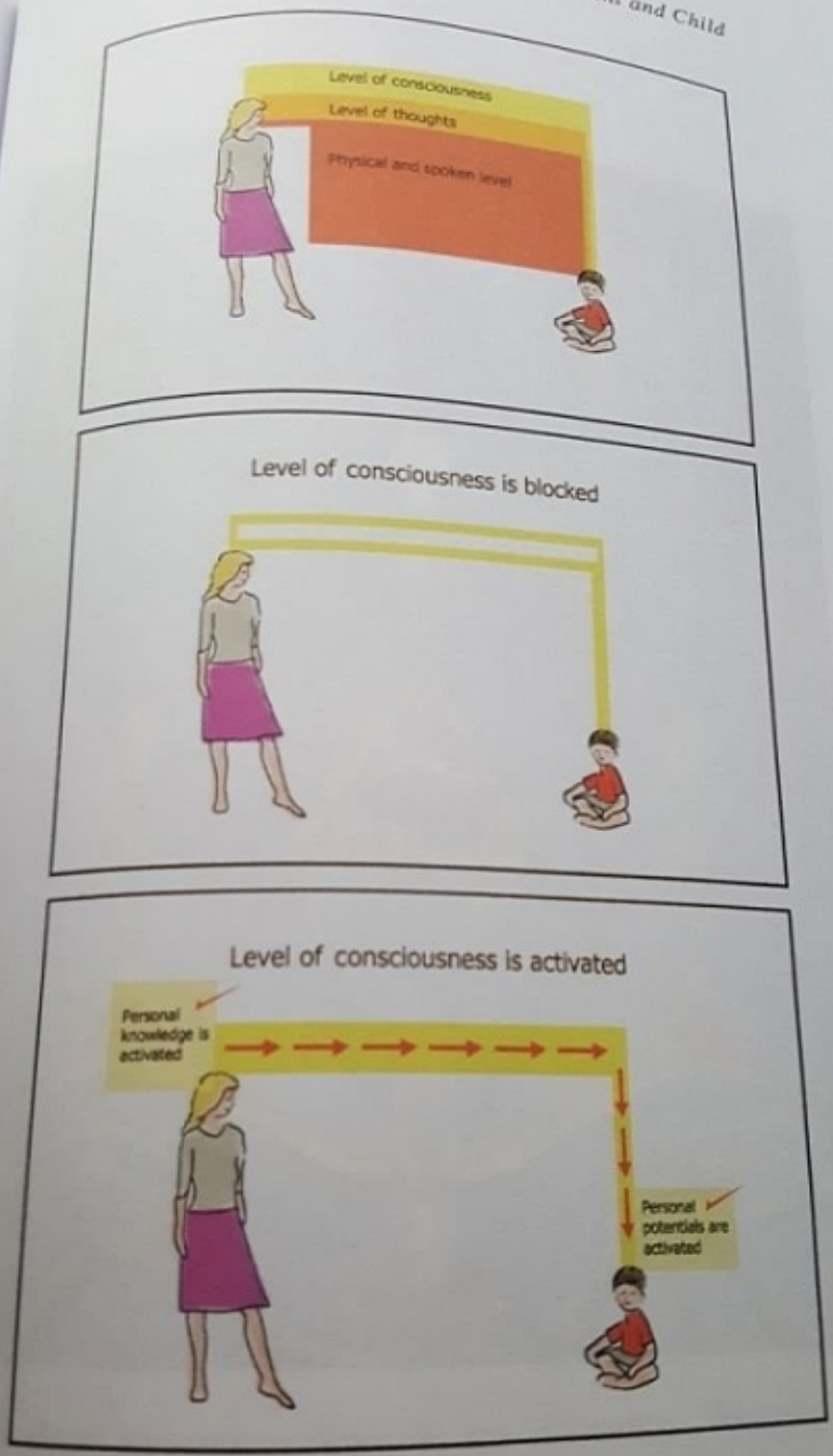



**Illustration No.3:** Activating the channel of consciousness between parent and child



Chapter 9

# The Autistics' Unheard Request

One of the defining moments in my life occurred while I was living in the ashram of my teacher, Sathya Sai Baba. I was going through a difficult period, feeling extreme loneliness, despair and depression. My life had completely fallen apart and it seemed there was nothing left for me. However, along with the moments of anxiety and weakness, I also experienced some moments of transcendence. One such moment occurred while I was pacing slowly on my daily walk along the ashram paths. As I was walking calmly along I raised my thoughts up to my crystalline structure. I consciously dwelt in the crystal as I had been doing regularly in those days. Suddenly I sensed a threat. A voice inside me forbade me to remain "up there" and pulled me down, almost violently. Immediately I was flooded with feelings of guilt for having done something forbidden. The sense of guilt hit me like a slap in the face, the kind that catches you totally unaware. I slowed down, and while I knew I was physically walking by myself, I felt I wasn't alone. I sensed another presence beside me. It was my mother and she was forbidding me to stay in my crystal. Her presence had come up powerfully from within me.

She had done this many times in my childhood. Whenever she caught me daydreaming she would mock me; that's how she would

pull me out of my world and my moments of reverie, which were my refuge. Also later on, when I was a teenager, whenever she saw that I was absorbed in my own world she would say that I looked like I was on drugs, and would actually work herself up into a panic over the possibility that I actually was on drugs (although I was very naïve and so removed from that sort of thing). I almost always felt ashamed and guilty about my passionate yearning to drift off into other worlds. As I had no choice, I would do it secretly, like a thief, which of course made me feel even guiltier about it.

In 2011, at the age of 42, in India – a totally different world so far removed from Israel, my mother continued to live on inside me and forbid me to stay in my crystal. But at that moment in the ashram, I stopped and realized – I'm in India. Enough! My mother isn't here. I have permission, once and for all. Sai Baba lovingly smiled at me. Yes my daughter, you have permission, now and always.

My mother's "prohibition" was embedded so deeply within in me, but at that moment that mold was plucked out of my subconscious into my conscious awareness. From that moment I had to muster up immense mental determination every time that sense of forbiddance or guilt came up. My stay at the ashram allowed me to cleanse and release those barriers. It goes without saying that these days the time I spend in my crystal is my highest pleasure.

* * *

Many parents do this without being aware of it. They block their children's natural spiritual instincts. In the case of autistics, parents cannot block the direct contact these children have with their high

consciousness, but disruptions do have an adverse affect on the child's emotional state.

Snoezelen is a new therapy method for treating autistics, originally developed in the Netherlands. I heard about it by chance from a colleague who came to visit me at my clinic. When she walked into the treatment room she expressed admiration for its design and the atmosphere. "I feel like I'm in a Snoezelen room," she said. Snoezelen therapy was originally developed for autistics by an autism therapist. However today it is effectively used also in the rehabilitation of populations dealing with psychological difficulties, as well as for Alzheimer's patients. I began to take an interest in the subject and was strongly drawn to the visual beauty of the accessories and the Snoezelen room itself. Several months later I enrolled to a Snoezelen course at a center specializing in the field in Israel.

During the course, which was fascinating, we got to sit in an observation room and observe treatment sessions being conducted with autistic children in a Snoezelen room. After observing a session with an adorable 8-year-old girl, we held a group discussion. I said that the girl's behavior seemed totally fine to me, and I couldn't understand why the therapist was harassing her when the child was having so much fun being in the room. My sense was that the therapist was really disturbing the child and dragging her out of her own world. It was explained to me that that was the point, to create a sensory stimulation that would take the girl out of her own inner world and encourage her to learn how to communicate with the therapist –that way she would learn how to communicate

with other people in the world. This method is indeed effective and quite wonderful, as it is accommodating to autistics; the Snoezelen is a controlled environment that supports them and feels good to them and they can relax in this room. And yet, there was something bothering me about what I saw during that session, which I couldn't quite define.

I eventually came to understand that it was no coincidence that I had arrived at that course. Spirit works in such an accurate way, so it can be trusted completely. I intuitively enrolled myself in that course because I was drawn to the visual beauty of the Snoezelen rooms – these rooms look like fantasy rooms. Under controlled conditions, they gently invite you to enter into another world. Many of the Snoezelen accessories are based on light effects with a gentle flow and soft movement. Whether these are flexible optic fibers or transparent glowing plastic tubes, mirrors or balls of light hanging from the ceiling and rolling around the space in different sizes, soft vibrating beanbags, or a wall of light that responds to human touch, they all glimmer in a myriad of changing colors, they sparkle and flicker and dance, and mainly they invite you to touch them, wrap yourself up in them, sink into them and feel them, without holding back. The Snoezelen accessories are completely safe and of the highest quality, and this allows you to play and merge with them and completely surrender to the sensory experience. I was practically hypnotized by them; they reminded me of the light beings from "home." They soothed my spirit and made me forget about the harsh world that awaited me outside, all the heaviness and the never-ending list of tasks to get done. My body also felt completely different in

the Snoezelen rooms; my constant discomfort, the heaviness and all my aches and pains were forgotten there, as if they never existed. The Snoezelen rooms are enchanting, the dazzling accessories and the fact that you are allowed to completely surrender to the sensory experience brings balance and encourages the joy and happiness we have within us. And no effort is involved, only enjoyment, and so the mind can relax and let go of its typical intensive and irritating activity. It's no wonder that nowadays Snoezelen rooms occupy a prominent place in institutions for special education, in hospitals and in many medical institutions. In this wonderful course I received a foundation of information that enabled me to understand the structure I was to see in a vision two years later. The structure I saw (and I was asked to create) is based on optic fibers, those same elements so common in Snoezelen, and intended to be used in the initiation work that will be done with those who visit my clinic in the future.

Back to the feeling I got regarding that adorable child: After voicing my opinion that "She seemed to me to be functioning perfectly well in the Snoezelen room," I was met with a decisive professional answer: "Can't you see she's completely autistic? She didn't relate to the therapist at all, she's living in her own world and we need to find a way to get her out of it." I was at a loss for words. I felt confused. After all, I was only a student in the course and I didn't know much about autism. And yet that child in the room really did seem fine to me... So maybe there was something wrong with me...?

What I saw in that room was a situation in which the child was happy and content. The Snoezelen room is a safe environment

with lots of controlled stimuli. It feels soft and gentle and great, especially for autistics. The therapist had absolutely no interest in the fabulous feelings the child was experiencing, as she was completely immersed in the task of finding ways to communicate with the child and produce results, and she was in fact disturbing her. I naturally identified with the child, and from her point of view the therapist was harassing her.

So indeed, how can we really help and support these children without disturbing them? How can we teach the autistics to communicate and manage their lives, without getting in their way? As an answer, the Pleiadians talk about a change at the level of intention, primarily that of the supporting parent. If your intention is to get them out of their world, this is a disruption. Teaching and guidance must stem out of a true respect and appreciation for their world and the understanding that they are "working" and actually performing a service for our planet. We need to know that this work is being performed on the level of consciousness, and that humans cannot yet recognize or perform this work. Such an approach will naturally lead the parent and the therapist to develop a sensitivity and respect, which the autistic child will immediately perceive. If you approach autistic children, not with the intention of getting them out of their world and disconnecting them from it, but with the intention of teaching them how to stay in it and at the same time fit into this world, they will open up. When we are present in their environment, we are careful not to intrude on their field of consciousness; moreover, when we consciously allow them to stay in their crystal, they actually experience great joy.

One of the therapeutic techniques suggested by the Pleiadians is to agree to go into the child's world, if only for a moment. They recommend learning how to be with the child in his world, moving closer and not being afraid of that distant and non-verbal world, and certainly not to condemn that world, as you do not know it. Imagine a session in a Snoezelen room, in which the therapist agrees to become autistic for one hour, experiencing himself alongside the autistic child, who experiences himself naturally and accurately. Imagine an afternoon with your child, in which you agree to spend an hour in his world, an hour during which you release all your thoughts and delve into a world of forms, colors and sounds that you never see or hear when you're in the world of thought. Imagine a world in which your child is your guide, in his own unique way.

From the Pleiadian perspective, we humans are the ones in need of (urgent) rehabilitation, not the autistics. We are the ones who have no control over our minds and the ones with a distracted consciousness. We don't recognize which thoughts are truly our own and which thoughts we automatically adopt from external sources. We can't selectively choose the thoughts that serve our own happiness, prosperity and peace and so we unconsciously choose thoughts that keep us limited in a consciousness of fear and lack. We believe every thought that goes through our mind without questioning it, without filtering it, and we don't breathe new life into our belief systems. We then presume to think and believe that the autistics need to be rehabilitated. Well, their mind does not adopt any external thought. It does not respond to manipulation and is not programmed to appease. Furthermore, their mind does not incessantly dabble in "nonsense"

like ours does. It actually operates with extreme precision in service of the wholeness. It is true that the autistics are limited in their earthly communicational abilities and that they experience difficulty in fitting in socially and learning life skills. That is why our role as their family and society is to help them overcome these difficulties, so that they in fact will have the proper conditions for rehabilitating us.

Therefore, the autistics' request is very simple: don't disturb them. Yes, they need a lot of guidance and support when it comes to life on Earth, and the guidance we are supposed to provide them with is part of the work contract they have with us. You may never understand who they are, but if you agree to accept the possibility that they have extremely high consciousnesses and that they are performing work of the highest order, you will be able to guide them in the right way.

Understand that they will never have any interest in communication related to personal development through relationships, but they will be able to learn how to use the ability to communicate. Understand that they have no interest in relationships the way we do. They did not come here as we did, to experience relationships and develop through them. Like all children and humans, autistics need a lot of love and patience. Relationships serve autistics, but they will always be a secondary and technical need for them.

## *What the Autistics Are Asking of the Supporting Parent*

These are the unheard requests autistic children are making of their parents:

1. Your child has such a highly developed consciousness and you are trying to lower it and get him to be "normal." Firstly, it won't work. This elevated consciousness cannot lower its frequency. Be willing to see who your child is. The very act of agreeing to open up to a new way of seeing your child as a being with a very high consciousness will stimulate the consciousness connection between you and your child, it will activate your child's potential and awaken your unique knowledge.
2. Allow yourself to see the agreement that was made between your soul and your child's soul.
3. Ask your soul to show you what the agreement you have with your child is. What did you promise him and what did you want to receive from him? Be open and attentive to the answer you receive from your soul. You will feel the answer in your heart and it will not necessarily come in words or in the way that you expect it. Be willing to believe that when you ask, your soul will find the way to bring you the answer in the most appropriate way. Remember that every parent of an autistic child has made a soul agreement with his child; autistic children do not come here without having a soul agreement with their parents. Remember also that every parent of an autistic child has the potential for huge development and will receive a lot of support from the Pleiades; all you have to do is ask for it. There is tremendous appreciation throughout the cosmos for the parents of autistic children, as they have agreed to host and accompany a child carrying such a high and different consciousness from that prevalent on Earth. Even if the parent does not remember it, he is nevertheless a partner in

the process of providing cosmic support for Earth in its transition to its next level of consciousness. Please appreciate yourselves for doing this.

4. Once you begin to sense the energy of your soul agreement, your personal information will start to come to you from your heart. Learn to trust your feelings and sensations and also learn how to feel a lot of love for yourselves, abundant, unconditional love, devoid of any judgment regarding your lives. A parent's enhanced feelings of self-love will immediately have an effect on his child's condition.
5. Focus on the question, "What was I meant to receive from my child under the soul agreement between us?" Every soul agreement provides the opportunity for both parties to receive and benefit equally. Once you recognize **what you** intended to receive from the agreement, you'll be able to learn how to accept those gifts and later on, also how to enhance your capacity for acceptance and your ability to receive. Once you recognize what you are receiving from your child and actually manage to receive those gifts, you will have a different view of all the situations related to your child. When you look for what you were meant to receive from him under your soul agreement, you will observe things you hadn't noticed before. This question will place you in an equal position under the agreement, so that you are not only the "giver." The very act of asking this question puts you in balance and opens up an energy that will bring you great comfort.

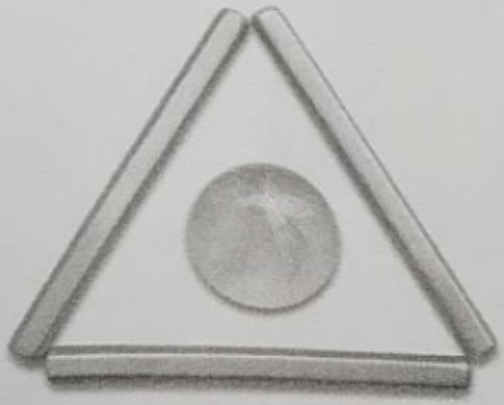
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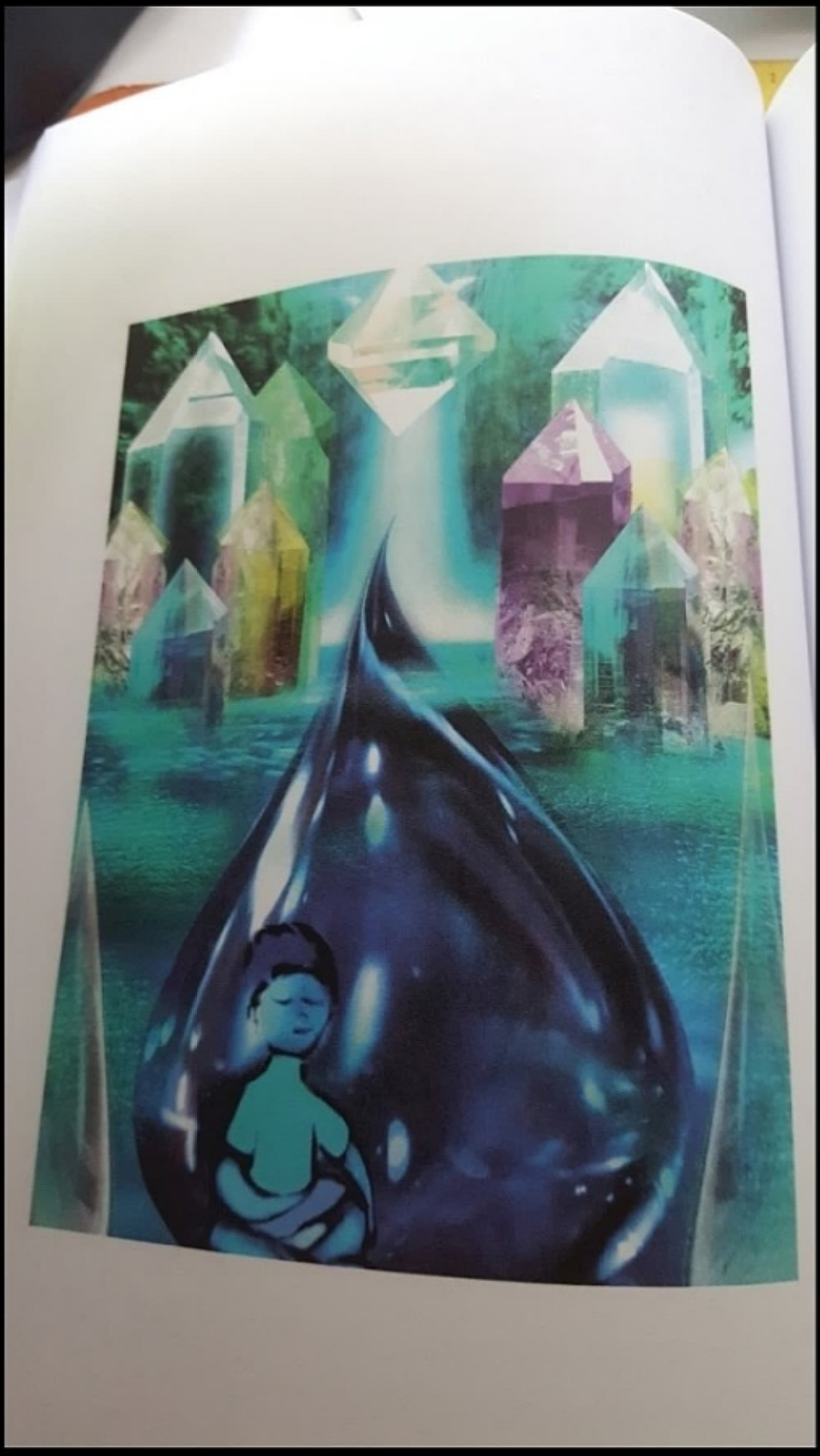
Autism at any level is not easy to deal with. The difficulty in communication casts a dark shadow over day-to-day activity. The new perception you hold as parents may not necessarily improve the verbal communication you have with your child and he will not begin to take an interest in your life or in your world. However, your new perception will enable your child to develop in the way he was intended to and realize his personal potentials. This new way of seeing your child will enable you yourselves to open up to a higher consciousness, understand its essence, and in fact deepen and broaden your relationship with yourselves! You will discover new sources of satisfaction. Of course this will involve giving up many elements of the old consciousness, such as the desires and dreams you held onto up until now, as well as your old sources of satisfaction.

The children are asking their parents to agree to see who they truly are. Above all, they need their parents to provide the conditions they require to fulfill their missions. Any parent who observes his child honestly and openly will know what the appropriate conditions for his child are. Agree to understand that while your child is engaged in earthly activity, it is just the platform he is using to perform inter-dimensional consciousness work. Your mind will tell you many times over that you are probably crazy for believing it, but if you agree to see the situation through your heart, your child will sense it, because he can perceive the frequencies of your consciousness. Your willingness to see who your child is has a distinct frequency and he will perceive it. Your willingness to support your child in fulfilling his missions and your willingness to support his uniqueness have

a specific frequency too, which he will also perceive clearly and respond to.

In fact, the entire process offered here is a process of internal transformation that takes place within the parent, on the levels of the parent's thoughts, his new understanding and his consciousness. When the process begins there is no need to change the therapeutic arrangements or the household or family's daily schedule. If things need to change they will do so of their own accord and at the right time. This process is purely intended as a supplement, but it is a supplement that can significantly accelerate the developmental processes of the child and of the family.





Chapter 10

# Daniel's Story, Part 2

*Daniel's story was given to me by Alexandrit to illustrate the knowledge and is not based on real people or events. Its purpose is to plant seeds of future potentials.*

Daniel meets with his master every evening inside the diamond at the center of the pyramid deep within the crystalline structure. The event takes place surrounded by an energetic brilliance, with no words. The master infuses his presence, which is overflowing with a luminous light, and Daniel absorbs it and integrates it within him. The master's presence carries the Avatar energy, the energy of divine love that contains All There Is. Daniel experiences the energy of the Mother and the energy of the Father embodied in his beloved teacher, which nurture him completely. Everything Daniel needs is there and available to him during the session, every feeling and every piece of information, and Daniel immerses himself in fullness and balance, falling asleep every night with a sense of peace and contentment. Every morning he wakes up refreshed at his "workplace" – planet Earth.

Alongside Daniel's earthly consciousness, that of the five-year-old boy, his Pleiadian consciousness is also active. Part of it reaches

Daniel's earthly consciousness, but most of it exists independently in another dimension.

On the Pleiades, Daniel is known as Yohar. He researches and develops aircrafts. The Pleiadian technology is highly advanced and the people of Earth have not yet reached the level of consciousness that would enable them to understand and operate these inter-dimensional aircrafts. Pleiadian technology is activated through a keen and precise light consciousness. It has not yet reached human cognition as the human mind is not currently capable of implementing it. Daniel's Pleiadian consciousness contains vast knowledge related to inter-dimensional travel, but it is not yet connected to his earthly consciousness. However, Daniel is naturally drawn to airplanes. He can draw airplanes precisely and in great detail and he is familiar with all the aircraft types. He also likes to build aircraft models and he has a great talent for it. His room is decorated with the most complex aircraft models; his parents bought them for him and were amazed to see how easily he assembled them. His creative abilities are much more developed than those of other children his age, but he doesn't play with the airplane models he builds, like other children do.

So Daniel's personal potential has to do with introducing a new kind of knowledge in the field of aviation technology. Whether Daniel realizes his potential and to what extent he does so, depends on the fulfillment of the soul agreement he has with his mother, who is his "dominant parent." Before they were born, their souls agreed that she would be his host and carry unique knowledge specifically intended for him, and that she would also activate this knowledge for him.

When they made the agreement, his mother's soul was overjoyed about being given the opportunity to host such a highly developed and important Pleiadian soul as Daniel. She hoped that when she incarnated in a physical body on Earth she would remember this and manage to accompany him, support him and activate the code for him. In fact she was positively sure she would manage to do this, because she knew she herself was an old soul who had been through many lifetimes and that in this lifetime she was going to be a spiritual and aware person. So there were good chances she would remember her mission, or so she hoped.

And indeed, she developed along the spiritual path. As a yoga teacher she attended many workshops on spiritual growth, self-awareness and proper nutrition. She was highly disciplined and practiced yoga devoutly. She loved going into meditation and experiencing deep relaxation and divine serenity. She felt she was in control of her life and that she was a very spiritual person who conducted her own life and her family's life in a very aware way. Everything was wonderful, until Daniel was diagnosed. Then, all at once her world fell apart. Although the symptoms were there long before the diagnosis, she denied them. How could anything be wrong with her beautiful child? He had to be perfect. Everything had to be perfect, because she was in control of her reality. She refused to see, and when Daniel's autism was explicitly diagnosed she felt she was going to break down. She has still not recovered.

Although they have been coping with the situation for over two years, she still feels that she will never recover. She feels she has lost control

over her life. And now she is full of anger; she is angry with God and angry at the world, angry about the injustice of it all, and she feels lost, all alone and stuck in a dead-end situation. She clutches onto any new source of information about rehabilitating and healing this phenomenon, autism, but deep down inside she know it is a lost cause. Her child is damaged. On top of the anger she is now also experiencing uncontrollable bursts of rage, and there's the depression lurking in the shadows threatening to take over her life. For years she had managed to ward off any trace of anger or depression that tried to enter her emotional space. When she got married, had her eldest daughter and then Daniel, who was the most beautiful baby in the hospital and in the entire world, her loving husband supported her, his career was thriving, and he designed their new home to perfection, she felt everything was on the right track and that she was in complete control of her life, just as she had always dreamed she would be.

Now she feels Spirit has betrayed her. And she can't understand why. After all, she meditated every day, she surrounded herself with light and brought peace to everyone around her. She always took care of the planet and made a point of using environmentally friendly products, and her students admired her ability to quiet their minds in the yoga classes and bring them to a state of balance. So why was Spirit punishing her, and for her entire life too??

* * *

Daniel's mother is now facing the greatest opportunity her soul could have created for her. Before she was born, her soul chose this opportunity in the hope that this time, when she would be in a

physical body, she would manage to follow her heart's choice and not be tempted off the path once again by the earthly consciousness that gets trapped in the prevalent ways of thinking. She hoped that this time she would manage to listen to the inner voice guiding her towards a different path than the one she creates by believing every thought that goes through her mind – thoughts and perceptions that are not truly her own.

She can't exactly remember where it was, maybe in one of the books she browsed through in one of the book shops, or maybe it was online, but there was a sentence that spoke of surrendering to reality as a way of merging with our soul lessons. Her first reaction is to suppress this thought in anger; obviously whoever wrote that sentence was not the parent of an autistic child. But as the days go by she begins to admit to herself that she has been functioning in a completely automatic way, forcing herself to believe that she loves Daniel, but now admitting that she doesn't dare to look at him honestly. It seems that everything has become superficial and she is not herself anymore. That sentence about surrendering keeps ringing in her head. And now she is more curious to read more about this surrendering issue, but she can't remember when and where she came across this sentence.

Daniel's mother is still not aware at this stage that her consciousness is evolving, but her soul is aware, indeed, of all the light beings supporting her; they are all around her waiting for her to reach out to them. They are holding the energy for her and praying that she will succeed in her soul mission, but the choice can only come from her human aspect.

Now she is not working and is entirely involved in managing the household. But she is not really functioning, and it's a good thing her parents are helping and supporting her, and luckily there's the family psychologist and Daniel's therapists too, everyone is being really great. Thank god they have enough money. She mainly feels that she is chasing her own tail. She pretends to be doing something but the truth is she is only whiling away the time in quiet desperation, anger and frustration.

One day, as she takes a shower, an idea pops into her mind. It's a beautiful morning moment and she's alone in the house. She lets the hot water run, forgetting for a moment about how important it is to conserve water, and surrenders to the flow of water, which for a moment washes away her reality. She takes a deep breath, and then an image flashes through her mind: she sees herself meditating in Daniel's room while he's sitting on his bed, holding one of his model airplanes in his hands. It's a short and quick image. She immediately goes back to the stream of her thoughts about reality.

While she's looking for the sentence about surrendering, a door opens up for her. Spirit will find a way to get to her. The new idea has been planted. Over the upcoming weeks, every now and then she will remember the image she saw while she was bathing, and she will go back and take a look at it. The idea is now maturing and developing in her consciousness.

And one day she decides to do something. This is a new idea, an idea stemming from within and she can sense that its energy is different. Ideas that come from within have a completely different energy than

the energy of instructions that come from books, or therapists. She feels the need to keep this idea to herself.

When only she and Daniel are alone at home, she goes into his room. This time she doesn't talk to him in a loud voice or try to get him to respond, as she always does, and she also doesn't wave her hands at him in exaggerated gestures. She gently tiptoes over to the corner of the room and quietly, as she holds her breath, places her meditation cushion down on the floor and sits on it. Daniel is seated on his bed, as usual, holding one of his airplanes and staring out into space. She looks at him for a moment and then closes her eyes. She slows her breathing to a calm pace. Gradually the heaviness in her body begins to dissipate and something familiar from the past begins to return to her body. It is peace. Along with this sense of peace, a delightful wave of warmth begins to well up inside her. This warmth comes as a surprise and begins to move up from her left foot until it reaches her heart, and without her noticing it, her heart fills up with this warmth. She has actually created a new way of being in Daniel's environment. She continues to breath and gently opens her eyes, just slits them open to check what is going on with Daniel. He remains in the same position with the airplane resting in his hand. Her sense of disappointment immediately dissipates the warmth that filled her heart. She is back in her depressing reality, but she continues to remain seated in the same position in the corner of the room. Still, there is something new about what just happened.

Something in her tells her not to talk to anyone about it yet, not even her husband or the therapists. But she decides to continue

with the experience. She arranges to have more time alone in the house with Daniel. The second time, she is prepared to give up the expectation that Daniel will respond. She intuitively understands that in the process she is now creating, she must focus on herself and leave Daniel alone, as there is something that her heart is seeking to discover within herself through quietly being with her son.

And again, the warmth reaches her heart and fills it. During her next meditations in Daniel's company she senses that something is happening between them. It's hard to define, but she understands that she is beginning to find a new path to her son. This is a connection that is not based in the realm of words and thoughts, and this is why she cannot define it to herself. But her heart is beginning to literally warm up, physically. This is the only thing she can actually feel. She looks forward to these sessions and gradually begins to see her son in a new way. She now observes him from the side and not directly, and she does it with more care and with a gentle gaze. She also has a new willingness to see and discover something she does not yet know. She begins to look at him without needing to know, and without expectation, disappointment or anger, as she used to do in the past.

One day, at the end of a deep and pleasurable meditation in Daniel's room, she quietly opens her eyes to discover that Daniel is sitting next to her. She did not feel his quiet movements and wasn't expecting it at all, so she is overwhelmed with tears of joy, and her heart is pounding. A force greater than herself stops her from hugging him in her excitement; she knows she has to respond to him in the way he needs, with quiet restraint and self-possession. For the first time

in two years she feels a surge of joy and experiences the love and empowerment of being a mother.

She still cannot share this exciting event with anyone, but that night, along with the joy, desire returns to her and she passionately makes love to her husband, surrendering to him after such a long period of being distant and closed off. Her husband is so happy that she has returned to him, but he dares not ask her what happened. Over the last two years he has given himself no room for his own feelings and emotional needs, but has been totally immersed in supporting her, his beautiful and vital wife whom he has witnessed growing weaker from one day to the next. He has accepted every therapeutic approach she suggested and has cooperated with all her demands. Aside from that, he has found some comfort in his professional successes. He is completely devoted to his family, with all his heart, and knows that she is the only one who can lead them towards a solution. But they never talked much since she had grown distant, and they had learned how to deal with each other through mutual restraint. This is how they have survived and have maintained the peace in the house, for Daniel's sake. Now her passion has rekindled the hope in his heart, and he prays that she has truly returned to him. He needs her too.

Awakening to a new morning, she is in love with her son. This is what allowed her to also give herself to her husband. She passionately waits for her next session with Daniel. The whole day she feels her heart beating, as it has come back to life. In the morning she realizes that Daniel remembers the experience they had yesterday; he is moving closer to her in a new and gentle way that only she

and him are aware of. She actually feels like she is being courted, as if a secret love affair has surprisingly come into her life. She finds herself planning and looking for opportunities so she can be alone with her son as much as possible.

Over the next period of time her meditation sessions with Daniel become a regular practice. As she meditates, Daniel continues to sit by her side. She tells the other family members about it, and they are all happy and excited to hear about this development. Gradually her relationship with Daniel acquires new subtleties. They develop personal nuances and gentle gestures that bring them closer to each other. She begins to understand that Daniel is communicating with her in a new way and she notices that he responds to her intentions. In his quiet and extremely wise way he has exposed her to a new level of communication that she had not previously been aware of. Daniel has taught her how to listen to a more gentle and deeper frequency of herself. She realizes that the more time she spends in the new place she is discovering within herself, this place that represents her own inner truth, the more positively Daniel responds and the closer he comes to her.

She begins to notice differences in how she feels when she's with her nine-year-old daughter. As they talk and laugh, her daughter tells her about her experiences at school, her new friends and the games they play, the clothes and accessories she wants to get and the after-school classes she wants to take, plans and shopping and so on... Up until recently her adorable daughter gave her so much comfort, because she hadn't lost her joy of life and her enchanting vitality, despite the crisis the household was going through. Now

she notices the communicational dynamics between them. She sees how easy it is for her to cover up her own feelings, cover up herself, while she talks and spends time with her daughter. She also sees that without noticing it and ever so naturally, she manipulates her daughter and directs her to act according to her own will. She sees that her daughter cooperates with the dynamic of manipulation, which is not necessarily negative, but rather a means by which the mother communicates and guides her daughter.

However, when she spends time with Daniel, she is exposed, as he can perceive all her emotional layers and she can hide nothing from him. And because she cannot conceal any feelings from him, she also cannot conceal them from herself. She cannot manipulate Daniel, as he never has and never will respond to her manipulation, whether or not she is conscious that she is being manipulative. In the past she had felt a lot of anger and frustration because he did not respond or cooperate, but since she has been spending time in meditation with Daniel, she has learned to appreciate the intelligence that exists in his silence, and the power that exists in his lack of reaction. This is because Daniel's lack of reaction in fact serves as a clear and accurate mirror in which she can see herself and the way she is behaving.

The mother discovers that she has gradually shifted from a state of anger and despair to a state of self-observation when faced with Daniel's non-reaction. She further understands that she is only capable of doing so by virtue of the great love she feels for her son, knowing that she would have cut out of her life any other person who did not respond to her. The mother is beginning to be exposed to her

son's extraordinary level of depth, compared to her daughter's blithe and simple world. Of course she feels great love for both of them, and does not favor one over the other, yet she cannot ignore the fact that she is drawn to her son's unique power and the fact that his very presence sets her spiritual world in motion, taking her to realms of incredible depths and clarity. Her daughter is full of the gaiety of children her own age, and she is charming and full of joy, yet she lacks the depth the mother recognizes in her son.

Daniel's mother is able to see her son by using her intuition, and has learned to support him according to his own sensitive and unique needs. Naturally, she has activated the code for him. She realizes that her son has the ability to advance her on her spiritual path and that through her unique connection with him she herself is evolving to a higher spiritual level and her vision is becoming clear. As a result of this, her life has greatly improved and she is now back on a path of creativity. She has agreed to see things in a different way from most people. She now accepts the fact that Daniel is different and she sees this as a blessing and as a gift from Spirit. She doesn't know how to put it in exact words but it's clear to her that Daniel has come from another place and that he has super-human abilities that are connected to a highly evolved spiritual world.

Because she has learned to see his abilities, she has stopped wanting to rehabilitate him. She has naturally gone back to admiring him and has learned to support him in the specific way he requires. As she spends time with him, without words, she experiences an indescribable intensity of love.

Daniel feels his mother's consciousness changing and developing and has started to trust her. She is now acting according to their agreement and so she is allowing him to develop. He knows that she has begun to activate the code for him and he is very happy about it. Of course he feels great love, but he has no need, interest or knowledge of how to express this love, as he is now busier than ever with his work in the crystal.

The mother has begun to activate the personal knowledge that only she carries for her son, and thus is enabling him to begin implementing his personal potentials. The mother's personal knowledge comes forth through her openness to spend time with her son in a new way. In the case of Daniel and his mother, this happens through their meditations. No one has guided the mother towards this, and this personal knowledge has come forth solely from the mother's inner world. Meditation had been part of her world previously and she is now using it to create her own path for herself. She has come to recognize her son's sensitivity and telepathic abilities and is developing a personal consciousness connection with him. She is building up the sense of security and the love between them, and thus, through listening and being sensitive to her son she is able to recognize his unique needs.

She has learned that when the family members accept Daniel's need to be in his own world, and let him be "who he is," he enters a state of highly concentrated presence. This is a state of consciousness unknown to most human beings, as their concentration tends to be broken in a moment and they are constantly distracted by external or internal stimuli. This is not the case for Daniel. He enters a state of

very deep concentration. His mother has noticed that once the family members release their natural resistance to Daniel's detachment and the fact that he is different, his state of consciousness actually has a very positive effect on the atmosphere in the house. She feels this state of consciousness works like a type of "energetic air freshener" in their home.

However, her personal knowledge cannot lead her to Daniel's choices, it can only lead her to her ability to support him and instill life skills in him. With the right support Daniel will manage to find his own way. His mother is not able to fathom what her son's choice will be. Although it is clear he loves airplanes, she cannot imagine what his journey will be about.

It would be natural to think that Daniel would chose to become an aviation engineer, as he could contribute groundbreaking knowledge in this field. However Daniel has different plans in regards to his personal potentials. In his nightly sessions with his master he receives guidance and instructions on how to find his path. With the support he is receiving from his mother, at the age of ten Daniel begins to speak. Although he never uses many words, he has learned how to express his wants and needs. As a result of his mother's (and not Daniel's) rehabilitation, the family is back on track. Daniel receives special education; he acquires life skills and develops his personal abilities. He plays piano and loves the computer. His mother has gone back to teaching yoga and has become a teacher with extraordinary capabilities. Thanks to the relationship she has developed with Daniel she has acquired abilities for deep observation and can see the right way for each of her students to personally develop and get

the best out of their yoga practice. Her love for Daniel is the most significant thing in her life, as this love has taught her what self-love is and what self-acceptance is, and she is applying these insights as a mother, as a wife and as a teacher.

The hardest part for her has been releasing the desires and dreams she used to have for her son. However eventually, once she managed to make peace with the situation and accept Daniel as he is, she found peace in her and her husband's reality as the parents of an autistic child. Although he never expresses an interest in personal relationships with the members of his family or anyone else in his environment, and although he never displays any emotion, Daniel is the one shaping her path. She continues to regularly sit with him in meditation and she has learned that when she is present in his environment without disturbing him, his high frequencies enable her to raise her own frequencies and level of consciousness. She has taught the other members of the family not to disturb Daniel and to respect his need to be in his room for long hours. The members of the family love him and provide him with comfortable conditions. They have learned to leave him alone. Daniel feels his mother's support and is happy that she is succeeding in fulfilling their agreement. It never occurs to him to express his happiness by making any emotional gesture towards her, as his happiness is absolute and intrinsically clear to him. He feels safe in his home. He is aware of his father and sister's presence, although there are times when he barely remembers their names. While he loves them in his own unique way, he doesn't take much interest in them, as they are peripheral figures in his consciousness, which is deeply engaged and

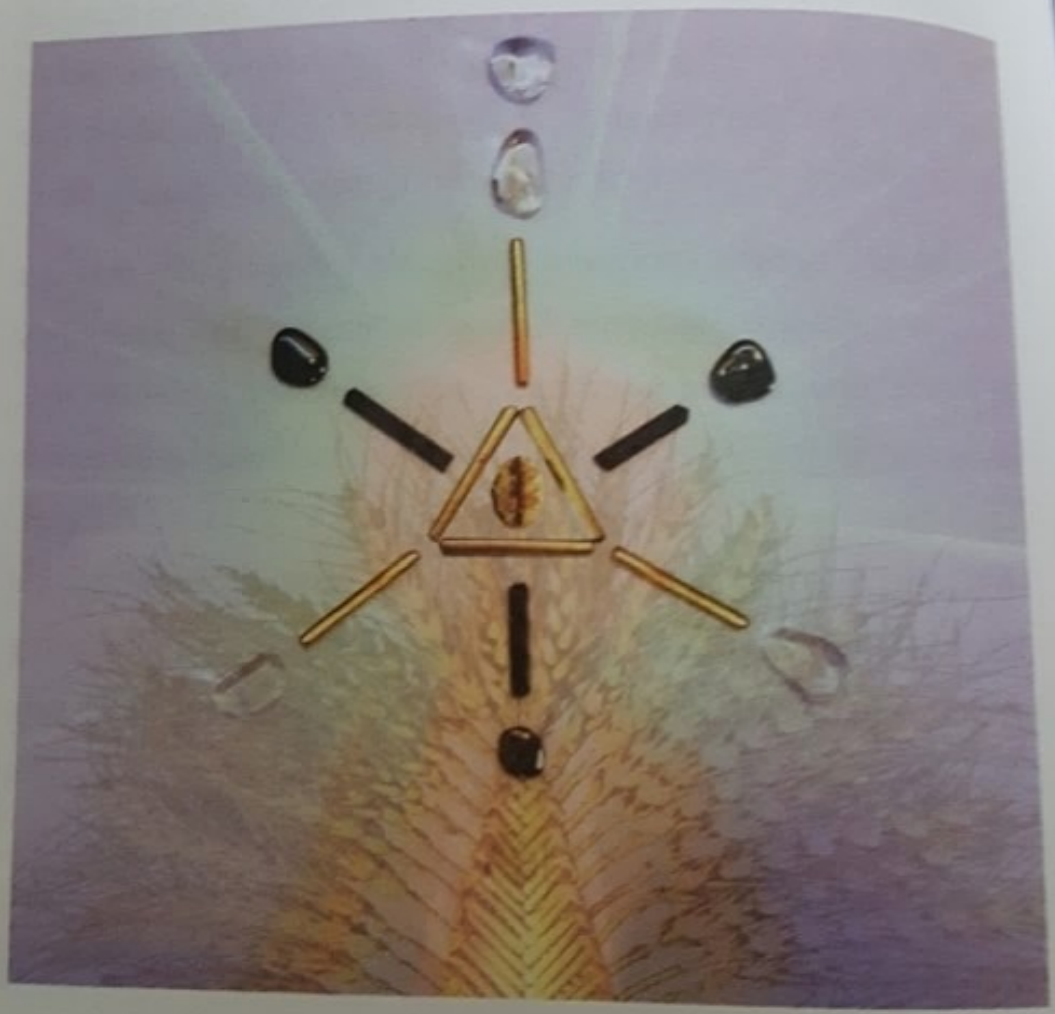
distant. He hasn't come here to participate in relationships and he has no real need for being in a relationship with them. As long as life in the house is conducted in a calm and peaceful way, with no interruptions for Daniel, he is relaxed and content with the situation. He continues to spend many hours in his room deeply immersed in his work in the crystal.

At the age of 15 Daniel contacts Professor Olav Parely, a German scientist specializing in the field of consciousness research and the head of a research institute in Finland. Olav is a physicist who discovered through his research that by using consciousness precision it is possible to move atoms, and that this technology, among other things, is the key to inter-dimensional aviation. Parely further discovered that the consciousness activating these aircrafts has to be not only precise and stable, but also "clean," meaning it must carry high light frequencies. He established his research institute in an isolated valley hidden between the mountains in a place where there are no interruptions from external mental frequencies. Professor Parely has learned how to activate his own consciousness and move atoms, but he has been forced to accept the fact that his ability to be precise in his consciousness over time is limited. However, through his groundbreaking research he has discovered the rare consciousness capabilities of autistics and has begun to employ in his research talented autistics who he has managed to locate in astounding ways. With time he has come to understand that he is in fact learning from the autistics, as the scope of their knowledge is super-human. Professor Parely is one of the pioneering researchers on Earth who are beginning to understand that the autistics are

one of the most important resources on this planet. Eventually, this understanding will reach all of humanity's consciousness and humanity will learn how to nurture the autistics, who come here out of service and love. Humanity will learn how to treat the assistance and the knowledge the autistics bring forth with respect and with gratitude. When humanity reaches this understanding, the status of autistics in our society will radically and absolutely change, and so will the treatment and support society and our governments provide to the families who have chosen to "host" these exceptional guests.

Daniel has located Professor Parely by following his master's instructions, and contacts him through the Internet. He feels strongly drawn to participate in the research and to work with Professor Olav, knowing that this is where he will be able to contribute of the unique knowledge he has been developing for many years in the Pleiades. When he gets invited to visit the research institute his parents are stunned, as they could never have imagined such a possibility being available to their son. Filled with pride, they escort him on his way to Finland, where he receives an academic and research scholarship, and joins the team at the Finish institute.





*Chapter 11*

# *The Crop Circles' Connection to the Pleiadian Autistics*

Many years ago I read James Redfield's book, *The Celestine Prophecy*[4]. This was the first spiritual book I read and it had a very strong impact on me (and millions of others around the world). The book, which was written as a personal journey, planted new ideas in the consciousnesses of many. One of the concepts I still remember from that book was the idea of transferring energy to the vegetable beds in the organic farm where the book's protagonist was visiting. The volunteers who came to work on the farm sat by the growing vegetables and sent them positive energy emanating from their hearts. This was their job. They took this job very seriously and infused the vegetables and the Earth in a highly focused and dedicated way. The growing vegetables absorbed these heart frequencies and turned into food that had a very high energetic value; these vegetables were of course healthier, more nutritious, had healing qualities and raised the energetic frequency of the meals on the farm.

I don't know if there are currently any farmers hiring workers to raise the frequency of their crops. It's possible that this is happening

[4] **The Celestine Prophecy** by James Redfield, Warner Books, Inc.; 1st edition (November 1, 1997)

on local organic farms scattered around the world. We actually receive this service through crop circles, as all the crops growing in the vicinity of crop circles are charged with a huge amount of vital energy. Humanity has not yet acknowledged the importance of raising the energetic value of food and its components. The field of "energetic charging" of food and raising the frequency of crops is yet to be developed on Earth. In any case, even if we do recognize the value in doing this, humanity does not yet have the ability to energetically charge areas of land on such a large scale. We are receiving this service through the crop circles without even understanding or appreciating it.

Crop circles are those huge organic images that appear randomly in fields of crops all over the world. The image created appears as a result of part of the crops on the field being flattened. These images stretch over large areas of land, reaching one hundred square meters and sometime even more, and can be seen in full only from a bird's eye view.

Crop circles are a living, breathing gift full of vitality, which Earth is receiving from the light beings. The combination of the earths' natural energy and the energetic imprint the land receives when a crop circle appears is powerful, because as the impression is made the land is actually absorbing concentrated light energy. This is an energetic charge that significantly enhances the quality of the crops and the land itself. In fact, in the entire agricultural area surrounding the place where a crop circle appears, the land becomes active and a lot more vital, and this goes for the crops that will grow in this environment in years to come. In this way, on the physical level,

the effect of the crop circles reaches every single cell in the body of humans who are nourished by crops that have grown in this area, and this nourishment affects the energetic elements in the cells as well. However, this is only one way that the crop circles are contributing to our physical and spiritual development. They work on so many levels, that only some of the levels are being revealed at this time and can be grasped by the human mind.

Alexandrit tells me that crop circles are effortlessly created in a single moment. An inter-dimensional apparatus resembling a large stamp comes down to Earth, and much like (but also unlike) the way we apply pressure to molds to create imprints on materials such as paper or soft metals, this "stamp" creates the design it carries on the field in a single moment. This takes place in broad daylight, right before our eyes, but the human eye and human technology is incapable of perceiving this process, as it involves light bodies that carry extremely subtle frequencies which we cannot yet see and perceive. As mentioned, this type of capability has to do with technology that is activated through consciousness.

Therefore we can only see the result, crop circles suddenly appearing on fields all over the world. Most human beings do not yet understand the significance of this phenomenon because they are looking for a "logical" explanation. However, there are those who do intuitively understand it and can sense its significance, as they receive the messages through their spiritual senses.

Crop circles, some of which are created by the Pleiadians (beings from Sirius and other light civilizations also come to Earth and

create crop circles), hold sacred messages within them. The messages appearing in these glorious works of art are messages from high consciousnesses. They are intended for the entire collective of planet Earth, which includes all the living beings and the planet itself.

These messages are conveyed in an energetic language that is partially communicated through the design and the graphic or geometric symbols, and partially through subtle yet powerful energetic frequencies present in the circles, which seep into the Earth.

The Pleiadians say that the area of the circle also contains sounds and tones that the human ear cannot hear, but which autistics can. The energy and messages arriving from the higher dimensions resonate in frequencies that we humans cannot perceive. However, those who have telepathic capabilities, such as autistics and people with highly developed and active spiritual senses, can sense and "understand" the information these subtle frequencies carry.

The messages imprinted on the Earth seep into the depth of the planet and energetically communicate and work together with the cities of light situated deep inside the planet, as well as with the big active crystals living in the belly of the earth. The messages in the crop circles are intended to gradually instill high knowledge, not only in those who already perceive them, but also in all of humanity. As mentioned, on the physical level they immediately raise the frequency of the crops in the entire surrounding area, and these crops will eventually arrive as food for the cells of our bodies. This is a way for delivering high frequency energy directly to humans,

through the food that goes directly into our body and is absorbed by it. This is another element of the service we are receiving through love from the light consciousnesses supporting us.

The energy of the crop circles contains a wonderful combination of the physical energy of the land, which nourishes us and provides us with crops and life force energy, and the very powerful energy imprinted on that land. Even though we cannot feel the imprinted energies, they remain active and continue to create interactions with and within the earth, long after the crop circle itself is gone.

## *The Value of Crop Circles for Pleiadian Autistics*

In the months during which I was receiving these messages about the autistics, I saw an image in my mind's eye in which Alexandrit's symbol appeared on the background of a crop circle. In September 2012 I attended a Crimson Circle New Energy conference in Vienna, where I heard a fascinating lecture on crop circles given by Professor Gunter Schmidt. That was when I understood the meaning of the image I had seen. This lecture was when I first came across the notion that energetic nourishment was being delivered to humanity through the crop circles, and this awakened and opened me up to the ability to receive the messages brought forth in this chapter.

As the crop circles are in telepathic communication with the autistics' crystalline structures (which is located on the crystalline grid), they serve as an additional source of support for the autistics on their earthly journey and for their work here on Earth. The autistics

perceive the crop circle frequencies though their crystals and receive the messages from the crop circles telepathically. Even if the message does not reach their earthly consciousness, it is intercepted by their crystal and works with their crystalline consciousness. And remember, the autistics' earthly consciousness is always in contact with their crystalline consciousness.

Crop circles have other valuable functions that could serve the autistics on their earthly journey, but these are not being utilized yet. While their energy works telepathically, the crop circles are physical, they exist here on Earth, and therefore the location in which they appear - the land they are created on and the surrounding area, carry a lot of value. The potential of autistics physically being present within the crop circles has not yet been recognized and is not currently being realized as a means of therapy. Under appropriate conditions such an experience could contribute a lot to the child as well as to the dominant parent (and is even recommended for both parents). For autistics, physically spending time inside a crop circle or nearby could enhance the support they receive for their physical life on Earth and advance them in a groundbreaking way. For the dominant parent – his mere presence (with or without his child) in the crop circle or in its vicinity will accelerate the opening of the energetic channel between the parent and child, which as mentioned will lead to significant development for both of them, as well as for the entire family unit. However, if the parent is not able to get to the crop circle, he can always work with this energy from a distance and call on the crop circle for help in opening the channel of consciousness support that exists between the parent and the child. (For tools and

information of connecting and working with the energy of crop circles I recommend the teachings of Christine Day).

The possibility of physically getting to the crop circle and bringing autistic children there requires awareness on the part of the parents, but even before that, the openness and willingness of the crop field owners on whose land the circles have appeared. Many farmers have not yet discovered the full potential bestowed upon them when their field is "chosen" as the area for a crop circle to appear on. Some of them still only see the damage created to their crops, and not the many possibilities the crop circles hold, possibilities related to great abundance far exceeding the amount of crops "destroyed."

The work of light beings is not random or coincidental, and therefore neither are the places in which the circles appear. Those fortunate farmers who have had a crop circle appear on their land are receiving an opportunity for transformation and expansion. Such opportunities are also related to prior soul agreements that have been made. The Pleiadians encourage these land owners to accept the gifts given to them and expand their perception to include new business opportunities, such as opening the crop circle to the public and accepting bookings for healing work to take place within it. They might be surprised to discover the enthusiastic response their invitation will be met with, both from the autistic community as well as other spiritual communities.

The life of a crop circle is relatively short, as they are organic. At times they last for even shorter periods because the landowners destroy the circles as soon as they appear. Once we learn to appreciate the

importance of crop circles, we will need to use them, on the physical level, in a very quick and efficient way. This will require a community that is powerful and influential. Our world is becoming increasingly based on the activity of communities that support the individual. The community of parents of autistic children and therapists who treat autistics, for example, is a large and highly influential global community. This community and similar ones will be able to impact the approach toward crop circles by asking to use them.

### *The Value of Crop Circles for All of Humanity*

As mentioned, crop circles deliver messages not only for those who have a conscious connection with them, such as the autistics, but for all human beings, knowing that in time humanity will be open to accepting and receiving these messages, which carry a lot of new knowledge for us. An example of this new knowledge is the idea behind the technology creating the crop circles themselves, which attests to the existence of highly developed devices that impact large expanses in a very short period of time. In fact, it's not quite precise to say a "short period of time" because from an inter-dimensional perspective there is no time at all, so in a way, the crop circles have always been there.

The energy and the knowledge of the crop circles will advance humanity's way of thinking and its technological development. One of the purposes of technology is to make man's physical work more efficient. This is necessary in order to free up time for the spiritual development required in order for humanity and the entire

universe to transition to its next stage. The Pleiadians say that they will continue to create crop circles and that gradually humans will learn how to implement the knowledge, the messages and the huge benefit of these gifts.

## *Healing Processes on the Crop Circle Land*

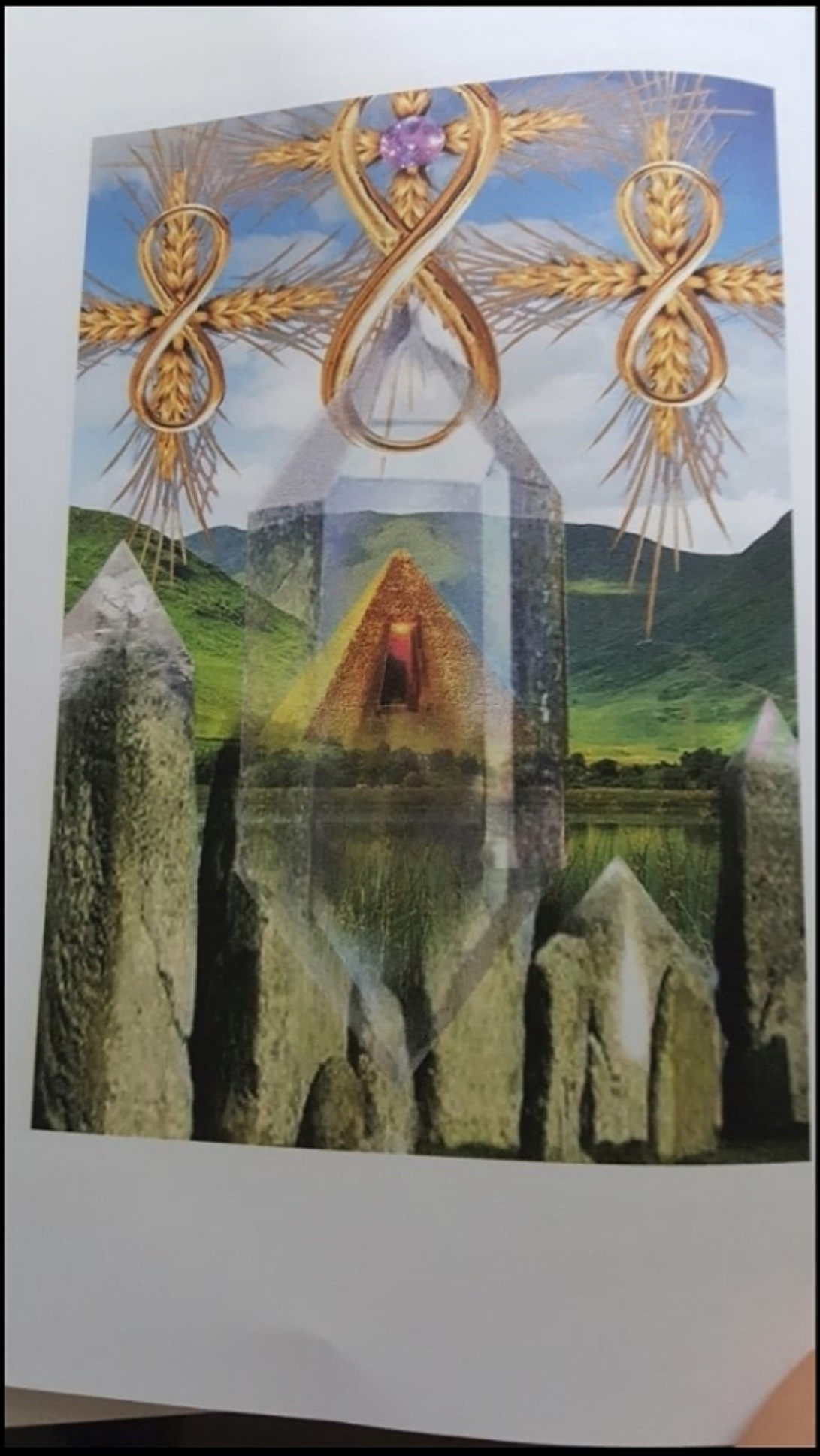
The energy absorbed by the land can now easily "absorb" and "drain out" old energy from the cells of our bodies. The Pleiadians note that if we lay on the ground within the crop circle or around it and allow healing to occur, the dense, old energy that is no longer needed, the energy of fear, control and survival embedded within the cells of our body and passed on through our genes from one generation to the next, will be able to get drained out more easily into the crop circle land. This unique area of land will aid the body in releasing the excess, unneeded energies by drawing out and absorbing the old energies into it and immediately transforming them. In fact all land can assist us, if we lie down on it and allow the process. However the crop circle land is a vortex point and has a more powerful and concentrated force and the process it enables is a lot more intense.

Nowadays are there still farmers who get upset when a crop circle appears on their land. They perceive this as a disruption of their plans for that land and as something harmful to their crops, so they immediately destroy it in anger.

Once this knowledge reaches the awareness of the farmers they will be happy for crop circles to appear on their land; they will look

after the crop circles and will be quick to advertise their appearance. These farmers' crops will be recognized as having a higher energetic and nutritional value and so the demand for these crops, along with their price, will increase over the next few years. Many people will want to come to the crop circles to receive healing, cleansing and balancing work. This will create huge profits for these farmers, as the crop circles have the potential of becoming highly sought after healing sites.





## Chapter 12

# Daniel's Story, Part 3

*Daniel's story was given to me by Alexandrit to illustrate the knowledge and is not based on real people or events. Its purpose is to plant seeds of future potentials.*

Daniel's trip has left a void in the house. The silence he has left behind him is barren. Daniel's intense presence, after having learned to manage his inner world alongside life at home, is now missed by the entire family. Even though he had never had any conversations with the members of his family, now that he is gone they understand how much his presence had connected them all. However, a sense of pride makes up for the melancholy threatening to overpower the household. His parents are still taking in the new facts that have hit them suddenly and unexpectedly. Who could have imagined a study of inter-dimensional aviation activated through the power of consciousness? After all, it sounds like complete science fiction. And how did Daniel know how to find the institute? How could he have even conceived of the existence of such an institute? And the quiet and introverted young man had conducted the entire communication with Professor Parely on his own, and in a foreign language too. His parents are still stunned by all of this.

Daniel's mother is now at the peak of her professional success. Her yoga center has become widely known throughout Jerusalem and her reputation is famous throughout the country. She is invited to conferences and gatherings and presents her unique teaching method. She has brought up a new generation of teachers – her graduating students - and they help her with running the center. Now that her beloved son has gone to fulfill his unique mission, she is able to perceive a new layer of meaning in their relationship. For years she has been speaking about the amazing and extraordinary capabilities of autistic children and their ability to influence their parents' spiritual development. Yet she was always focused on her own development and deepening her personal relationship with her son. She has mainly been focused on her love for him, preserving the family unit and teaching yoga, and she never imagined that she might have another purpose, one that was related to other parents of autistic children. In fact, these years have been her years of personal exploration; she has been exploring how amazing her son is and the effect he has had on her and the family. His going away has awakened her to a new insight. New insights arrive in an almost abstract flash of thought. It takes some time to translate this flash into words, and then really take in the idea and see how it can be brought into reality.

Daniel has taught her that their connection is mainly telepathic. She learned to perceive and communicate with him at the telepathic level, but they had always been physically close to one another. Now she understands that she has to learn how to communicate with her son telepathically even when they are physically very far apart. This

passion emerges within her in a flash and does not leave her. Her common sense tells her that the distance between Israel and Finland is huge. On top of that, the institute is isolated, precisely in order to prevent thought frequencies that could hinder the researcher's consciousness from penetrating the area. So how is she going to manage to overcome all these obstacles? Daniel is not near her to teach her. Her common sense is placing limitations on the instinctual passion that has come as a flash of lightning to her consciousness. She has to concentrate on the ideas that are trying to break through into her awareness.

Experience has taught her that when a new idea is trying to get to her, she has to clear some space and time for it and find her inner stillness. Only out of a state of peace will she be able to receive the messages and understand them - not out of mental effort or by hectically probing her mind. When we are ready, the knowledge intended to reach our consciousness finds its way to us in unpredictable ways. We can always trust Spirit and our soul, which of course is part of the Great Spirit, to know how to deliver the knowledge to our earthly consciousness. Sometimes this knowledge reaches us even before we understand that this is the knowledge we seek. And so it was in this case too.

She takes a day off, just for herself. She leaves Jerusalem and drives down to the beach in Tel Aviv. She turns off her phone, sits in a restaurant on the beach and eats her food with great pleasure, as she looks out at the blue sea. When the sun begins to set and fill the sky with orange-purple hues, she strolls barefoot on the soft sand,

listening to the sound of the waves gently breaking at her feet. She fills her lungs with fresh air. Out of the peace she has created she suddenly remembers an article that was sent to her by email a few days earlier, an article about crop circles. The topic had aroused her curiosity and so she had saved the link and made a note to herself to go back and read it. However, in most cases, she never goes back to read all those saved links, as she never has the time for it. Now, for some reason her curiosity is getting stronger and she feels filled with desire to read about crop circles, which she knows nothing about.

Some strange impulse tells her that her trip has fulfilled its purpose and that all she has to do now is to leisurely go back home and not forget to look at the article. She is flooded with a sense of satisfaction and completeness, a sense that she has received a tiny part of the answer, or at least a direction, but she still does not understand its full significance. She makes her way to her car and peacefully drives home on the open road leading up to Jerusalem. The car seems to be driving itself.

After having dinner with the family, she gets to the article. Crop circles have recently become a hot topic among spiritual groups. More and more crop circles have been appearing all around the world, with beautiful and complex patterns. It is difficult to believe that humans could pull off such a feat without anyone noticing the process. "In fact it's impossible," she says to herself, as she examines the images. Suddenly a deep sense of longing for her son goes through her. It is an aching that seems to scorch her heart. An image of a crop circle in the shape of a complex fractal fills the screen but all she sees in

front of her is Daniel's gentle face. Her eyes fill with tears, the screen becomes blurry, and Daniel appears before her. His presence brings up within her an overwhelming yearning for him. This feeling is choking her, like a sense of deep lack, tearing her heart.

She absentmindedly reaches out for a tissue from the packet on the side of the table, to dry her eyes. She pulls out a tissue and blows her nose without taking her eyes off the screen. And then it comes. Daniel is trying to call her through this image. Is that possible? This is one of those rare moments when she stops breathing because of the intensity of the impossible insight that has just penetrated her awareness. It makes no sense, but yes, Daniel is calling her through the image of the crop circle. As soon as she understands this, the pressure and choking sensation that filled her throat are gone. They are replaced by shock.

She gradually regains her breath. "Okay," she says to herself. "Now breathe. What's happening to me is totally bizarre. It's too strange. I'm imagining this. Breathe. Breathe. Relax." Her mind immediately asks, "What to do now? What should I do? How am I supposed to understand this? And if Daniel is really calling me from there then how will I hear him, and how will I understand what he's trying to tell me? And who will I be able to tell about this? Who's going to help me? God, no one is going to believe this. What should I do? Daniel???" After she manages to calm down she decides to go to sleep and attempt to deal with all this the next day.

She is exhausted and falls into a deep, dreamless sleep. In the morning when she wakes up it takes her a few moments to remember

the events of the previous evening, and then the memory floods her with melancholy. Once again she is filled with a longing for her son and she is frustrated at the strangeness of what emerged in her consciousness. She will have to continue to explore it, but it is so troubling, so blocked. She gets out of bed to meet the new day with heaviness, like a blind person stumbling in the dark in unfamiliar territory.

But once she gets started, something in her inner energy changes, as this morning reminds her of the time during which she was "discovering" her son, ten years earlier. Now, as in those days, she finds herself waiting, almost impatiently, for the moment her husband and daughter leave to start their day and she will have the house to herself, so she can continue exploring what's happening within her. This morning, instead of her usual cereal drink, she lets herself have some real coffee, black and strong. As she sits on the balcony, which is lit up with the pleasant morning sun, holding her cup of coffee, she beings to feel the intimacy of the experience. This intimacy stems from the process of slowly absorbing a new idea. And again, as was the case ten years ago, this idea was been born within her, not read about or learned from some external source. This idea connects her to her son who is trying to teach her how to reach him. Now she is learning how to reach him even when his physical presence is not near her. The way to him is a unique path, unknown to anyone but him. In his silent language he is seeking to teach her something new. She immediately senses that Daniel believes in her. He knows she will find the way to understand his message. And she needs another cup of coffee.

Over the week she begins to explore the topic of crop circles and reads up about it on every possible website. She discovers that there are groups who share information among themselves about new crop circles as soon as they appear. She notices that most of the crop circles reported at this time are appearing in Brazil and Australia. This is too far away for her. But she decides that when a new crop circle appears in Europe she will go to it. She has no idea what she is seeking. All she feels is the urge to go to a real, living and breathing crop circle, in order to move closer to her son in some specific yet unclear way. She will have to make arrangements to be able to leave immediately and travel to the unknown. In addition, she will have to say something to her family about the trip, and she still doesn't know how to do this. Here she is again, delving into the unknown her son is pulling her toward. Yet the previous experience had been extremely successful and beneficial for everyone. The initial shock begins to subside and is replaced by a passion to decipher the hidden mystery. Once more she feels a new adventure is emerging, involving her and her son. Their secret love affair is reawakening and renewing itself.

Over the next few days she prints out all the images of crop circles that appeal to her. She sits by herself in her meditation room surrounded by the pictures and quietly waits for the messages. But no message comes from the pictures. Several days go by and it seems there's something in the air that wants to reach her awareness, but to no avail. It remains hovering just outside the edge of her consciousness. The more she tries to grasp it the more elusive it becomes. This is because she is trying to grasp it through mental searching. That is

not the way. But her mind just can't let go. She is aware of this but she can't help waiting for the messages.

And because they do not come to her and she cannot glean the answer she's longing for from the pictures she printed out, she decides, for now, to take action in another direction. The time has come to tell her husband about this and she is preparing for it with great wisdom and tenderness. As this notion of hers is quite bizarre, she will have to make an effort to overcome the barriers of his logic. However, to her great surprise, it turns out her husband knows about crop circles. As an architect he has already come across this concept, as some of the circles have such a spectacular design that they have also managed to draw some interest in his field. He takes a lot of interest in her idea. Finally, they have found a topic that connects between his field and her world. He doesn't quite understand her path, but he seems to understand, even more than she does, how right it is for her to follow through on this idea. He lovingly listens to this beautiful and talented woman and observes that once again, a new light has been ignited within her. When she expresses some consternation in light of the lack of clarity surrounding these messages, he encourages her to keep exploring. "Look how your eyes open up when you tell me about it, you really become radiant. I think you need to go with it. Go as soon as the moment's right." He implores her and she can't believe her ears. But she immediately recalls that this is how it was the last time too – when she fell in love with her son she regained her husband.

Three weeks later a crop circle appears in Scotland. They have been eagerly awaiting this and they are prepared for her trip. She leaves

replenished with her husband's love and support. At the Edinburgh Airport, Timothy, who manages the crop circle tours throughout Britain, is waiting for her. Timothy, a man in his fifties with a formidable pot belly, a golden head of hair, kind blue eyes and a fatherly smile, created a website for groups of people interested in visiting crop circles as soon as they appear. By being passionate about crop circles, as well as being a friendly and likable person, Timothy created a great reputation for himself among the farmers. In this way he has managed to create a network of contacts and information. Farmers who like him have agreed to cooperate with him and they let him know as soon as a new crop circle appears. This is a huge asset and he wisely takes advantage of it by immediately organizing small groups, which he takes to the field. He and his group are granted access into the circle itself to explore and experience the place. Thus, each member of the group of "crop circle fanatics" is able to spend time, in private, within the newly created circle.

The three other members of the group are already waiting for her in the car. As time is of the essence, they drive straight to the crop circle. Everything is happening very fast. They have all made rapid arrangements to arrive as quickly as possible and they are all excited. They introduce themselves briefly and directly, and the atmosphere is friendly but reserved. Each member seems to have his own private interest in going to the circle and during the drive everyone seems anxious and immersed in a frozen silence. So does Daniel's mother.

The trip takes close to two hours. The urban landscape quickly changes into green fields that stretch out before them, adorned with

dense patches of forest. Here and there along the drive ancient castles appear, elegantly rising up between the hills, but no one is paying any attention to them. The closer they get to their destination something in Daniel's Mother begins to stir and bustle. She doesn't know what this thing she feels inside is exactly. The exhaustion is beginning to take its toll after those hours of quickly getting organized and making her departure. By some stroke of luck she had managed to find a seat on the plane, and now she is on this trip. She remembers that she still has the sandwich she bought at the airport in Israel. She pulls it out and takes a big bite of the fresh roll, filled with mild Camembert cheese, fresh lettuce and a slice of tomato. The flavors are delicious and they calm her down a bit.

They arrive. It is almost four in the afternoon, the sky is grey but there is still enough light. One by one, they emerge from the car, like newborn kittens coming out into the world for the first time, soft and stunned, yet completely independent, willing to be nourished by Mother Earth. The energy surrounding the place is indescribable. They walk over the familiar earth, but they all feel as though they have been transported into an entirely new dimension. The circle, which was discovered last night, is extremely fresh. They can't see the entire image but the fresh green wheat has been flattened in incredible order. The stalks of wheat seem like a huge knitted masterpiece done with perfect accuracy, a kind of vast three-dimensional crochet woven in super-human perfection. They feel like tiny insects getting lost inside this endless royal sweater of wheat sprouting from the earth.

Thanks to Timothy, they are the first ones there. Now there is no need for unnecessary words. Each of them is drawn into the circle independently. Timothy leaves them to it and is fascinated himself. He is the only one capable of speech at this point, and is eagerly talking to the owner of the field, gleaning as many details as he possibly can.

The woven wheat appears to be held together in a way that does not allow the order within it to be violated. It's as if some invisible force is supporting and holding the pattern created, and even as they walk among the stalks of wheat or lie down upon them, they cannot disrupt this order. On the contrary, this order seems to take them into it. It is a feeling that is completely opposed to a feeling of chaos. It is a feeling that the order created here is stronger than anything else, drawing one into it so that one is now part of the cosmic order. Of course human beings are unfamiliar with this feeling, as they are always dealing with some chaos masterfully created by the human mind. Here that chaos completely disappears and is dissolved, and the order supports the perfection of all things.

She lies down inside the tapestry of wheat. Some of the stalks serve her as a mattress and some as a blanket. She breathes and slowly lets her eyes shut. Her body sinks into the green wheat stalks. Fresh and flexible, they gently cradle her. Something strange starts to flow towards her out of the earth. These are tiny particles of matter/non-matter, like gentle golden pollen filled with moisture, woven like a very thin net, flowing and enveloping her and everything around her. This thin net of pollen is also somewhat fluid, and a wonderful

smelling spray-like substance infuses from it into the cells of her body, filling her with a divine sense of joy. She has never experienced this kind of joy, a joy that fills her entire body and mind so perfectly, not too much or too little. This joy is flowing and alive and it is possible to keep breathing it in, touching it and feeling it and snuggling up inside it. The wheat is also seems happy; the stalks are full of life and they move together with her and continue to cradle her with love. She has no way of knowing for certain whether she is awake, or maybe she is sleeping and dreaming all of this. She can't quite decide what state her consciousness is in. Then Daniel appears before her and their meeting is completely natural, as if they had arranged to meet here. He lays down on the wheat beside her, just as he did back then, in his room, when she sat down to meditate and he came to sit next her. But this time Daniel is an adult, his consciousness is active and he is running the meeting. He speaks to her, but not in words. This doesn't prevent her from hearing every word he says. He leads her consciousness to his research institute and gives her a tour of the place. They arrive at the inner courtyard, which is surrounded by glass walls and covered by a giant dome made entirely out of a pink transparent crystal, polished like a diamond. The rays of light that penetrate the translucent sides of the crystal are so gentle and soft, that they make the place feel as if there are gentle fairies hovering and dancing around the space, scattering pale pink feathers that slowly descend until they are absorbed in the ground. The big courtyard includes a beautiful, rich, tropical garden with sitting areas scattered within it. Rare species of plants and dozens of different types of orchids grow in this garden, in a myriad of hues, and they appear like

living creatures. The temperature in the inner courtyard is warm and pleasant, even though it is the middle of the frozen Finnish winter. The rich vegetation is living and breathing and all the plants seem to be connected to each other in an invisible way. They seem to be communicating with each other. She feels this place gives all who enter it the feeling that they are connected, providing them with a sense of pleasure and security and canceling out the possibility of feeling a shred of loneliness, because this garden makes those who spend time in it feel that they are part of it. Beyond the glass walls surrounding the courtyard she can see the library, and on the floor above are the lab, the music room and the dining room. On the third floor are the bedrooms, each room with a big window overlooking the garden. In fact the entire building is built so that it looks out onto the courtyard through the glass walls, and the crystal dome diffuses soft and gentle light, which penetrates every room. Daniel explains to her that they use their consciousness to energize their courtyard and that is why there is such a vital feeling in the space. They continue the tour, and Daniel leads her to a small room hidden within the tropical thicket. This room houses huge crystals that grow out of the earth, clear and flawless, in hues of purple, green and blue. Daniel and his mother sit on a small stone bench in the center of the room. The moment they sit down, a transparent quartz crystal emerges like a hologram in front of them and in it floats a golden pyramid. "This is my crystal mother, look." She notices that there is some additional movement inside the crystal, of what appear to her like small clouds. "These clouds are our crystalline consciousnesses, they live inside the crystal and are part of our Self, which we are

always connected to." Daniel's continues his explanation, "Look mother, the cloud on the left is my consciousness," he says as he points towards a soft follicle moving within the crystal around the pyramid. "And that cloud beside me is Nell, Nell is my brother from the Pleiades and he's an autistic who lives in Canada. We meet in the crystal through our consciousness." The mother sees other clouds. "Yes, they are also my brothers," Daniel explains to her, "This is my crystalline family." All the small clouds dance around the golden pyramid floating inside the clear crystal. A golden light is streaming out of the top of the pyramid. "That's our master, mother." The deeper she looks into the crystal the more she understands how vital it is. Daniel is the happiest she has ever seen him. He is now an adult, full of confidence and so wise.

A soft hand gently touches her foot. It is Timothy. "Come my dear, it's already dark and we need to get to the hotel. We'll come back here tomorrow." His kind eyes seem to understand the depth of her experience and how difficult it is for her to leave the place.

In her room at the hotel, she understands that her body and consciousness have never contained such pure joy. Her meeting with Daniel was completely real. Everything she saw and experienced felt completely real to her. That place, the crop circle, enabled her to connect with Daniel in the way her heart was seeking. She knows that from now on she can continue to develop her relationship with him, she knows that sacred land has initiated within her the telepathic channel between her and her son, and now she can continue to develop the relationship with him even when they are physically very far away from each other.

The next morning they start the day with an airplane trip over the crop circle and only then do they see the image in its entirety. It is a picture of a crystal with a pyramid inside it.

* * *

Daniel's mother has directly experienced the essence of the crop circle. It was a personal experience; each person felt the energy of the circle in his own unique way. She understands that this is a place that allows for an immediate transformation of consciousness into a new and higher state (for those who are ready). In fact it is a leap of consciousness. The circle, which was created mysteriously, contains forces that are unclear to the human mind. Yet these forces work for humans and are at their service. Through the intense personal experience she has had she understands how alive and breathing this place is, and that this site is like a point of connection between several dimensions (between the third dimension that we experience and the higher dimensions). Crop circles are a natural wonder and are now being bestowed as gifts to humanity.

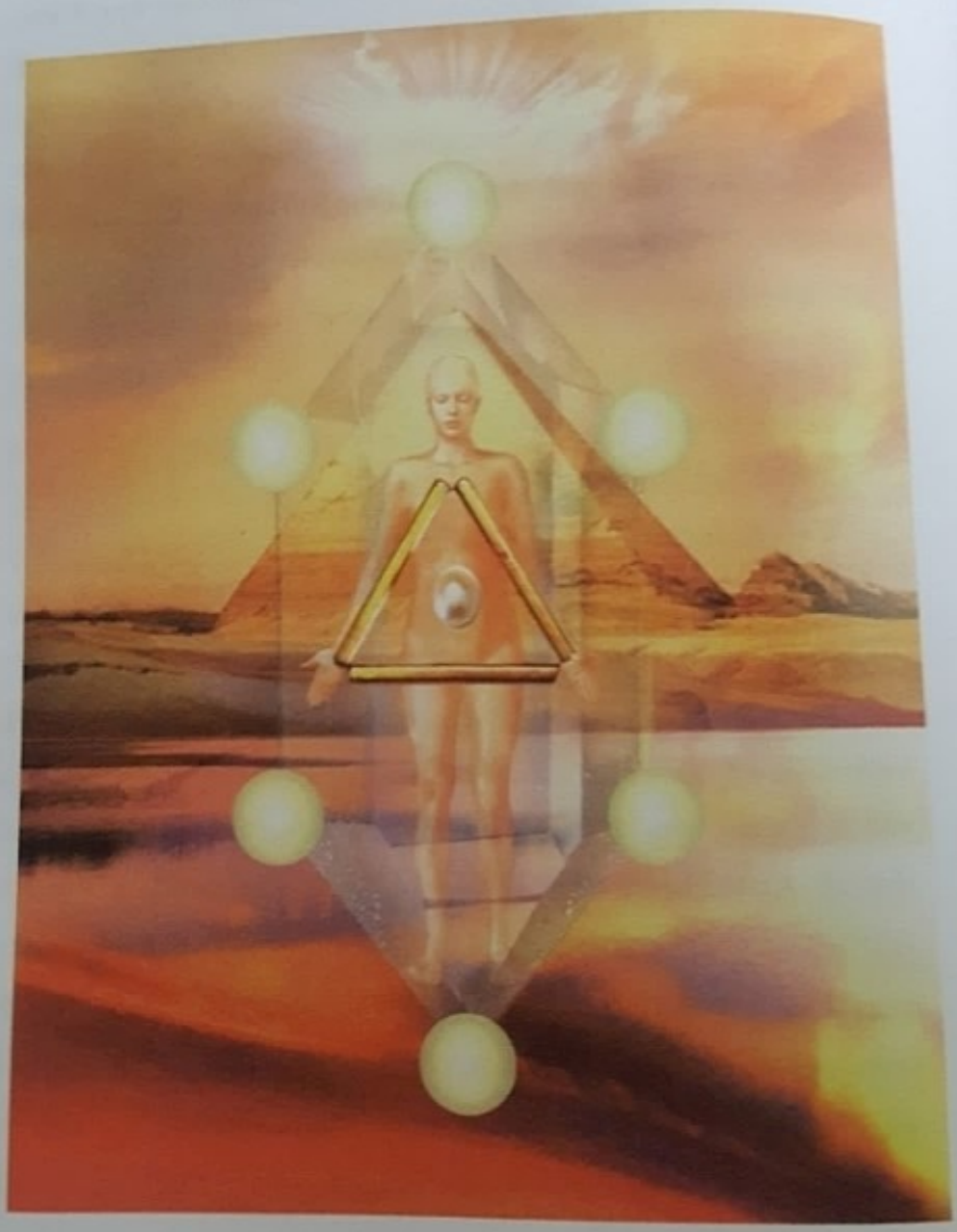
The crop circle continues to work for her even once her visit is over and she returns to Israel. She feels it is still active and she can connect with it through her intention. The circle continues to teach her the lessons she is meant to receive, as she is open to this happening. She has learned how to connect with Daniel. He waits for her in the crystal room. His joy reaches all the way to her. Now Daniel has just taught her how to feel complete joy, untroubled by thoughts. It is all so real, her son is happy, he is living in a place that supports his essence, and he is fulfilling himself. He is not strange and different

there but living among people who are like him, where their abilities are considered superhuman and miraculous, and they are all highly respected, appreciated and empowered. Daniel and his friends enjoy conditions that completely fulfill their needs and development. She feels the perfection in his life, and now that Daniel has taught her a new way of communicating with him, her physical pangs of longing have subsided. And this communication is important to him, too, as he needs her in his own way. He needs this telepathic communication with her, as she is the earthly human being he is connected to and her love nourishes him too.

After the experience she has been through, she understands that she carries unique knowledge. Up until now her knowledge was acting in the service of her son and her family. Now she feels the need to help other autistic children, through calling out to their parents. Now that she has felt the power of the crop circle land, she understands that the circles are calling to them, seeking to empower these parents and awaken their knowledge. There are other autistic children who carry unique knowledge, just like Daniel and his friends at the Finnish institute, and their knowledge may be dormant, hidden and just waiting for the parent to awaken and support it in the way that only the parent can. This is a deep call and she decides to surrender to it and tell her story to those parents who are open and interested in listening. She knows that Daniel's story will inspire them. Timothy helps her contact communities of parents of autistic children throughout Europe and organizes meetings in the crop circles for them. Inside the crop circles the energy is active. The crop circles invite their guests to do independent work within them. Each

guest has to find his way within the circle, as the circles permit no instructions or guidance to be given. The crop circles are unique in their ability to communicate with each person in his own way. There is no single fixed way and it is impossible to predict what personal experience a person will go through as they enter the sacred crop circle site. It is important to remember that you can connect with the crop circles and work with them also from a distance. The energy of the crop circle will come to you, if you just let it.





## Chapter 13

# *Initiating the Parent-Child Channel of Consciousness*

I first saw my personal crystalline structure in 2007. This structure exists in the etheric dimension, or what we might call the realm of consciousness, and not on any physical plane. I intuitively knew that it was a personal energetic structure comprised of the consciousnesses of six beings I could see within it and that I was one of them. I knew the figures I saw within the crystalline structure were my crystalline family. However at that time, my ability to connect to the crystalline structure was pretty limited. I could connect to the energy of the structure mainly when I was giving treatment sessions, and I did it by focusing on the image I saw in my mind's eye and memorizing the names of the beings I saw in the structure, the six primary consciousnesses. I went over their names quietly in my mind, repeating them like a mantra.

In 2010 in Boston, a substantial portion of Alexandrit's first book, which I was writing at the time, was dedicated to my personal crystalline structure. Additional details revealed themselves to me on the page, including the fact that the crystalline structure was the vessel through which I would be able to merge, through my consciousness, with Alexandrit – my Pleiadian guide who was actually a part of my higher self, as well as with my own soul. I also

understood that through my connection with the crystalline structure Alexandrit would be able to apply her energetic Pleiadian work through me. While I was writing the first book I was told I needed to keep honing my ability to connect with my crystalline structure. I was told I had to learn to connect to this energy through my heart and my essence, not just through my mind, as I had been doing, and that I needed to learn to become part of the structure. However, I did not know how to apply these instructions. After receiving guidance from Dr. Norma Delaney, I began to work with the conscious breath in order to merge with my crystalline structure and with Alexandrit, the Pleiadian aspect of my soul. When I began breathing as Norma had taught me, my life went through an accelerated and uncontrollable series of changes, which at first appeared to be a total breakdown. Yet despite all the difficulties, and even though I was going through my darkest moments of despair, I continued to inhale the "breath of the soul." "Keep breathing, keep breathing," I heard Norma's voice within me, and I kept on. (Thank you dearest Norma, for being such a source of inspiration and strength, enabling me to continue conscious breathing even when things get extremely difficult).

Later on, as my path unfolded I also discovered Christine Day, and was relieved when I found in her first book, *Pleiadian Initiations of Light*, information that was in alignment with the knowledge I had received from Alexandrit about the crystalline structures. I gained a lot of strength from Christine Day's book. I continued practicing the knowledge taught by Norma Delaney0 and Christine Day and received huge support from their messages, which encouraged me to continue on my unusual path.

Gradually, my connection with my crystal expanded and I began to feel I was part of it. I learned to connect with it through my breath and my heart until I could feel it as part of me and myself as a part of it, most of the time. In this way I shifted into a state of not thinking but rather experiencing the crystal. Within me, an energetic pathway had opened connecting my heart with the point at the center and back of my brain (the pineal gland). Simultaneously, I could feel the energy of the crystalline structure flowing and vibrating along my spine and in my umbilical region. The flow was strong and intense mainly during the hours when I was focused on energy work.

In fact, while I was writing this chapter about the initiation for the parents (November 2012), I went through one of the most important stages of my own personal initiation with the crystalline structure. Six years after the crystalline structure had entered my earthly consciousness, I reached the stage where my presence in the crystal had stabilized. It was then time for me to reach a more profound level of commitment to consciously working with the crystal. This commitment had already been made by my soul, but now my conscious earthly aspect had to choose to make this commitment and integrate it.

My connection to the crystalline structure is led by my inner guidance. No external source gave me the instruction to perform the consciousness work in the crystal or provided me with specific information about my crystal. And yet, the information written through me about the autistics – why they come to Earth and how they work with their crystalline structures, has advanced my own development. While I am still a long way away from the level of accuracy autistics

have in activating their crystals and being present within them, I have learned a lot from the knowledge brought forth here.

The conscious choice I made to devote myself to working with the crystal and implementing this knowledge has put my life in a new perspective. Working with Spirit and my commitment to Spirit has since become the main focus of my life. It seems I've made peace with my choice to live by my soul agreement. I committed to activating my crystal for as long as I am alive, as I know I represent the sixth consciousness required for activating it, and that if I don't do it, the crystal will not be activated, at least not until another consciousness becomes ripe to take my place. I did not want to give up my place in this special crystal and I understood what an amazing privilege it was to be an aware and awake human being in this world. Life didn't become perfect, not at all, and I knew I still had a lot of challenges ahead of me, but I could shed the old dreams I had about life a lot more easily and agree to live my life being devoted to working with my crystal. The amount of peace in my life progressively increased.

### *My Personal Initiation*

In October 2012, while I was undergoing my initiation with the crystal, I spent most of my time alone in the apartment I had been renting in the small town in Hungary. My seclusion was urban, not out in nature as I imagined it would be, but fortunately in a quiet and pleasant neighborhood surrounded by a lot of gardens. Apparently this provided the right balance for me, and it was important for me to maintain my inner balance, to get dressed every day and go out

into the world, walk on the Earth, breathe fresh air, see people, do some shopping, cook and eat. I was disconnected from the life I left in Israel, no telephone calls, nothing to take care of except myself. There was only one person in my life at that time, my Hungarian friend who supported my process. At the same time, I felt very safe during the many hours I spent in the apartment, and this enabled me to use my consciousness to enter another reality, the one deep within the crystal.

I was guided by the information about the way autistics use their consciousness to activate their crystal. Entering the crystalline realm was something that happened naturally. The knowledge was inside me and was activated intuitively. I brought my consciousness to my fixed place in the crystal, and stayed present there, in a deeply relaxed state, until the merging occurred and I could feel that the entire crystal had been activated and that the energy was flowing within it. I sensed the golden flow and received it into every cell of my body, with every breath. I was ready now to move on to the next stage of my work with the crystal. I was able to leave part of my consciousness awake and present at the point representing my place in the crystal, while another part of my consciousness entered deep into the center of crystal. In fact I split my consciousness within the crystal. This happened simply and easily.

And so a new situation was created. I lay there, experiencing myself in the center of the crystal, feeling like I was floating in the soft core of light that completely enveloped me, in absolute comfort and wellbeing, just like a womb, lit with a golden light. The world outside the crystal faded from my consciousness. No sounds from the

outer world penetrated my ears. Once in a while an uncontrollable thought would go through my mind, but it was a lot slower than usual, and I was able to direct it out of my consciousness. After a period of floating in the core of my crystal, once the sense of calm had deepened, to my surprise I saw a temple and felt my presence in it. This was the temple in Egypt I had come to at a very young age and where I grew up. I was already familiar with images of it from past life memories that had previously arisen within me, but I never expected to arrive at it in such a real way through the crystal. The place still seemed to be alive, existing within the crystal. The central courtyard, the living quarters, the study halls as well as the expanses of the desert landscape and the silence stretching in every direction appeared before my eyes. During my lifetime in Egypt I loved temple life, not only because it was the home I remembered, as I had been raised there from such a young age, but also because I truly loved this sacred work with all my heart. I was one of the apprentices who were devoted to holiness with deep love. I loved my guides and teachers, the temple rules, the daily schedule and discipline, and mainly the divine and sacred energy, full of love, which suffused the entire place. Now, as I lay in the crystal, I was flooded once again with the memory of the temple in Egypt which was so lucid, not only visually but also in terms of the sense of joy I was filled with. I was privileged to experience one of the dimensions existing within the crystal.

My memory opened up and expanded. Suddenly, for the first time I knew my Egyptian name. I was Suti, and it was by this name that one of my guides called me to enter the grand hall, knowing that

the time had come for my transformation. Everything around me was buzzing with the excitement of this farewell. This was the day set for my transformation and I knew with all my being that I was ready. I was in my mid twenties, my body was slim yet very strong and I was dark skinned. I moved with light yet confident steps. I had been through many preparations and I was looking forward to my transformation with great excitement.

Transformation meant leaving the temple, leaving the kingdom that represented the rest of the world that still embodied the merging of spiritual life with matter. This kingdom was in its final days. We all knew that our temple days were approaching their culmination and that our kingdom was destined to decline and to continue existing only on the etheric planes. Now it was only a matter of time until all the members of the temple would reach the point of being ready to contain the intensity of the transformation, and leave. The general atmosphere in the temple was one of preparation for the shift into the earthly realm, which for us, the temple dwellers, represented a new beginning for our souls' path on planet Earth. Each of us would go through many lifetimes before reuniting with the temple family and the parts of our souls waiting for us during our journey in dimensions that were not physical, a reunion which would take place in the distant future, in terms of time on planet Earth.

From the grand hall I walked to the entrance leading to the inner pyramid. This was not the first time I had entered this sacred space, as I was one of the privileged ones. The grand teacher had already summoned me there on several occasions, to teach me and prepare

me personally for my process of transformation. However, this time I had to make my way alone. Choked with tears, I said goodbye to my guide and continued on my path. I entered the great pyramid, which was entirely lit with the bright golden light emanating from the grand teacher's presence.

Every time I had entered the sacred chamber, the Great Master had asked me if I was certain of my choice, and every time I answered with no hesitation. Yes. My will to serve the beloved Spirit was absolute, and I was resolute in my devotion. The sessions I had with the Great Master were saturated with the energy of eternal love, which he transferred to me without words. He bestowed his radiance telepathically and precisely, directly into my consciousness, and that is also how he perceived my answers. Being present in the sacred chamber required me to leave everything that was not mine outside the sacred room. As I stood before him, I was not allowed to be anything other than the pure essence of my Self. I was not permitted to enter his holy sanctuary with my thoughts or with any of the old memories. Suti knew how to leave these behind.

Now in my crystal, I could recognize my beloved teacher. He appeared to me inside the pyramid as the god with the head of a hawk, but for the first time, I – Alexandra – could recognize that this was the Avatar, my beloved teacher Sathya Sai Baba. Now I could recognize and understand that they were one. This was the same teacher, the master, and he was looking at me with that same gaze, radiating his divine love. The depths of this love cannot be expressed in words. My worlds, past and present, merged in my consciousness.

As my memory continued to expand in my crystal I could see something I had not been aware of until that point. Although I was ready to leave the temple life I loved so dearly, the separation difficulties were intense. I could leave behind the life that was so well suited to my personality, and I had no difficulty saying goodbye to my guides and my friends in the temple, but there was a part of me that did not want to leave the temple. That was the part of me that was attached to Anneh. He was my beloved friend, and our hearts were connected in bonds of pure, intense and profound love. We had grown up together as children in the temple in Egypt and neither one of us could remember ever having existed without the other. We were children of the temple, twin flames. My intense difficulty had to do with leaving Anneh, who I loved more than anything.

Anneh's image continued to appear and reveal itself before me. For weeks before Suti's transformation, Suti and Anneh prepared for their anticipated parting, with mixed emotions of pain and the power of faith. They knew the time would come when Anneh too would reach his stage of transformation and that they would meet many times on their earthly journey. But they also understood that as humans they would not remember the beautiful time they had together at the temple. Suti and Anneh knew they would not be able to rest together under the grace of the purity that protected them in the temple. Without exchanging a word, they knew that they would go through many lifetimes until they would consummate their love in the earthly realm. Suti and Anneh knew their encounters on their earthly journey would be very different in nature from the unity and peace they had experienced together in the temple.

As Suti gazed at Anneh she could hear the murmurings of his heart, which he dared not voice aloud, "Wait just a little longer, why do you have to be ready so soon? Why do you need to be among the first? Stay with me a little longer." But my love and devotion to Spirit would not allow me to stay, knowing that I was ready to move on. I was Suti, and I had to follow the call of Spirit. It would be my devotion to Spirit that would help Anneh continue on his path too. But the understanding that our separation would last for such a long time absolutely tore our hearts. It would seem like an eternity keeping us apart. Only at the end of our long journey would the much-awaited time for our reunion arrive. Then we would be anchored in the temple consciousness in a new way and we could share the love of ones who have completed their journey. The purity would return and merge with the love of our bodies. Suti picked up the pieces of her heart and departed.

* * *

In his sacred chamber, as I knelt before him, I asked the Avatar for my transformation with all my heart. The Avatar – Sai Baba - the hawk, looked at me long and deeply – into the depth of my being. His eyes, overflowing with love and tenderness, ignited the process. His gaze penetrated my being and began to bathe me in his light. I absorbed the light with every breath, as I had been trained to do, until my body was completely saturated. Then my physical senses became blurred, my breathing became heavy, and I could no longer feel my body. It was difficult for me to know whether my body had remained seated upright before him, or whether it had collapsed. A living fire, like a laser beam, streamed out from his heart and began

to melt and burn my body away, yet I felt no pain. This was sacred alchemy, and all traces of physical sensation had left me. I was left before him, devoid of my body, naked of form, yet continuing to exist, sensing his golden presence and absorbing it.

In the process of my transformation I was privileged to receive the full light of Spirit and enter through its gates. The bright light of the Great Master burned my physical body until it had disappeared completely. I had been seared by the sacred love of Spirit and this scorching was now awake and alive in the cells of my body, as god's gift and grace. I, Suti, had chosen this. I had chosen to embark on my soul's earthly journey so that when the time came I would know to find my way back to the Avatar as an earthly entity, and seek to merge his pure love with my earthly body. This was the mission I had chosen, knowing I would have to undergo a long journey in order to complete it. However I also knew that he would always be with me, even after I had forgotten everything, walking the Earth blinded by illusions of fear and loneliness. But the time would come when I would remember.

This was not an obvious choice. It was not the next natural stage for all the temple's children. Some had chosen not to go through the earthly journey and incarnate into a physical body, and their transformation process led their consciousness to the etheric realms, where they continued to exist, develop and if they chose – to serve Spirit.

In the memory of my transformation that awoke as I lay in the depths of the crystal, I knew with all my being that I was the beloved child of the Great Spirit, and from that moment on I felt a very deep

and true sense of belonging. I was no longer alone. My crystalline structure had been activated and the six primary consciousnesses in it were all present and awake – I was the last of the six to awaken.

I am quite certain that I was able to reach and touch my personal memory of the temple in Egypt very much thanks to Elisabeth Haich's book, *Initiation*[5], which I read over twenty years ago. This book left a deep impression on me. I don't remember the details of the story but I remember my experience of reading it. The book planted within me the seed for my future remembrance. I was very young when I read it and I had no idea what direction my life was going to take, but even then, my body could sense my connection to the temple. I sensed the author and I were part of the same family, although I could not yet say for certain that "I had been there too." However, my entire essence felt the truth, as this was a universal truth embedded in me, as it is embedded in anyone who was present in the temples of ancient Egypt. We all carry the knowledge, the memory, some of which is personal and some collective. Everyone who is present here and was present there underwent the transformation with the hawk teacher – the Avatar, and remembrance is only a matter of time. This will happen for each person in his own time and way.

* * *

The crystal had been activated, yet I did not feel ready yet. I would have liked to wait until I felt wholeness. I would have liked to stay in Hungary and practice being in the crystal every day. But something

[5] **Initiation** by Elisabeth Haich (Author), J.P. Robertson (Translator), Allen & Unwin; 1ST edition (September 1965)

propelled me forward, and when I felt that familiar wind on my back I remembered the time I completed my studies. Then too, after three years of daily practice at the Alexander technique school I was afraid I wasn't yet ready to embark on my personal path. But my teacher spurred me on, saying I would never feel ready and that if I waited for everything to feel perfect I would never be on my way. "There is no such thing as perfect, and there never will be, but life is ready for you now," he told me. I remembered that and knew in my heart that it was true in this moment too.

My initiation and my memory of the temple in Egypt, which were activated while my consciousness was in the crystal, gave me an idea of the dimensions existing within the crystalline structures and how consciousness can experience these dimensions. I also had access to the knowledge contained within the crystal. This profound experience prepared me for my work as an active participant in my crystalline structure, and set the stage for fulfilling the purpose of this crystal on Earth – supporting the Pleiadian autistics and anyone seeking to deepen his connection with his own soul.

Now I knew the role I was meant to fulfill and how to perform it, and I trusted myself to keep my commitment to the choice I had made.

I know this crystalline structure has additional purposes, beyond the ones I am currently aware of, which I cannot yet understand or absorb. The structure, like all crystalline structures, will continue to evolve even after I am no longer an active part of it.

## *Initiation of the Parent-Child Channel of Consciousness*

The crystalline structure I am a part of is now activated and set to support autistic children through working with their dominant parent. The entire book carries the Pleiadian energy for parents of autistic children, according to the soul agreements that were made. The Pleiadian group supporting these agreements works together with this crystalline structure and through it.



## *Final Words*

The energy in this book flowing from of crystalline structure is absolutely available to anyone who wishes to receive it. It will connect you with the energy of the initiation of the Parent-Child Channel of Consciousness and/or bring you in deeper contact with your Self. The energetic initiation coming from the Pleiades is aimed at the level of consciousness and awakens the memory of the choice you have made at the soul level. You will remember this agreement gradually and intuitively.

You can receive support and inspiration by reading the book and looking at the illustrations. You may then feel that you wish to receive the full initiation through working with the Pleiadian Alignment Model and the initiation cards (see Appendix 1).



# *Epilogue*

By the time I had finished writing this book I was in a very positive state of mind. The writing process had healed me and made me stronger. My relationship with my crystalline structure was now serving to anchor me in this earthly dimension. My commitment to performing the energetic work with my crystalline structure had become the focal point of my life and it provided me with inner strength, a sense of security and a new and independent outlook on life. I started seeing things in my own way, with confidence. However, I didn't feel I was quite ready to have the book published and "hold" the energy it embodied.

At that time I received a clear and unequivocal message: I was directed to go once again to Sai Baba's ashram in India and from there to continue to another ashram I had never visited before, in Bali, Indonesia. To be honest, I didn't really feel like heading out on that journey. I was tired. But I knew I had to do it to get myself ready for publishing the book and fulfilling my commitment to my partnership with the Pleiadians for the purpose of performing the unique energetic work. My dreams were also urging me to go on this journey. In my dreams I saw myself being so happy and I experienced a sense of joy I had never experienced in my waking reality. This encouraged me to set out.

As I could afford to do so, I decided that this time I would travel in comfort and pamper myself so things could flow as easily and smoothly as possible. But what actually ensued was entirely beyond my control. For the majority of the journey I was "ill." Even though I knew I wasn't really sick with a disease and that my body was responding to a profound energetic process, it wasn't easy being weak and having no energy given the physical conditions in India. My body was cleansing itself and releasing vast amounts of old energy – the energy of fear, anger, etc. Although I had friends around me who helped, this was not what I had expected. My plan was to have fun, rest and relax, but every time I felt better and started planning a trip or a vacation further away from the ashram, my physical condition would deteriorate and I would be "sent" back to bed. I also completely lost my appetite, so I couldn't even take comfort in the delicious Indian cuisine I love so dearly. I didn't understand what was happening, as the dreams that had encouraged me to go on this trip had shown me something entirely different. But having no choice in the matter, I accepted the situation.

Eventually, towards my trip to Bali I recovered, mainly thanks to the antibiotics an Indian doctor had convinced me to take. When I arrived at the ashram in Bali I was happy and feeling really good. My energy was back and I was given a very warm welcome. The atmosphere at the ashram was wonderful; the place was abundant with magnificent natural beauty, and I felt like I was in paradise. Everything was wonderful. I immediately connected to the teacher's pure, high frequency energy and the people there were friendly and supportive. The meditations, the excellent food and my appetite

which had returned, and everything felt great. I was happy and smiling for a whole week. My first week in Bali, in fact, was the only period during the entire journey in which I enjoyed a break from the exhausting processes of physical and energetic detoxification.

At the ashram in Bali everyone was talking about "the process" people underwent as a result of the intense energetic work done there. I laughed and said that I had already experienced "a process" and had been going through it during my entire stay in India. People looked at me gently and said nothing. And indeed, after a week of feeling like I was in paradise, it became clear that everything I had been through in India was just the prelude. It was in the ashram in Bali that my body showed me what cleansing really meant. More and more "old stuff" was coming out of me. The amount of mucus in the array of hues and colors that my body had created and was expelling was absolutely beyond belief. The fever, the cough and the exhaustion were back, and with a vengeance. But this time, everyone around me shared in the joy of my detoxification. Everyone except me, that is. "You're so lucky to be experiencing such an intense process," people were saying to me, with admiration bordering on envy. I received a lot of support, but I did not fully recover until I returned to Israel.

And yet, I was surprised to discover how wonderful I was feeling, despite the fact that my body was experiencing great difficulty and discomfort. In Bali, for the first time in my life, I experienced a total separation between my physical condition – which was one of weakness, exhaustion and generally falling apart, and my mental-

emotional state – which was one of constant and abiding bliss. The ashram provided me (and apparently many others) with a safe and supportive space for me to love myself. And what happened to me in Bali later on came as a surprise on every level, as I could never have imagined or hoped for something like it to happen to me.

And so it was:

The ashram is situated in an isolated spot at the foot of a sacred mountain called Mount Agung. Its peak, which is the highest point on the entire island of Bali, is visible on clear days. Throughout history many people have been drawn to Mount Agung, and there are many stories of grace and holiness associated with the mountain. The teacher I had come to work with was also deeply connected to Mount Agung and would customarily tell his students about the sanctity that lies at its heart. This is why he had built his home, the ashram, at the foot of the mountain, so he could always be in contact with its energies. The ashram's guests would often get together for group excursions to climb up to the mountain's peak. However, although I had a deep respect and appreciation for Mount Agung, I never even considered joining one of these groups, as these types of excursions involved a lot of climbing on foot and a considerable amount of physical effort. Aside from being completely exhausted, I had never enjoyed or felt drawn to athletic challenges and was content with staying at the foot of the mountain and gazing upon it on clear days. But Mount Agung had decided for me that I needed to get to its peak. The mountain was calling me, and it was on one of its peaks that I experienced the most significant initiation of my life.

It happened towards the end of my time in Bali, on my way back to the ashram from a trip I had taken into town. I had hired the services of a local taxi driver, a young man who had driven my friend the day before. He was friendly and kind and spoke fluent English. When I asked him to take me back to the ashram he told me that a year earlier he had taken a German tourist to a hidden temple on the mountain. "It's right next to your ashram," he said. He offered to stop so we could visit it on the way back to the ashram. "It's a sacred place, and I wouldn't take just anyone there, but you are a special woman and I feel you need to be there. You won't find anything about it on Google or in any tourist guide book - very few people know it exists." Of course I could not refuse this surprising offer. He didn't mention I would have to do any climbing, and I was sure he was going to drive me all the way to the temple's entrance.

As we drove the weather changed; the sun disappeared behind heavy clouds and the jeep was making its way up the mountain through thick fog. It was only when we reached the parking spot that the driver casually mentioned we were going to climb the rest of the way up. We were standing at the bottom of a seemingly infinite staircase carved out of the mountain's stone. I was already there and I didn't really have a choice, or any idea of the trek I was embarking on. Encouraged by the young man, I began climbing towards the hidden temple, slowly, step by step. It seemed as though each stone step was singing me a hymn and gently pushing me up.

By the time we reached the temple I was breathless from climbing, although the view also breathtaking. Thanks to the fog, and probably

also in alignment with a higher will, I had the privilege of walking around the temple grounds alone. There was a large stone courtyard surrounded by smaller temples, built according to the Balinese tradition. To enter the courtyard I had to go through one of three huge stone gates. I walked in and sat on one of the platforms and felt the energy around me.

Heavenly peace.

I closed my eyes and rested. Gradually, I felt myself being drawn into another dimension. My crystalline structure appeared before me, alive and breathing. The crystal's six primary consciousnesses, all of us, were present, and our presence was clear and alive. I immediately knew that two of the other consciousnesses, two of my crystalline sisters, were living on Earth in human bodies, and that they had been here before me too. They had each arrived separately at this place, because the mountain had beckoned them as it had called me to it. Each one of us had been initiated into the crystal in this very place. At that moment I clearly knew that the mountain was situated on top of a subterranean Lemurian temple. I felt the land of Lemuria under the mountain and the connection my soul had to it. I could see my ancient Lemurian past and my soul's promise to take part in this crystal. I saw the Lemurain masters blessing me for having arrived and I felt my strong connection with the crystal, which had been waiting for me. I experienced my crystalline initiation in an incredibly natural way. The crystal was now fully activated. Bali had made this possible. The mountain, which beckoned me to it even though I was not interested in going, had made it possible. And the

teacher in the ashram had made it possible - I knew in my heart that he was aware of what was happening to me here. I was grateful to the sacred Mount Agung, to my divinity, to the crystal, and to the Avatar, who was present here in full power. All of us, or All That Is – had conspired to create this experience.

And so it was that on one of the peaks of Mount Agung I had experienced the merging of dimensions. Different worlds existed in that place simultaneously and I could sense and experience them. My heart understood this, and my thoughts did not get in the way of my heart. This was the first time I had been in such a strong geographical vortex, and it was a great privilege for me to experience this merging of worlds. At that moment I understood why I had been asked to go on this trip and I could see how everything I had been through on my journey had prepared me for this moment. It seemed as if everything had just happened of its own accord, as I could never have even imagined hoping or asking for it to happen. But Spirit knew all along, and was guiding me the whole time. At that moment I could contain this understanding easily, as I was ready for it. I stood at the stone temple on Mount Agung sheathed in a golden energy. I walked over to the center of the courtyard and knelt down on my knees. I breathed. Everything was quiet and simple. The driver was waiting for me outside the temple grounds and once I was done we peacefully descended. On our way back down the rain had stopped, and by the time I got back to the ashram the sun was out once again.

I returned from this journey ready to publish the book and work with the energy it holds. The book itself was now also ready to go out

into the world. It is intended to touch the hearts of pioneers who are ripe to receive its messages and the knowledge it contains and who are ready to release the old and restrictive themes and ascend to the higher dimensions. These pioneer readers have an important role to play – they will be the first to anchor the concepts presented in this book so that in the next stage, this knowledge will be able to reach a very large audience.

*Appendix 1*

# *The Pleiadian Alignment Model*



After I completed writing the manuscript of this book I created the Pleiadian Alignment Model, as I had seen it in a vision about two years earlier. The Pleiadians gave me clear instructions on how to build it, explaining that a physical structure was needed to serve as a platform to energetically hold the crystalline structure.

The model is made out of optic fibers that create a gentle effect of light flowing delicately above and around the treatment table. The model is spectacular in its beauty, and the light that flows through it changes, going through all the colors of the rainbow and creating a soft flow of movement. The optical fibers are flexible and completely safe, so those receiving the work can touch them, place them on their body, wrap themselves up, or cover themselves in the fibers.

It was only after I actually saw the model I had created, after it had been installed, that I understood how much it actually does carry the Pleiadian energy. Between the physical fibers, the crystalline structure is integrated within the tapestry of moving light. It too is alive and flowing, just like the light created by the optical fibers, but it is invisible to the human eye. The Pleiadians tell me that this unique design of a physical structure that contains the crystalline structure, actually creates a new structure – an inter-dimensional one – that will assist people in their personal transition into a higher consciousness.

I have begun treating clients and facilitating the energetic initiation for them within the model. The responses have all been heartfelt and excited, although each client had a completely unique experience. The experience within the model is powerful and multidimensional, and affects everyone in a very personal and unique way. The Pleiadian model helps us come into contact with unseen veiled worlds and access layers of our soul, allowing us to expand our awareness and receive new information, some of which is still completely unfamiliar to the human mind.

Some people experience the energetic work within the model as if it were a womb, or a very safe space. Some are reminded of the world of angels and fairies, while others feel strings of light entering and merging with their body. Indeed, the experiences provided by the model vary from one person to the next. However in every treatment, the visual effect is branded in the memory, enabling you to continue to activate the energetic work also after our session is over.

## *About the work*

The Pleiadian energy work will awaken within the dominant parent the unique knowledge he carries for his child. The activation that takes place on the parent's level of consciousness is a simple and natural process. The parent does not necessarily have to be someone dealing in the spiritual field in order for the knowledge existing within him to be activated.

If you are a parent who wishes to initiate the channel of consciousness between you and your child, it is important to note that the initiation is intended only for one of the two parents - the one who identifies himself as being the dominant parent carrying unique knowledge for his child (See chapter 7). The other parent can play an important role in this magnificent process of development as a supporter of his child and partner.

There is no limit to the number of times the dominant parent can perform the initiation for the purpose of awakening his knowledge. You can receive the Pleiadian energy work as many times as you choose. If you have more than one child (other regular children or children with autism) you can dedicate the initiation to a different child each time.

Do remember the Pleiadian energy work is also open to anyone seeking to deepen his relationship with his own soul, as well as to parents whose children are not autistic. If, like me, you don't have children, the initiation will connect you to self healing through healing the inner child, who remembers a lot of our personal knowledge. Our inner child will tell us a lot about our soul's choice and will also

show us the way, as it has the innocence necessary for opening up to our soul's knowledge. In fact all parents who undergo the initiation for their children will be able to meet their own inner child through this work.

### *Suggested session frequency*

Usually one to three sessions of work within the Pleiadian model are enough to get the energy moving forward. After that it's possible to continue activating the initiation independently by working with the initiation cards. To learn how to work with the initiation cards you can book a session or attend a workshop.

For further details please visit the website:
http://www.sigalalexandra.com.

*Appendix 2*

# *Darya's Experience*

My name is Darya Manheimer and I am a psychologist (M.A.) and a writer. I am very happy to have the opportunity to share my personal experiences with the readers of this book. I first met Alexandra in Sathya Sai Baba's ashram in India, but only very briefly. It was only 3 years later that we had the chance to get to know each other better. As it happened, we were living in the same village in Israel just a few houses away from each other and I had the privilege of becoming her friend. At the time, I was physically and emotionally overwhelmed after having given birth to my daughter Michaela. Alexandra witnessed my difficulties and offered to provide me with healing from the Pleiadians. I thankfully accepted her offer, because I saw in Alexandra something very special and unusual: she was projecting love and wisdom in the world, while most people were full of stress and anxieties. Also, in the past I had read Barbara Marsiniak's *Bringers of the Dawn*[6] with great interest and was familiar with the Pleiadians' role in the history of Earth, so I was more than ready to receive the healing. The healing I received was wonderful. It connected me to a very calm and peaceful part of myself. I could almost physically sense the presence of the other

[6] See note 1 on page 11.

members of the crystalline structure that Alexandra is a part of, and especially that of the Avatar, although when I opened my eyes after one hour of healing only Alexandra and I were in the room. During the first session I received the message that a few more meetings were necessary in order to completely restore my energy field, and Alexandra confirmed this information. So we met for a couple more sessions and I could see a rapid change in my mood. I became more connected to myself and noticed that I was much happier than I was before. And yet my relationship with my daughter was still difficult for me. One day, Alexandra suggested that I do the initiation using the initiation cards first for myself, and then for Michaela. This was amazing. After three days I felt like the computer in my brain had been restarted. From that moment I was released from the prison of negative emotions. They would still come to visit me, and I experience them these days too, but behind them I can always feel the flow of love between me and Michaela. And this is the best gift I have ever received. I am very thankful to Alexandra and the Pleiadians and I believe that every parent should do this healing for himself and his child, especially parents of autistic children, but also parents of children who are not autistic, who like me can benefit from it greatly. It is so easy – so you can start believing in magic.

After releasing the emotional difficulties with my daughter I could focus on other aspects of my life. And this was exactly when Alexandra let me read the translated manuscript of this book, just before she left for India and Bali. I said goodbye to Alexandra and wished her a wonderful journey, and immediately hurried home to read the book.

However, I could only proceed very slowly. After each sentence I had to stop and feel the strong energy that was flowing through my body. When I reached the moment in the book where Alexandra describes crystalline structures, I was spontaneously connected to my own crystalline structure. This was a feeling of great relief. I felt that I had finally found my true support and was not alone anymore, facing all the challenges life brings. I cried. The experience was so real that I just knew the reality Alexandra was describing in her book was alive, here and now, even though we cannot touch it or see it with our human senses.

From that moment I was guided to start making some changes in my life. I came to know that the members of my crystalline structure were very loving and that they cared greatly about my well being on Earth. First, they encouraged me to strengthen my physical body by taking Pilates classes. Next they helped me find a house for me and my family which was 5 minutes' walking distance from the Pilates studio. Thirdly, they gave me the energy to continue working on my book about my previous incarnations, which I had started and had not been able to continue till then. As of writing these words, I have almost finished my book and am looking forward to having it published soon. The most important message I always receive from my crystalline structure is that I am not alone. My task is to trust and know that everything will be there for me. The messages I receive from my structure are very clear; I experience them as insights, accompanied by the feeling of – "Wow, how did I not see that before?." This is immediately followed by the answer that everything comes at the right time.

I look towards the future with a lot of optimism, knowing that many more gifts will come my way as a result of this connection. I want to encourage all the readers of this book to take it as a call to action, because it can really change your life, and the lives of your children. What's amazing about this unique healing Alexandra has brought into the world is that we just have to *allow* healing to happen and the miracles will follow.

P.S: While working on my book about incarnations of the soul, I came across some material that presented cases of people who had 'regressed' into the future – 50 or 60 years from now. Many of them mentioned crystalline structures. Who knows, perhaps we are creating the future by performing this healing for ourselves and our children in our current time…

*Appendix 3*

# *Clinical Observations*

By Liora Adler, MSW & Family Therapist

*Liora Adler, MSW, is a family therapist, a University of Haifa graduate and former Director of the Welfare Services' Family Counseling Center at Yokne'am Illit, Israel.*

I approached the reading of this book with mixed emotions. On the one hand, my clinical work treating children with special needs had been based on systematic research. On the other hand, over the years I had absorbed others methods and Buddhist training that may have helped me open up to theories based on channeled information.

I found the book both fascinating and moving. It presents original thinking, and the approach it describes opens up new ways of understanding the autistic spectrum, ways which I had never considered before. I found the approach of working with patients nonverbally challenging, while the therapeutic story (Daniel's story) seems to be quite inspirational.

While I was becoming acquainted with the ideas presented in this book, I was treating a young man who was having a lot of difficulty functioning and communicating with the world away from his room and his computer screen. Using my conventional verbal therapeutic

method and we had made no visible headway for months, so I referred the young man's mother to Alexandra, while I continued working with him.

The mother had one session with Alexandra. After that I continued working with the patient and his mother, both together and separately. After a few months, there was a significant improvement in the way the patient understood and communicated with himself and his surroundings. Moreover, The patient's mother had also undergone a change in her attitude towards her son and his condition. She gradually developed a new ability to help him, both directly and in finding sources of help in the community. She actually became his "ambassador" in the world.

During the first couple of months I could see the changes taking place in the mother even before she was aware of these changes. At first she did not notice any changes taking place in her son. It was only three months later that she recognized the changes in her son's behavior and communicational skills. For example, he began communicating with the members of his family. In addition, he was functioning better in situations which had previously paralyzed him, such as simple phone calls, like when ordering take-away. He had become a lot more aware and connected to the family's daily situations and the presence of others in his life.

In conclusion, the patient is now more communicative and intuitive. His mother is aware of the changes, although she still does not know what to attribute them to, without these being reflected back to her by the family therapist. As the work Alexandra performs is nonverbal,

it is of no consequence whether or not the parent understands the process. What is important is that the parent manages to make the connection between the energetic work and the developments that have occurred.

This experience has led me to the understanding of how therapists could serve as a mediating link between the various approaches, when they are open to this kind of collaboration.

I can hardly grasp the depths of the process and yet I can recognize the change that has taken place in my patient's life.

Breakthroughs – as small as they are, have the potential of bringing about extremely valuable changes. There is still a long way to go, but there is no doubt a breakthrough has been made, which I doubt would have happened had we stayed just on the course of conventional therapy.

I conclude the process of writing this book with a deep intuitive understanding of the autistics' expanded realm of consciousness. With their high consciousness, they abide in a place that is so wonderful and magnificent. I hope the knowledge presented here will awaken our human understanding of the autistic essence and will enable us to view their world from a different, new perspective.

*Sigal Alexandra Porat. February 2014*

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**Pleiadians on Autism** brings to light channeled information from the Pleiadian point of view that reveals new knowledge about autism.

It provides unusual and remarkable information about who the autistics are and their significant roles on planet Earth. It also tells Alexandra's personal story and illustrates her relationship with the Pleiadians.

This book is intended to support brave parents who dare to open up their hearts and minds to new concepts. Only your heart can tell you if this information is for you.

The center of this book is the unique connection between the parent and the autistic child, and the soul agreements that have been made between them.

The goal of this book is to expand the view and understanding of the autistic essence. It touches on ways of coping and offers a unique approach to parenting autistic children. It is not intended to replace conventional therapy or methods of care for the child and family. It is intended as a means of support for parents, which can accelerate the child and family's developmental process.

Ultimately, **Pleiadians on Autism** is relevant to anyone seeking to deepen his relationship with his own soul, as well as to those who are interested in self-healing and consciousness expansion.



**Sigal Alexandra Porat** was born in Israel in 1969.
She was certified as an Alexander technique teacher in 1999. She has provided treatment as a member of the Israeli public health service. She has also treated patients at a village for children and youth at risk, as well as a chiropractic medical clinic and in her own private clinic in Haifa.

In 2007 she experienced her first conscious connection with her Pleiadian guides and gradually started working with the new inner knowledge she received.

Since 2012 Alexandra has been focusing on providing Pleiadian energy work.

The method Alexandra has developed involves treating the child through energetic work with the parent, and is specially designed for autistic children. The treatment is aimed at the child, but is performed by meeting only with the parent. This Pleiadian energy work takes place within the Pleiadian Light Alignment model, which Alexandra has developed under the Pleiadians' guidance.

The method is not limited to parents of autistics — it is available to all parents who want to support their children, and every person who wishes to deepen the connection with his or her soul and the power of self-love.

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Alexandra's aim is to continue traveling around the world, providing Pleiadian energy work in individual sessions as well as workshops.

For further information and to contact Alexandra, please visit: **www.sigalalexandra.com.**

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treating children through their parents. Later on I was given the instruction to focus on autistic children.

But even the new information and visions flowing into my awareness did not help me to decisively choose life. I didn't know how to continue my life from the point I had reached, where my place in the world was, or in which direction to go. I only knew where I did not want to be.

I understood that I was going through a transition – a time of profound transformation that involved states of unknowing. As I had no other choice, I took some more time off and went to live in Hungary for a few months, where I had the support of a good friend whom I had met in the ashram. I rented a small apartment near her house in a quiet, picturesque town and allowed life to carry me forward, as I had no idea where I was supposed to lead myself. I spent most of my time alone, sleeping a lot, cooking, nurturing myself, listening to music and hearing my spiritual teachers. I would go on short walks and frequently sit on park benches. I was waiting for the moment when I would know what my next step would be.

During this time in Hungary (July-November 2012), I received a lot of support that gave me a sense of balance and security in life. The place where I was staying enabled me to experience mental peace, and with the absence of emotional distractions I was able to put Alexandrit's messages about the Pleiadian autistic children into writing. These messages had already begun to appear and formulate themselves in my mind several months earlier, and now they were flowing out of me in a clear and organized way.